

1-day walking tour in Athens

Athens, 1 Day

Table of contents:

Guide Description 2

Itinerary Overview 3

Daily Itineraries 4

Athens Snapshot 11



Guide Description



AUTHOR NOTE: If you only have one day to spend in Athens, there are a few must-sees, namely the Acropolis and the surrounding archeological sites. Along the way you will pass through the historic districts of Plaka and Monastiraki that are scattered with museums, shops and dining. Getting a hotel in the city center - Syntagma, Acropolis or the Plaka - will allow you easy access to the sites. Ask you hotel to make your lunch and dinner reservations.



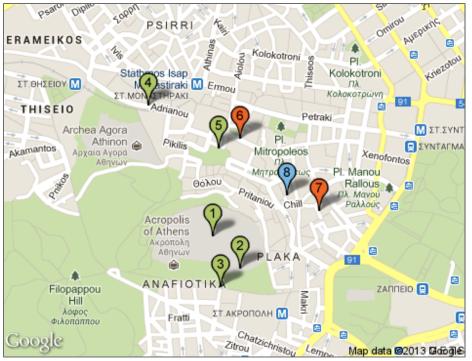
Day 1 - Athens

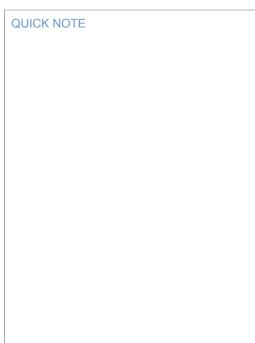
DAY NOTE: On this tour you will make a circle around the Acropolis rock as you visit the city's key archeological sites. A pedestrianized walkway will get you to all these sites. Start at Dionysiou Areopagitou street, which begins just steps from the Acropolis metro station. Some landmarks you will pass on the way to the Acropolis are the New Acropolis Museum, the Dionysos Theater and the Odeon of Herod Atticus. Consider purchasing the Acropolis ticket (Euro12) which gives you access to 7 archeological sites (Acropolis, Ancient Agora, Roman Agora, Dionysos Theater, Kerameikos Cemetery, Temple of Olympian Zeus, Hadrian's Library) even though it will be difficult to visit all of these sites in just 1 day. Give yourself about 45 minutes to tour the site. Back on the pedestrian walk, walk down the hill to the Ancient Agora. This section of the walkway is named Apostolou Pavlou. On your left you will pass Pnyx, Arios Pagos and Philopappou Hills, the National Observatory and a number of eateries as you pass through the neighborhood of Thissio. Just opposite the Thissio metro stop you will enter the neighborhood of Monastiraki. This section of the walkway is named Adrianou street. Give yourself at least 2 hours to visit the Ancient Agora. Highlights include the Temple of Hephaistos, the Stoa of Attalos (including the museum) and the 11th century Agioi Apostoloi church. After touring this site you may wish to stop for lunch and recharge your batteries. Adrianou street is lined with tavernas and cafes. Check out Kouti and dine with a view of the Acropolis or head over to Café Abyssinias in the antique bazaar or try Bairaktaris right off Monastiraki Square (in the heart of the flea market). Next stop the Roman Agora and the Tower of the Winds. Weave your way into the Plaka and do some souvenir shopping. In the evening dine in the Plaka at the quaint tayerna. Tou Psara. and sample Greek fare while listening to Greek music. Other evening options include an early dinner and then experiencing an alfresco performance. Greek dance performances at the Dora Stratou Theater begin in mid May and run through the end of September (Tu-Sa 9:30pm, Su 8:15pm, Mon closed) while performances at the Odeon of Herod Atticus begin in June.

Acropolis The high city of the ancient Athenians
Dionysos Theatre The birthplace of theater.
Odeon of Herod Atticus Experience theater the traditional Greek way



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contact:

tel: +30 210 321 0219 fax: +30 210 923 9023 http://odysseus.culture.gr/h/3/

eh351.jsp

location:

Theorias Athens 105 58

hours:

Acropolis hours are summer daily 8am-7pm; winter daily 8:30am-6pm or as early as 2:30pm



Acropolis

OUR LOCAL EXPERT SAYS:

You need at least an hour to see the site. To have the place to yourself, go just at the hour of opening or past the hour of five in the summer and any time throughout the winter. Between the hours of 9 and 3, the site is mobbed by cruise ship passengers, large tour groups, and schools.

DESCRIPTION: Quite possibly the most famous symbol of Athens, if not all of Greece, the Acropolis crowns the city and provides a romantic focal point amidst the modern-day noise and mess. The word "Acropolis" comes from "Acro" meaning "High" and "polis" meaning city. History

The Acropolis as we know it was masterminded by Pericles in the fifth century BC after the original Acropolis was burned to the ground by the Persian army. The sacred rock was dedicated to the goddess Athena since Neolithic times, but was also used as a gathering place during times of danger due to its strategic positioning. The rebuilt grouping of temples, framed by the Propylaea, or gateway, was intended to be a testament to human achievement and unique in the world in their beauty. They include the demure Temple of Athena Nike, the Erechtheum or Erechtheion, hallmarked by the Porch of Caryatids (maidens) and the queen of them all, the Parthenon. The Parthenon and the Propylaea were completed first, in under ten years. The temple of Athena Nike and the Erechtheum were built after the death of Pericles. In the centuries that followed, the sacred rock was used as a church, a fortress, a mosque, an arsenal, and pillaged frequently by invaders and travelers taking advantage of the instability of the Ottoman-occupied city throughout the 18th and 19th centuries. The most famous of these looters was the English Lord Elgin whose grand booty is the source of a modern day controversy between the British Museum and the Greek State, who have been asking for their treasures back for the last thirty years. The New Acropolis Museum, located across from the entrance to the Dionysos Theatre, was partly created to provide a home for the artifacts. There is still no official word of their being returned to Greece. Visiting the Sacred Rock of the Acropolis It is one of the most memorable things you can do while in Athens, and you're sure to note the absence of ropes or glass, bringing you up close and personal with one of the greatest works of art in the Western hemisphere. Get inspired by the great humans that walked there before, the history that happened after, the mystical rumors of being aligned with the stars, or simply the breathtaking view of the city. It's a place that touches the heart of Athens and the Athenians. All of the site is encircled by a cobblestone pedestrian path, the streets of Dionysou Areopagitou and Apostolou Pavlou.



Tilemahos Efthimiadis



Areopagitou street runs along the South slope and is where both entrances to the sites are located, the first just on the Theatre of Dionysos, the site of the festival dedicated to the god of wine, ecstasy and theater. The second is further up past the Roman-era Odeon of Herod Atticus, where the Athens Festival takes place every summer. Go up the steps or the ramp (a bit further) and you'll find the main gates.

All of these sites can be accessed with the €12 admission of the Acropolis, as well as the Temple of Zeus, Keramikos Cemetery, Roman Agora and Ancient Agora.

What's Around the Acropolis

Facing the Acropolis are Pnyx, Areopagos and Philopappou hills which offer commanding views over the city. Areopagos Hill is the site of a famous sermon from St. Paul to the Athenians. Opposite the Acropolis is the unique Ilias Lalaounis Jewelry museum. Plaka, the oldest neighborhood of Athens, sprawls out at the base of the Acropolis rock. Delve in to explore its quaint streets and shops or spend an hour walking through the Ancient Agora.

Necessary Information for Visiting the Acropolis: Admission

€12 except for minors. Teenagers under 19 should carry an ID to prove their age.

Seniors are not offered a discounted rate unless members of the EU.

Journalists and Government officials are granted free admission.

Days the site is free of admission

All Sundays between November 1st and March 31st. After that, the first Sunday of every month except July, August and September (peak season.)

All Greek national holidays \sim all religious holidays of the Greek Orthodox Church including Easter Monday and Tuesday as well as the Monday after Pentecost.

March 6 ~ Melina Mercouri Day

April 18 ~ International Monuments Day

May 18 ~ International Monuments Day

June 5 ~ International Environment Day

September 27 ~ International Tourism Day

The last weekend of September ~ European Heritage Days And most spectacular is the annual late-night opening for the full moon of August, an event that is usually accompanied with live music and theatrical events.

Hours

Winter (November 1 - March 31) 8:30am - 3:30 pm Summer (April 1- October 31) 8am - 7:30pm except Mondays 11am - 7:30pm

Amenities

Both upper and lower entrances offer water fountains and toilets before entering the site. There are no opportunities



once on the site. A small snack bar is just outside the upper entrance, though the prices are high and the quality poor. If you can, wait to refresh yourself with things found in the adjacent neighborhood of Thission or along Makriyannis, the road connected to Areopagitou.

A lift entrance is offered to those in a wheelchair. Ask the official at the upper entrance for assistance.

Words of Caution and Greek Reality

Please use caution while on the site, which is entirely out of marble that can be incredibly slippery! Those with limited mobility might have trouble, though it's certainly possible to see everything if you take your time and move carefully. Be on guard for pickpockets. Keep phones, wallets, and money in places that are difficult for the nimblest of hands if not completely under your clothes.

There might be a number of vendors of cheap novelty gifts and/or umbrellas, fans, bottles of water. These are mostly illegal immigrants who are routinely chased off by the police. As of now there is no law penalizing those who patronize them but it has been discussed.

The Scaffolding

Try not to be too disappointed when you get to the Acropolis and find most of the temples surrounded by scaffolding. They are part of a restoration and conservation effort that will keep the site strong for generations to come. The Parthenon was temporarily scaffold-free in the summer of 2010, but since November is being worked on again for an indefinite period of time.

The Strikes

Greece is a country known for expressing itself and being politically active. Should you arrive and there is a strike that has closed the entrance of the Acropolis, there is little that can be done. Go to nearby Areopagos Hill and the area of Philapappou Hill for outstanding views of the Rock and history that's equal in importance. Neither are manned by ministry officials and therefore always open, and always free.

The Dogs

Those sun-loving mongrels you'll see lounging around the entrance, while stray, are typically friendly and laid back. Still, use caution when approaching one and don't reach toward it unless it's approached you first with a wagging tail. Under no circumstances should you inspect one that's sleeping. It isn't dead no matter how much it looks the contrary. We promise. © NileGuide



contact:

tel: +30 210 322 4625 http://odysseus.culture.gr/h/2/ eh2530.jsp

location:

Mitsaion 25 Athens 105 58



Dionysos Theatre

OUR LOCAL EXPERT SAYS:

Starting your visit to the Acropolis from the entrance at the theater gives you a more graceful ascent to the sacred rock and is much less crowded. Coming out of the New Acropolis Museum, entry is to your right.

DESCRIPTION: South of the Acropolis stands the world's oldest theatre. It was constructed in the 6th century BC and rebuilt in the 4th century BC. All the works of the great ancient dramatists Aeschylus, Sophocles, Euripides and Aristophanes were first performed at this location during the 5th century BC. Walking uphill towards the Acropolis, you will come across the Eumenes Arcade (constructed in the 2nd century BC) and the Asklepios Temple. Further to the west is the Odeon of Herod Atticus, a Roman theatre still used for concerts and performances. © wcities.com



Paige Moore

contact:

tel: +30 210 323 2771 / +30 210 322 1459 http://www.greekfestival.gr/ath ens_fest/show_static

location.

Dionysiou Areopagitou Street Athens 105 58

hours:

Theater of Dionysos: summer Tues-Sun 8am-7pm; winter Tues-Sun 8:30am-6pm, although it may close as early as 2:30pm. Odeion open during performances and sometimes on performance day



Odeon of Herod Atticus

DESCRIPTION: The Odeon of Herod Atticus is an impressive open-air steep-sloped stone amphitheater situated on the south slope of the Acropolis. It was built by the Roman ruler Herodes Atticus in 161 AD in memory of his wife. It was originally constructed with a wooden roof with a seating capacity for 5,000. Since the 1950s the theater has been hosting musical, dance and theatrical events which are part of the Athens Festival. Check the Athens Festival calendar during the months of June through September. It is well worth experiencing a performance firsthand where you can admire this site in all its glory. It is located next to Dionysos Theater the world's oldest theatre built in the 6th century BC. Accessible by metro, Acropolis station.



Photo courtesy of Eustaquio Santimano

contact:

tel: +30 210 321 0185 fax: +30 210 321 0196 http://odysseus.culture.gr/h/3/ eh351.jsp

location:

Adrianou Street Athens 105 55

hours:



Ancient Agora

OUR LOCAL EXPERT SAYS:

Purchase the Acropolis ticket for 12 Euros which gives you access to the Acropolis and Acropolis museum plus 5 additional sites (Ancient Agora, Roman Agora, Dionysus Theater, Kerameikos Cemetery, Temple of Olympian Zeus).



editor

8



Agora hours are summer daily 8am-7pm; winter daily 8:30am-6pm, although it may close then as early as 2:30pm

DESCRIPTION: Step in to what was once the 'agora" or marketplace of ancient Athens. This wasn't only a commercial center, but also where important political, religious and administrative transactions took place side by side. The Stoa of Attalos, an impressive two-story building built from Pentelic marble and limestone was donated by Attalos II, King of Pergamon in the 2nd century BC. Of note are the Doric and lonic colonnades. The building was reconstructed in the mid 1950s and now displays objects unearthed during excavations. The archeological finds are housed within the Museum of the Ancient Agora. Just south of the Stoa of Attalos is the 11th century church of Agii Apostoli or the Holy Apostles, a beautiful example of Byzantine architecture. The exquisitely preserved 5th century BC Temple of Hephaistos, also know as Thission will definitely catch you eye. Continue to the Roman Agora and Tower of the Winds. The Keramikos Cemetery is a 7 minute walk south of the Ancient Agora along pedestrianized Ermou street in the direction of Gazi. Either the Monastiraki or Thissio metro stops bring you closest to the Ancient Agora's entrance. © NileGuide

contact:

tel: +30 210 331 0392 (Tourist Info) http://odysseus.culture.gr/h/3/eh351.jsp

location:

Pelopida & Eolou Streets Athens 10555



Roman Agora

DESCRIPTION: The Roman Agora was built as an extension to the Ancient Agora in the 1st century BC. This marketplace contained a courtyard, shops, storerooms and stoas. Not to be missed is the Tower of the Winds, an octagonal marble tower which served as a water clock, compass, sundial, weather vane and water clock. On each of its eight sides is a depiction of a directional wind. There is also a relatively intact 15th century mosque north of the agora along with the Gate of Athena Archegetis. Visit the museum of Greek Popular Musical Instruments (URL) literally down the street. Walk back towards Monastiraki metro station and view Hadrian's Library. Closest metro: Monastiraki. For a flavor of Greek island architecture, walk up to Anafiotika. © NileGuide



Cimm

contact:

tel: +30 210 324 5220 http://www.gnto.gr/pages.php

location:

Pelopida & Eolou Streets (east of the ancient agora) Athens 105 55

hours:

Daily 8a-5p

Tower of the Winds

DESCRIPTION: Octagonal tower known in Greek as Aeridhes, was designed by astronomer Andronikos of Kyrrhos in the 1st century BC. It is one of the most interesting sights within the Roman Agora. This marble tower served as a water clock, compass, sundial, weather vane and water clock. On each side of the tower is a relief of a floating figure personifying the eight winds (Eolou, Boreas, Skiron, Zephyros, Lips, Notos, Euros, Apiliotis and Kaikias).



zum



contact:

tel: 30 210 321 3229

location:

23 Adrianou Street Athens 10555

hours:

Daily 1pm-1am

contact: tel: 30 210 322 1065

location:

4 Angelou Geronda Street Athens 10557

hours:

July-May: M-F 7p-midnight

tel: 30 210 321 8733 http://www.psaras-taverna.gr /en/

location:

contact:

16 Erecthios and Erotokritou Streets Athens

hours:

Daily 11a-2a

6

Kouti

DESCRIPTION: Located along Adrianou Street next to the Ancient Agora, this place is great for people-watching as well. To Kouti (The Box) stands head and shoulders above its neighboring restaurants that seem to rely too much on their location. The place looks like children decorated it with bright-colored crayons -- even the menu is handwritten in brightly illustrated children's books. Beyond decor, To Kouti has an unusual but very tasty menu: Try the beef in garlic and honey or the shrimp in carrots or opt for some of its exceptional vegetarian dishes. The homemade bread is served in (of course!) boxes. © Frommer's

7

Tou Xynou

DESCRIPTION: One of the most authentic places for an alfresco dinner in Plaka is Xynos. Once you have managed to find the rather hidden entrance of this traditional taverna, you will discover the serene garden in the backyard where the tables have been set up. The unpretentious cuisine serves traditional Greek fare such as lamb, piglet and several vegetarian dishes. Musicians will accompany your dinner with a serenade of old songs. © wcities.com

Tou Psara

DESCRIPTION: Charming taverna nestled within the quaint historic Plaka district just below the Acropolis. Tou Psara, which means the fisherman's taverna, dates back to 1898 and occupies two restored homes, a tree-covered courtyard and a terrace. Choose a handful of flavourful appetizers or settle in for a more substantial meal by selecting a regional Greek dish. Yellow chequered table linens, exposed stonework and wood create a welcoming rustic ambience both in and outdoors. The bougainvillea-covered terrace offers views out over the city and the courtyard offers a neighbourhood charm. Dine to live folk music and enjoy the friendly service. This taverna offers a memorable Greek dining experience that sees many return guests, Athenians and visitors alike.



Photo courtesy of Tou Psara

contact:

tel: 30 210 324 4395 / 30 210

324 6188

fax: 30 210 324 6921 http://www.grdance.org/

location:

8 Scholiou Street Athens 10558

hours:

Vary (between 7 and 10:30)



Greek Dances Theatre "Dora Stratou "

DESCRIPTION: The Dora Stratou Dance Theatre sponsors a festival each summer which offers an excellent opportunity for guests to sample this wealth of customs and traditions through a spectacular presentation of Greek folk dances. The dances and songs (from all parts of Greece) are performed by a group of 75 dancers, musicians and singers all decked in traditional costumes. This garden theatre which has a capacity for 900 persons is located at the back of Philopappou Hill, near the Acropolis. © wcities.com



Courtesy of Travelsnippets



Athens Snapshot

Local Info

Athens is best known for the Acropolisthe leveled hill serving as the platform for some of humanity's greatest artistic achievements; temples dedicated to the warrior goddess Athena. In spite of pushy early Christians, swords, cannons, bombs, negligence and theft, those templesare still standing on the sacred rock high above the modern city streets. The city is alive with yellow cabs and honking horns, leather vendors and leathery laturna organ players. gypsy balloon sellers, ancient theaters, modern theaters, snap-happy tourists, street performers in cobblestone squares, posh cafes, souvlaki stands, evzones, flower markets, fish and flea markets, sweeping views from hilltops, caves of furies, fruit vendors and tri-wheeled trucks driven by"paliotzis," the collector of old things... weaving in and between the towers of white concrete and neoclassical facades.

Athenians are generous, helpful souls on one side, opinionated rebels on the other, but wholly colorful. They are famous throughout the world for their intellect and hospitality. They love to share their stories of heroism and tragedy while displaying their love of simple pleasures: good food from the earth and surrounding themselves with friends and family.

No one can wonder how Athens has attracted travelers for the last two millenniums, or why, in spite of every kind of trouble, she will continue to draw visitors throughout the next.

Syntagma Square

"Syntagma" is Greek for "constitution." It is the place where the citizens of the city stood outside of the palace and demanded their rights. Today, still, it is where all of the action is, always a buzz with taxis, shoppers, people sitting at cafes, and, yes, the occasional demonstration. Cross Amelias Avenue to watch the Evzones change post every hour on the hour. Feed the pigeons or dip into the National Garden for some shade. It is home to the magnificent Hotel Grand Bretagne other five star hotels and is the starting point of the pedestrian shopping district of Ermou

Street. The Syntagma Metro station is like a museum, full of archeological treasures found during construction. It provides easy access to the Acropolis Metro station and the Panepistimiou station along the red line. The blue line takes you to the airport.

Plaka

What once was called the "Turkish Quarter" is now affectionately titled "Plaka" and is the area for wandering amidst narrow cobblestone roads, low, hundred-year-old houses, pots of basil and rosemary, traditional Greek eateries or "tavernas" and more souvenir shops than you can shake a stick of souvlaki at.

Some areas of Plaka have been inhabited for thousands of years. Walk down Tripodon Street to see the Lysicrates monument and follow it to the Theater of Dionysus, one access point into the mighty Acropolis. Or head up toward Anafiotika to get lost in an island in the middle of the city. Plaka is pure romance.

Monastiraki

Monastiraki, or"little Monastery" is a great place for people watching. The courtyard and narrow roads that lead to the Roman Agora are always full of street performers, artists and antique vendors. Go on Sundays for treasure hunting at Avyssinias Square, or just wander around the flea market any day of the week. Buy fresh fruit from the kiosk and enjoy it while gazing at the remains of Hadrian's Library or the Tower of the Winds. Jump on the Kifissia/Piraeus railway for a nostalgic train ride to the very north or very south of Athens, respectively.

Psirri, Thissio and Gazi

Psirri has been home to the free thinkers and Bohemians since the start of the 20th century, when sad-eyed Rembetika singers belted their woes to the accompaniment of a line of instrumentalists, all sitting in wooden chairs, while people smoked and drank beneath the stage. While it still holds a certain grungy appeal to the modernday Bohemian, the streets are lined with trendy cafes and eateries that make it also palatable to more mainstream visitors, or

even those with a dazzled eye pointed toward the live for the day world of the artists and non-conventionalists of Psirri.

Thissio, on the other hand, is a wellsculpted garden surrounding the Ancient Agora and is well known for its posh places to enjoy a beverage for a few hours with a view on the Acropolis. The expansive pedestrian road of Apostolou Pavlou(Apostle Paul) circles around until it connects with Aereopagitou, making for lovely strolls. The pedestrian road ends at the ancient cemetery of Keramikos. From here you can see some strange metal structures puncturing the sky. This is the wildly popular area of Gazi, named for the gas factory whose buildings are now used as edgy cafes, tavernas and art centers. Organized graffiti decorates the walls and beautiful people fill the tables. The cultural center of Technopolis is where you can spy up-and-coming Greek talent in every field.

Museum Mile

An exceptional collection of privately run museums can all be found along V. Sophias Avenue amidst the embassy buildings and various official ministries. The eclectic Benaki Museum shows off iconic pieces to represent several periods of Greek history spanning 8,000 years. The Museum of Cycladic Art displays all of the neolithic artwork of the Cycladic islands. The Byzantine Museum presents the riches and religious art associated with medieval Greece, and the nearby War Museum gives a detailed history of the country through artifacts of warfare from ancient until modern times. A vast collection of art acquired from Greek collectors and by Greek artists is at the National Art Gallery.

Kolonaki

The streets around Kolonaki Square feature the most elegant boutiques in Athens. The square itself(officially named Filikis Eterias) is the favorite meeting place of celebrities and beautiful people. They can be seen hanging out at any of Kolonaki's numerous cafés after a shopping spree or in the excellent gourmet restaurants and chic



bars at night. Kolonaki lies on the slopes of Lykavittos Hill, the city's best vantage point.

Exarhia

The scenery changes just a few blocks away from elegant Kolonaki. The area around Exarhion Square is dominated by rock music bars, jazz clubs and traditional tavernas which are frequented by students and intellectuals. This area should be avoided during city-wide demonstrations due to its active involvement in politics, but otherwise is a distinctly "Athens" neighborhood where you can see how the locals live.

Panepistimiou and Stadiou Streets

These two streets connect Syntagma Square with Omonia Square. In addition to shops and restaurants, they feature some of the city's most beautiful 19thcentury buildings. Among them is the so-called Panepistimiou Street(officially named El. Venizelou Street), along with the university and National Library. The historic Iliou Melathron Mansion now houses the Numismatic Museum; the home has been beautifully restored and is worth a trip. Cut past Attica department store(back toward Syntagma), and you'll come upon the National History Museum, located in the old parliament building on Stadiou and Voulis.

Omonia Square

Omonia is considered part of "downtown" Athens where the locals go to buy common household goods and clothing and pay less. It is now home to the majority of the immigrant population of Athens and has seen a rise in crime, particularly petty theft and recreational drug use. A surge of modern hoteliers with an emphasis on design has hit Omonia and could breathe new life into a logistically well-located base for the city center.

Patission Street

Patission Street(officially named 28 Oktovriou Street) is one of the city's major thoroughfares. At No. 42 is the majestic Technical University, a splendid example of 19th-century architecture. Next door is

the National Archaeological Museum, one of the world's greatest museums, housing an outstanding collection of ancient Greek art. Many fine boutiques can be found further north, past Kodringtonos Street. The best place to rest after a shopping spree is in any one of the numerous cafés and tavernas of the Fokionos Negri pedestrian zone in Kypseli.

Piraeus

Piraeus- the port town of Athens- is located on a peninsula, 10 kilometers southwest of central Athens. It features a busy commercial port and a Sunday flea market in the streets near the metro station. The most picturesque part of Piraeus is the Mikrolimano fishing harbor, with its row of traditional fish restaurants. Other good places for eating fish are the numerous seafood eateries along Akti Themistokleous Street, on the peninsula's eastern coast. Traces of the area's 2,500-year old history can be found at the Piraeus Archaeological Museum.

Glyfada and Vouliagmeni

The city's southern suburbs are located along the Apollo Coast and feature a string of beaches as well as numerous restaurants and nightclubs. One of these suburbs, Glyfada, boasts a golf course, an excellent shopping area on Metaxa Street and elegant restaurants and bars. Further south lies the exclusive resort town of Vouliagmeni renowned for its luxurious hotels, sophisticated restaurants and sailing clubs. The resort also features excellent beaches and water sports facilities at the Astir Beach Club.

Kifissia

An urban retreat for the wealthy since the times of Herodes Atticus(the megamillionaire of ancient times responsible for the Kalimarmara Stadium and the Herodus Atticus Theater), Kifissia is a shady, upscale neighborhood full of elegant hotels, restaurants, and elite businesses. Kolokotroni Street and Argiropoulou Street are good destinations for serious shoppers, as they're lined with boutiques from the biggest names in fashion and luxury.

ThePentelikon hotel is an elegant place to stay to experience it, but the Semiramis Hotel, designed by Karim Rashid and part of the Design Hotel group, is a better choice for an appreciator of modern art and design.

© NileGuide

History

Athens is rightfully considered to be the cradle of Western civilization. It is the birthplace of democracy and home of the world's greatest philosophers and artists, many of whom set the foundations of modern society.

The Greek capital is the oldest continuously inhabited city in Europe, first settled during the neolithic period more than 5.000 years ago. Archaeological finds prove that a Bronze Age fortification and a palace were built on the Acropolis Hill as early as 1400 BC.

Athens takes its name from the goddess Athena. According to Greek mythology, there was a contest between Athena, the goddess of wisdom, and Poseidon, the god of the sea, over who would become the guardian of the city. Each deity granted the citizens a gift: Poseidon opened a well on the Acropolis, while Athena made an olive tree grow on the rocky soil of the hill. The citizens considered the gift of Athena more precious and dedicated their city to her, thus gaining wealth and wisdom.

The foundations of the city's explosive economic and cultural growth were laid in the 6th century BC, when the world's first democratic rules were introduced. The new laws relieved the poor of their debts, established the equality of all free men regardless of their wealth and gave all citizens the right to vote. A popular assembly of free citizens began to meet on Pnyx Hill to put the city's affairs to vote.

However, the world's first democracy was threatened with destruction following the Persian invasion in 490 BC. The Athenians and their allies defended their homes with an army of 11.000 against the 100.000 Persian soldiers. Despite being greatly outnumbered, the Athenian army defeated the Persians at Marathon thanks to the innovative strategy employed by General Miltiades. A messenger was sent to Athens to inform the citizens of the victory, thereby



performing the world's first marathon run. This event is commemorated worldwide with hundreds marathons held each year. One of these is the Athens Marathon which follows the original route.

A second Persian invasion with an even larger army led to the evacuation of Athens in 480 BC. The Persian king Xerxes burnt down the abandoned city but witnessed the total destruction of his fleet by the Athenians at the naval battle of Salamis.

The two victorious battles at Marathon and Salamis established the the city's position as a naval superpower and marked the beginning of a phase of unprecedented prosperity. Athens flourished and became the commercial hub and cultural centre of the Mediterranean during the 5th Century BC. The wealth was used by the Athenian leader Pericles to rebuild the city on a grand scale. Pericles also introduced new political reforms which led to the maturity of the world's first democracy. The city's population reached 140,000, with 40,000 male citizens enjoying full political rights. It was the beginning of the Golden Age of Athens.

The destroyed temples of the Acropolis were replaced by some of the greatest architectural masterpieces of all time, such as the splendid Parthenon(dedicated to Athena) which still inspires architects all over the world. The public buildings were decorated with works by outstanding sculptors such as Phidias and Praxiteles, some of which can be seen at the Acropolis Museum and the National Archaeological Museum.

A new art form, namely theatre, was born here; plays by Aeschylus, Sophocles, Euripides and Aristophanes were first performed at the Dionysos Theatre which is the the oldest in the world. Athens was also the place where the world's greatest philosophers: Socrates, Plato and Aristotle changed the way we think and perceive the world today. Visitors can stroll through the Agora(the ancient marketplace), retracing the footsteps of Socrates who used to walk around the once-crowded square engaging people in long discussions.

The Golden Age lasted until 404 BC, when Athens was defeated by Sparta in the Peloponnesian Wars. The city lost its independence once again in 338 BC when it came under the rule of the Macedonian kings, and was finally annexed

by the Roman Empire in 146 BC. Foreign rule reduced the city's political role but it remained a major cultural centre for many centuries. The Romans, who greatly admired the city's cultural heritage, built many monuments such as the Odeon of Herod Atticus, the Roman Agora, the Temple of Olympian Zeus and Hadrian's Arch. Many Romans came to Athens to study at its renowned schools of philosophy.

The decline of Athens was caused by the first Christian emperors. Initially, in 394, Theodosius prohibited the worship of the ancient gods, to be followed by the closure of the philosophical schools in 529 ordered by Justinian.

Athens turned into a small town during the Byzantine era. Monuments from that time include the Church of Panagia Gorgoepikoos and the Kessariani Monastery. A large number of works of art from this period can be seen at the Byzantine Museum.

The Crusaders who conquered the Byzantine Empire in 1204, controlled the city until 1458 – the year the Turks occupied Athens and annexed it to the Ottoman Empire. Turkish rule lasted for almost four centuries, bequeathing the city monuments such as the Tzisdarakis Mosque on Monastiraki Square and the Fethiye Mosque at the site of the Roman Agora.

A fierce war of independence broke out in 1821, leading to the proclamation of the infant Greek state in 1829. Athens awakened to a new life in 1834 – the year the capital was moved to the city. Prince Otto of Bavaria, who was appointed King of Greece, brought his architects to plan the new royal city. A number of splendid buildings were constructed during this time, such as the Parliament building(the former royal palace), the university and the Academy.

Athens hosted the first modern Olympic Games, which were held at the imposing Panathenaic Stadium in 1896. The city hosted the Olympics again in 2004.

The 20th century witnessed the city's explosive growth. Its population grew from a mere 200,000 to four million, making it one of the largest and most fascinating cities in Europe despite its infrastructural and environmental problems. Great population growth in the 1920s

was caused by the arrival of thousands of ethnic Greek refugees from Turkey, but the city's growth was really accelerated during the 1950s and 1960s with millions of immigrants arriving from the Greek provinces, impoverished after years of war.

In 1941, German Nazi troops occupied the country, causing the death of hundreds of thousands of people. The liberation of Greece in 1944 didn't bring peace but instead a civil war, which ended in 1949. A period of political unrest led to acoup d'etat in 1967 and the severe oppression of the Greek people. Democracy was finally restored in 1974. Greece became a full member of the European Community in 1981.

The fate of the city is best illustrated by the changes that have occurred to the Acropolis throughout the centuries: the Parthenon was built as the temple of Athena, but was subsequently transformed into an Orthodox church by the Byzantine emperors, a Catholic church by the Crusaders and a Muslim mosque by the Turks. This unique monument was severely damaged in 1687 during the Venetian bombardment of Athens, when the gunpowder stored by the Turks in the Parthenon exploded. Further damage was inflicted during the 1801 plundering by Lord Elgin, who removed its splendid sculptural decoration and sold it to the British Museum in London. A major preservation and restoration project was initiated several years ago, when the polluted air of modern Athens caused additional destruction to the marble buildings of the Acropolis.

Hotel Insights

There are more than 350 hotels in the Greater Athens metropolitan area, ranging from backpackers' hostels to five-star beach resorts and from historic landmark buildings to contemporary high-rises. The most important choice you will have to make is the location of your hotel. This decision is important in such a large city, considering the traffic jams that appear in certain areas at different times of the day. If on a sightseeing trip, be sure to stay in a hotel in the city center. Most sights are within easy walking distance or can be reached by metro, so you don't have to worry about traffic. Business travelers also prefer the city center for its excellent hotels



and numerous evening entertainment options.

Syntagma Square

There are several hotel clusters in downtown Athens. The most central place to stay is Syntagma Square, the site of the majestic Grande Bretagne. This historic five-star landmark(run by Sheraton) dates back to 1842 and is the city's oldest hotel. Its old-world charm has been carefully preserved in the rooms, lounges and restaurant. Also on Syntagma Square is the stylish NJV Athens Plaza, which offers the city's most attractive hotel rooms. This five-star hotel is run by the Grecotel group. Less expensive are the comfortable Electra. a four-star hotel located in Ermou Street's pedestrianized shopping zone, and the four-star Amalia. Plaka, the Acropolis and the boutiques of Kolonaki are just a short stroll away.

Closer to the city center are several fourstar hotels in Glyfada and Voula, such as Blazer Suites and Best Western Fenix. These hotels are located near the Metaxa Street shopping and entertainment district, the Glyfada Golf Course and several beaches. Even closer to the city center is the three-star Best Western Coral which is on Paleo Faliro beach.

Plaka

The old town of Plaka is the site of many inexpensive hotels, with the exception of the four-star Golden Tulip Electra Palace. Located a five-minute walk from Syntagma Square, the hotel features a rooftop swimming pool commanding a view of the city and the Acropolis. Further away is another four-star hotel, the Royal Olympic, which overlooks the city's ancient monuments.

Omonia Square

Many cheap hotels can be found in the streets around Omonia Square. The whole area was upgraded recently, with the opening of two upscale hotels on the square itself. Both the Grecotel Athens Acropol and the Omonia Grand Hotel are four-star hotels.

Panepistimiou and Stadiou Streets

Situated halfway between Syntagma and Omonia squares are the four-star Best Western Esperia Palace on Stadiou Street and the superior three-star Titania on Panepistimiou Street, both ideally located for leisure and business travelers.

Kolonaki

Kolonaki is one of the city's most attractive neighborhoods thanks to its upscale boutiques, gourmet restaurants and trendy nightspots. The best hotel here is the fivestar St George Lycabettus Hotel, which commands spectacular views from its rooms, restaurant and rooftop swimming pool. A less expensive alternative is the cozy Athenian Inn, a two-star hotel with a great location. Syntagma Square is just a 15-minute walk away.

Ilissia

The opening of the imposing Athens Hilton in the Ilissia district in 1963 was followed by the construction of other five-star hotels in this part of of the city, which is just a two-minute metro ride from Syntagma Square. The Divani Caravel and the Athens Holiday Inn were both opened in the 1970s, providing yet more deluxe accommodation and facilities, ranging from swimming pools to large banqueting halls. The Holiday Inn recently opened the Holiday Suites, a four-star extension with 29 junior suites. A choice of restaurants and bars can be found in the immediate vicinity of these hotels.

Syngrou Avenue

Syngrou Avenue is one of the city's major thoroughfares, connecting the city center with Piraeus and the seaside suburbs. Among the hotels located along this avenue is the five-star Athenaeum Inter-Continental, the city's best hotel, offering guests a wealth of facilities and services. Of the same high standard is the nearby Ledra Marriott. Both of these hotels are a 10-minute drive from Syntagma Square. Closer to the city center and within walking distance of the Acropolis is the Acropolis Select, a newly refurbished three-star hotel hidden away on a side street off Syngrou Avenue. At the far end of this avenue is the stylish five-star Metropolitan Hotel which has a swimming pool, fitness center and many other amenities.

Alexandras Avenue

Also within easy reach of the city center are two hotels on Alexandras Avenue. The fivestar Park Hotel, located near the National Archaeological Museum, offers a great view of the Acropolis from its rooftop swimming pool. The same holds true for the four-star Zafolia.

Kifissia

The northern suburb of Kifissia is a popular choice for both business and leisure travelers who are drawn by its upscale boutiques, splendid restaurants and nightspots. Reviving the elegance of a bygone era are two landmark hotels from the 1920s: the five-star Pentelikon features an inviting garden swimming pool and one of the city's top restaurants, while the more intimate four-star Kefalari Suites consists of just 12 individually themed rooms.

Glyfada and Vouliagmeni

Many visitors to Athens chose to stay in one of the splendid seaside suburbs south of the city center. The best hotels can be found in Vouliagmeni, one of the Mediterranean's most elegant resorts. The five-star Astir Palace, occupying a private peninsula, offers a wealth of recreational and business amenities such as beaches, indoor and outdoor pools, water sport facilities and conference rooms. Another luxurious resort hotel is the Divani Apollon Palace, which overlooks Kavouri Beach. The elegant Margi House is a more intimate five-star hotel, located just a stone's throw from Vouliagmeni Beach.

Restaurants Insights

The Greeks are renowned for their hedonistic lifestyle and the long nights they like to spend eating, drinking and dancing. Few other places on earth can match the city's lively nightlife scene. Late dinners(taken at around 10p) and nightclubs that fill up after midnight are extremely typical here so don't be alarmed by the empty tables if you show up early for dinner!

Several factors make dining and partying pleasurable in Athens: there is the contagious joy shown by Athenians as they savor their food, their tendency to dance on any available surface including tables, and the endless chats. The picture perfect scenery, be it a traditional taverna located in a vine-covered backyard in Plaka or a seaside fish restaurant in Piraeus- will add to your enjoyment. Finally, the pleasant weather means that you can dine and party outdoors for most months of the year. What



better way to end the day than by dining under the stars beneath the Acropolis?

Syntagma Square

A restaurant that stands out for its great city view is the Dionysos Café and Restaurant at the foot of the Acropolis. For a romantic evening, one of the most beautiful dining rooms is G.B. Corner, which shares the old-world charm of the adjacent Grande Bretagne Hotel on Syntagma Square. A large number of nightclubs can be found all over Athens. Some feature live Greek music, while others play the latest international hits and attract the city's clubbers: Wild Rose and Kalua near Syntagma Square are both fantastic options. Symposio offers a grand view of the Acropolis as well, and has a wide selection of expertly seasoned meats that come paired with exotic sauces. While Furin Kazan, near Syntagma Square is ideal for a quick sushi lunch or dinner.

Plaka

Classic Greek cuisine is also served in the elegant Daphne's in Plaka, Bakaliarakia is a comfortable Greek tavern with a large crowd of regulars. For delectable ham and pork dishes, try Xynou, where your meal will be accompanied by live music. There is also a backyard garden for those interested in dining outside. Eden Vegetarian Restaurant isn't just for vegetarians, they have many menu items that contain fresh seafood. For a sampling of some traditional Greek fare, try Akropol Resaturant Tavern, where there is live music from local bands. Scholarheion is a family owned and operated restaurant that focuses on serving guests quality meals at reasonable prices. Taverna Tou Psarra features a lovely rooftop garden with stunning views of Plaka. Among the numerous tavernas of the old town of Plaka are Damigos and Xynou, the latter serving food in its garden during the summer.

Kificcia

Great alfresco dining is offered on the terrace of Ta Kioupia in Kifissia, with its splendid view of the city and the culinary cluster of around forty traditional dishes you will find on your table. For some Mediterranean food with a modern twist, try Beau Brummel. There is a large selection of cigars and cognac for those who enjoy a smoke after dinner. Cuisine of the highest quality is served at the elegant French

restaurant Vardis. Souvlakia Kifissias is a popular take out restaurant where you can go to get some souvlaki on the go. Be sure to try the garlic pie, one of the restaurants specialties. Il Salumaio di Montenapoleone represents classic Italian dishes like lasagna and risotto with truffles and foie gras. The wine list also offers selections from Italy.

Kolonaki

Le Grand Balcon in the St George Lycabettus Hotel in Kolonaki. Kafenio in Kolonaki serves traditional Greek fare. Athens boasts a large selection of ethnic restaurants featuring cuisine from every continent. These range from informal eateries to gourmet temples such as the sophisticated Italian restaurant Boschetto, the excellent Polynesian restaurant White Elephant and Kiku, the best Japanese in town.

A major component of each dining experience is not just the food but also the excellent Greek wine, which has played an important role in the Athenian way of life for thousands of years. The Attica region is actually one of the oldest wine-growing regions of the world. Vintners have been providing Athenians with their elixir for thousands of years and wines range from the simpleretsina to excellent reds and whites. Excellent pasta and other Italian specialties are served at Casa di Pasta.

Psirri

Eating out in one of the traditional tavernas is a must for any visitor. These serve tasty Greek dishes(made from meat, seafood and vegetables) that are preceded bymezedes. These mouth-watering appetizers are varied and can constitute an opulent meal in themselves. A good place for samplingmezedes is the Psirri district, where there are several tavernas such as Silfio, located on Taki Street, as well as Athinaikon near Omonia Square and Vlassis near Mavili Square. Fans of modern cuisine should try the innovative Kouzina Cine-Psirri. Athens also features several elegant wine bars such as Aspro in Psirri, and Thirio.

Omonia Square

Visitors interested in a more authentic experience should opt for a club featuringrebetiko music, such as the Stoa Athanaton. Meanwhile, the cuisine of ancient Greece has been revived by

Archeon Gevsis, a restaurant chain with branches near Omonia Square and in Piraeus. Neon Omonia was built inside what was once one of Athens' oldest hotels. Serving coffee and breakfast food, it's a popular place for people in the hurry in the morning. Olive Garden shares its name with the American chain, but the food here is Mediterranean, Greek, Italian, French and Moroccan all rolled into one. For a rustic dining experience, try Athinaikon, a tavern that serves traditional, hearty Greek dishes such as stuffed spleen.

Nightlife Insights

Athens- a bustling metropolis of four million inhabitants offers its visitors a huge selection of entertainment options, as well as world-class sightseeing opportunities few other places on earth can match. Athens boasts some of mankind's greatest heritage sites such as the Acropolis, the Ancient Agora and the Dionysos Theatre.

Museums and Galleries

Of no lesser interest are the city's great museums for example the National Archaeological Museum with its splendid collection of ancient Greek art. Also worth a visit is the "Museum Mile" on Vassilissis Sophias Avenue featuring the Benaki Museum, the Museum of Cycladic Art, the Byzantine Museum, the War Museum and the National Art Gallery.

Festivals

The city's cultural life is extremely varied. Many concerts and performances take place between May and October in numerous open-air venues such as the Lykavittos Theatre overlooking the city. The major cultural event is the Athens Festivalone of Europe's largest summer festivals held each year from June to September. Younger crowds are attracted by the three-day Rockwave Festival held each July.

Music

The winter season includes great concerts at the splendid Athens Concert Hall as well as opera and ballet performances by the Greek National Opera. Also worth mentioning are the city's rebetiko and jazz clubs, such as the Stoa Athanaton and the Half Note Jazz Club.

Theater



Performances at the historic National Theatre truly stand out amongst the dozens of theatrical productions which take place in the city. There are also many art exhibitions to choose from, including those held at Gazi Technopolis Manos Chatzidakis, Athinais Cultural Centre and Artower Agora.

Cinema

If you fancy watching the latest movie, the language barrier is no problem as all movies are featured in the original language with Greek subtitles(with the exception of some films for children). There is a huge choice of cinemas in Athens including, among others, Village Park(Europe's largest entertainment complex), Village Centre Maroussi and Athinais. Still more enjoyable though, is watching a movie under the stars at one of the city's open-air cinemas- such as the one at Aegli, in the Zappion Gardens.

Family-Friendly

Children will also have a great time in Athens. They can explore the National Garden, visit the mystical Koutouki Cave and the world's third largest bird collection at the Attica Zoological Park. Try out the hands-on exhibits at the Greek Museum of Childhood or even see the creations of other children, exhibited at the Museum of Greek Children's Art.

Sports

At the disposal of both children and adults are the city's excellent beaches and watersports facilities, such as the Astir Beach Club in Vouliagmeni, Schinias Beach and Karavi Beach Club in Marathon and the EOT beach clubs in Alimos and Varkiza. Other sports facilities can be found at the freely accessible Agios Kosmas sports complex in Elliniko and the Glyfada Golf Course. Hikers can head to the Mt Parnitha National Park, just north of the city.

Shopping

The city's excellent shops present an additional recreational opportunity. Athens is a great place for clothes shoppingwomen in particular will appreciate both the quality and the attractive prices of clothes sold at the city's elegant boutiques. You can also shop for works of art, antiques, home accessories and exotic souvenirs.

For an up to date programme of events, art exhibitions, concerts, performances

and cinema screenings, consult the pages of Athens News, a weekly English-language newspaper published every Friday. More detailed information, as well as many dining and nightlife suggestions can be found in the Greek-language magazine Athinorama, which is also published on Fridays.

Things to Do Insights

The best way to explore a city is on foot. This is especially true of Athens, which has a number of sights located in close proximity to one another.

National Archaeological Museum

World renowned museum, the National Archaeological Museum should be at the top of your list of museums to visit. Although you will face a crowd due to its popularity, it is for good reason. This museum houses artifacts that date back to the sixth millennium BCE. Art from the Aegean islands and Mycenaean art is showcased, including the funeral masks that were used to cover the deceased Mycenean leaders. In addition, the earliest known Greek sculptures dating from 2000 BCE and an Egyptian Art collection are on display. Another must see attraction is the Benaki Museum. This classic museum was established in 1930 and is home to rare collections and hosts conservation workshops. Items from the Prehistoric period are featured as well as work from the Roman Empire. Then guench your thirst and appetite at the nearby Neon cafe, the perfect stop before continuing on. Also, don't miss the Museum of Cycladic Art which is near the Benaki Museum, and features the ancient cultures of Aegean and Cyprus(3rd millennium BC).

Panathenaic Stadium

As you venture towards Vassileos Konstantinou Street the Panathenaic Stadium will make you stand in awe as you gaze up at this impressive structure. The Panathenaic Stadium is built on the remains of an ancient stadium dating back 330 BCE, and was host to the first modern Olympic Games in 1896 CE. Today, this 70,000-seat venue is used for concerts and other large-scale events. On nearby Vassilissis Olgas Street is the entrance to the Temple of Olympian Zeus, one of the largest temples ever constructed. Today only some of the temple's columns can

be seen. In better shape is the adjacent Hadrian's Arch, built in 131 CE in honor of the Roman emperor Hadrian. For a traditional greek cuisine experience as you tour this area try Eden Vegetarian Restaurant.

Acropolis

The ascent to the Acropolis with its architectural masterpieces dating back to the 5th century BCE is the most famed symbol of Athens. You can reach the top of this hill by entering through the monumental Propylea in order to admire the magnificent Parthenon and the graceful Caryatid statues at the Erechthion Temple. The museum features splendid examples of ancient Greek art. Next. check out Lysicrates Monument, a cyclical tower from the 4th century BCE. From here. it is just a brief walk along Dionysiou Areopagitou Street to the southern slope of the Acropolis- the site of the Dionysos Theatre. Constructed in the 6th century BCE. it is one of the world's oldest theatres and the place where the great works of Aeschylus, Sophocles, Euripides and Aristophanes were first performed. Walking down the street towards the entrance of the Acropolis, you will come across a more recent theatre, the Odeon of Herod Atticus from the second century BCE, which is still used for concerts and performances. A great place for Greek cuisine in the area is Taverna Xynos.

Philopappou Hill

Opposite the entrance of the Acropolis stands Philopappou Hill. From the monument on the hilltop, built in the 2nd century CE, you can enjoy a magnificent view of the Acropolis. Nearby is Filistron, a great place to dine at while you take in the view of the Acropolis. On a lower hill lies Pnyx, the birthplace of democracy and the venue of the world's first popular assembly. Not far from here you can visit Arios Pagos a small hill that was used as the seat of court during the 5th century BCE. This is the place where the Apostle Paul preached to the citizens of Athens 2,000 years ago. The stairs next to the Arios Pagos will take you down to the Ancient Agora marketplace. Among the numerous sights in this archaeological park is the well-preserved Temple of Hephaistos and the reconstructed Stoa Attalou. A short stroll away is the more recent Roman Agora



from the first century BCE and the landmark Tower of the Winds.

Plaka

Plaka is one of the city's major attractions. Many interesting sights such as ancient monuments, Byzantine churches and beautifully restored mansions can be found in its narrow streets, most of them closed to traffic. There is also a good choice of tavernas, cafés and souvenir shops in the area, among them is Restaurant Taverna Plaka. Upon entering Kydathineon Street from the Filellinon end, you will come across the 11th Century, Agia Sotira Church, one of the few remaining Byzantine churches in Athens. Opposite the church is the Museum of Greek Folk Art. Its exhibits include a wide range of artifacts such as traditional costumes, wood carvings and pottery. Turning left at Monis Asteriou Street, you will come to the the Vlassis Frissiras Museum of Contemporary European Art, although the children would probably prefer a visit to the Greek Museum of Childhood at 14 Kydathineon Street. One of Plaka's most interesting churches is the 11th-century Agios Nikolaos Rangavas on Prytaniou Street. Down the street stands the Agii Anargyri Monastery, which was built in the 17th century, and the Museum of the History of Athens University, housed inside the stately mansion on Tholou Street. Next to the museum is the Panagia Chryssokastriotissa Church in Aliberti Street, made famous by its miraculous icon of the Virgin Mary.

With so much to see and do, Athens is best seen on wheels or by foot, just make sure to pack comfortable walking shoes.

Walking Tours

Athens Walking Tours(+30 210 884 7269/ http://www.athenswalkingtours.gr/)

Car and Bus Tours

Greece Taxi(+30 694 013 1734/http://www.greecetaxi.gr/) Interdynamic(+30 281 030 0330/http://www.ellada.net/) Sightseeing Bus(http://www.oasa.gr/) Chat Tours(+30 210 322 3137/http://www.chatours.gr/) Hop-in Zion Tours(+30 210 428 5500/ http://www.hopin.com/)

Bike Tours

Experience Plus!(+1 800 685 4565/ http://www.experienceplus.com/) Cycle Greece(+30 210 921 8160/http:// www.cyclegreece.gr/) Pame Volta(+30 210 675 2886/ http://www.pamevolta.gr/)

©

Travel Tips

Getting There

By Air

The new Athens International Airport(+30 210 353 0000/http://www.aia.gr)(ATH), located 17 miles northwest in Spata, opened in 2001 in anticipation of the 2004 Olympics. The sleek new airport has one massive main hall and a satellite terminal that looks like an architectural afterthought. Both facilities are stocked with shops and restaurants. A business center(+30 210 353 6416), numerous conference rooms and business lounges are also onsite. Major airlines include:

Air Berlin(+49 180 573 7800/http:// www.airberlin.com) Air Canada(+1 800 776 3000/http://www.aircanada.ca) Air France(+1 800 871 1366/http:// www.airfrance.com) Air Malta(+356 21 690 890/http://www.airmalta.com) Air Scotland(+1 44 141 222 2363/http:// www.air-scotland.com) Air Transat(+877 872 6728/http://www.airtransat.com) American Airlines(+1 800 433 7300/http:// www.aa.com) Blue1(+358 20 585 6000/ http://www.blue1.com) British Airways(+1 800 247 9297/http://www.britishairways.com) Condor(+1 800 524 6975/ http://www7.condor.com) Delta(+1 800 221 1212/http://www.delta.com) Easy Jet(+871 244 2366/http://www.easyjet.com) Finnair(+1 800 950 4768/http:// www.finnair.com) Iberworld Airlines(http:// www.iberworld.com) Lufthansa(+1 800 645 3880/http://www.lufthansa.com) My Travel(+870 238 7710/http:// www.mytravel.com) Singapore Air(+1 800 742 3333/http://www.singaporeair.com) Sterling.dk Airline(+457 033 3370/http:// www.sterlingticket.com) Sun Express(+180 595 9590/http://server1.sunexpress.com.tr) Thomsonfly(+870 190 0737/http:// www.thomsonfly.com) Transavia(+312 0406 0406/http://www.transavia.com) Virgin Atlantic(+1 800 862 8621/http://www.virginatlantic.com) Wizz Air(+48 22 351 9499/ http://www.wizzair.com)

The Athens Urban Transport
Organization(http://www.oasa.gr) provides
24-hour bus service to the downtown
area. Four dedicated express routes are
available: Line E94 deposits passengers
at the Ethniki Amyna metro station. Rides
exit every 15-30 minutes. Line E95 services
Syntagma Square and departs every 15-35
minutes. Line E96 attends Pireaus Port,
exiting every 20-40 minutes. Rides for all
three lines take 45-60 minutes. Line E97
connects the airport with the Dafini metro
station.

Taxis are easy to find outside the terminal. Rides, depending on traffic, last 30-60 minutes.

Taxi Reservations(+1 44 20 8123 3567/ http://www.taxireservations.gr)

Rental Car Companies

Avis(+1 800 831 2847/http://www.avis.com)
Budget(+1 800 527 0700/http://
www.budget.com) Europcar(+49 069 697
970/http://www.europcar.com) Hertz(+1 800
654 3131/http://www.hertz.com) National(+1
800 227 7368/http://www.nationalcar.com)
Sixt(+30 210 353 0576/http://www.e-sixt.com)

Once you pick up the car(and a good street map) search out the Attiki Odos, the main thoroughfare into the city. From here you can link to most parts of town. Although it is a toll expressway and a menagerie of construction projects, it beats getting lost straight out of the gate. Toll free options are available starting with Lavirou Avenue with connects to the airport, but if you choose to go exploring, have a good map.

By Train

Rail travel in Greece compared to the rest of Europe is extremely antiquated and limited with most service confined to the northern and eastern halves of the Greek mainland. For information on specific routes and times check with the Hellenic Railways Organization(OSE)(+30 210 529 7777/ http://www.osenet.gr). Trains arriving in Athens from the south and west operate



out of the Peloponnese Station(+30 210 513 1601). Passengers can then catch a taxi or bus into downtown. Arrivals from the north depart at the Larissa Station(+30 210 529 8837), which conveniently connects to downtown via the metro's Line 2.

Greece's bus travel is handled by KTEL(Koino Tameio Eispraxeon Leoforeion), a conglomerate of privately operated companies. Its coverage is extensive, providing service to and from every town, regardless of how rural, on the mainland. Eurolines(http:// www.eurolines.com), based out of London, also accesses Greece. Terminal A(+30 210 512 9233) handles buses from Peloponnese and northern Greece. Terminal B(+30 210 831 7096) focuses on bus traffic to and from central Greece.

By Boat

All boat traffic arrives at the port of Piraeus(the largest in Europe), located six miles southwest of Athens. Ferries provide service to and from the Saronic Islands, Samos, Crete, Cyclades, northern Greece, and the northeast Aegean Islands. For faster service to the islands there are also hydrofoils and catamarans. However, they are also twice as expensive and dependent upon good weather. For more detailed information call the Piraeus Port Authority(+30 210 428 6842/http:// www.olp.gr).

By Car

Bear in mind that Greece has one of the highest car-accident rates in Europe. Drivers treat red lights as optional and passing on curves and hills seems to be the norm rather than the rare exception. If you are not deterred, Athens can be reached by E75 from the north which hugs the eastern coast, and by E65 from the west.

Getting Around Town

The Athens Urban Transport Organization(http://www.oasa.gr) offers buses, trolley buses, and a subway system making it very easy to negotiate downtown and the surrounding suburbs without a car.

Its metro system(http://www.ametro.gr) is currently experiencing one of the biggest transportation expansions in Europe. In direct response to the 2004 Olympics it has bloomed from one line to three lines and now handles 470,000 passengers daily. Line 1(ISAP) extends from Kifissia to the north to Piraeus harbor to the south. Major tourist stops include the National Archaeological Museum, Omonia Square, and the nightlife districts of Psirri and Thission. Line 2(Sepolia-Dafni) includes the Acropolis and Syntagma Square. And Line 3(Ethniki Amyna-Monastiraki) attends such major stops as the National Gallery and the Byzantine Museum. Stops are serviced every three minutes during rush hours, or every 10 minutes otherwise.

Blue and white buses offer more 300 routes in and around downtown Athens. Most stops are attended every 15 minutes. Service operates from 5a-12:30a. Attempting to decipher the bus routes is complicated, especially with new routes being constantly added in conjunction with the expanding metro system. Green and white buses service between Athens and Piraeus. If you are seeking comfort be aware that buses are usually packed.

There are 19 electric trolleybus routes most of which service downtown's main tourist

Compared to most other European cities, Athen's taxis are inexpensive and honest. Hailing is inexplicably difficult, however, so it is best to call ahead. Some of the more noted companies are: Athina(+30 210 921 7942) Ermis(+30 210 411 5200) Ikaros(+30 210 515 2800)

Possessing a car in Athens is more of a hassle than a convenience. Traffic is frustrating and parking is so limited that locals park on sidewalks.

Most of Athens main tourist attractions are centrally located making it extremely convenient for walking. To encourage foot travel, new pedestrian zones have been

added in the commercial triangle and in Plaka, the center of the old city. © NileGuide

Fun Facts

- 1. The first history of Athens was recorded around 3,400 years ago making it Europe's oldest capital and one of the oldest cities of the world.
- 2. The city center of Athens is only 15 sq miles or 39 sq kilometers.
- 3. Athens is statistically one of the lowest ranking capital cities when it comes to violent crime.
- 4. Fun Fact: Everyfull moon in August, the Acropolis stays open until 2am with live music and theatrical performances; it is free to all.
- 5. Before hosting the 2004 Olympic Games, all of the street signs of Athens had to be changed to include a Latin spelling under the Greek.
- 6. Athens was part of the Ottoman Empire(1458-1832) while the rest of Western Europe was experiencing the Renaissance and the Industrial Revolution.
- 7. Weird Fact: The first modern king of Greece was a Bavarian prince and only 17 vears old.
- 8. Athens is the second capital city of Greece. King Otto(see fact 7) changed it from the Port of Nafplio in 1834 for sentimental reasons related to the city's glorious past.
- 9. The oldest hotel in Athens, The Grand Bretagne, was first the royal guesthouse. During German occupation(1941-1944) it was used as Nazi HQ. Hitler and Rommel were there on the eve of the Soviet Invasion.
- 10. The sporting event known as the "Marathon" was created for the first Modern Olympic games set in Athens in 1896. It was a recreation of the route used by the legendary runner, Pheidippides, in 490 BC to announce the Athenian



victory against the Persians at the battle of Marathon 25 miles away.

11. The Athens metro currently has twentyeight stations, all of which exhibit artwork by contemporary Greek artists. Six display archaeological treasures uncovered during the metro's construction.

12. Actress, activist, and Minister of Culture, Melina Mercouri, is credited

with the establishment of the institution, the "European Capital of Culture." Athens became the first in 1985.

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