



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Tahoe, it doesn't get much better.

Lake Tahoe, 3 Days

Table of contents:

- Guide Description 2
- Itinerary Overview 3
- Daily Itineraries 4
- Lake Tahoe Snapshot 7

Guide Description



AUTHOR NOTE: Lake Tahoe is a mecca for outdoor enthusiasts year round, but it is most know for its amazing skiing and snowboarding. There are countless mountains at your disposal such as Heavenly, Northstar-at-Tahoe and many more. When you are off the slopes there are many things that you can do; dine at restaurants ranging from pizza to Mexican to bagel joints. Also get outside and hike the amazing Pacific Crest Trail or snowmobile through the majestic Sierra Mountains.

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Lake Tahoe

DAY NOTE: Your trip to Tahoe is all about an epic adventure, one that includes skiing Tahoe's finest slopes, snowmobiling and hiking. The perfect place to stay for your trip is the Falcon Lodge, with its comfortable rooms, close proximity to everything you need and lake view. For breakfast head to Tahoe House Restaurant and Bakerel where you will find great fresh breads as well as many other dishes. Now that you are all filled up hit the slopes at Northstar-at-Tahoe, for a day of unforgettable skiing. For lunch you can either pack up a lunch and bring it with you or stop at CB's Pizza and Grill for some food that the name implies. After you are done for the day head to Las Panchitas for some authentic Mexican food. You will enjoy everything that is on the menu, believe me.

satisfied by the rich foods you will be served. Enjoy their amazing breakfast dishes as well as hot fresh cereals. After breakfast head to PCT South of Squaw Valley to Twin Peaks Trail. Here you can hike 14.5 miles of this amazing trail that spans from Canada to Mexico. Be sure to pack a filling lunch because you will be gone for a while. This hike will be something you talk about for a long time to come. After your adventure on the Pacific Coast Trail head to Ciera- MontBlue Resort for some steaks, seafood and decadent wine.



Northstar-at-Tahoe

Thrill in the snow



CB's Pizza & Grill

Pizza party

Day 2 - Lake Tahoe

DAY NOTE: When you wrestle yourself out of your comfortable bed at the Falcon Lodge head to Sierra Bagel Factory for some bagels, sandwiches and pizza if that's what you want for breakfast. For some more fun in the snow head to Snowmobile Treks at Lake Tahoe where you can ride around the Sierra Nevada mountains. When you return from your snowmobile adventure enjoy some food at Jason's Beachside Grille where you can dine on a patio with a great view. There is something here for everyone, seafood, hamburgers, prime rib and many other things. If you are up for some art appreciation as a break for your legs head to North Tahoe Art Center where you can enjoy local artists work, ranging from watercolor, drawing, and paintings. For dinner Le Petit Pier is the place to go, it has received numerous awards since its opening in 1972, stop in for yourself and be the judge. If you want to keep the festivities going for the night head to Blu for some Vegas in Tahoe excitement.



Snowmobile Treks at Lake Tahoe

Sit on the slopes

Day 3

DAY NOTE: Wake up, it is your last day in Tahoe. Get up and head to Cafe 333 Restaurant & Espresso Bar. You will surely be

Day 1 - Lake Tahoe

QUICK NOTE

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contact:

tel: +1 530 562 1010

<http://www.northstarattahoe.com/>

location:

Northstar Drive
Truckee NV 96160

1 Northstar-at-Tahoe

OUR LOCAL EXPERT SAYS:

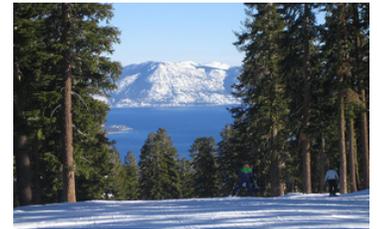
Free skating at the Village skating rink!

DESCRIPTION: Truly a skier's paradise, this resort offers a wide range of activities and events for everyone. You can even find mountain photographers that will capture your best run on the slope. You can enjoy recreational racing, cross country runs and snowshoeing. Ski at the crack of dawn with a Fast Track pass. If you're not an early riser, then Polaris Park is just for you. The adventure park is located mid-mountain and has something for everyone after the sun goes down.

For you Olympic fans, Northstar now offers the West Coasts only biathlon range. Ski and shoot to your heart's content, or sign up for biathlon lessons.

A day of skiing can work up a big hunger, so don't forget to try one of the five restaurants located on the mountain. For the warmer months, Northstar also opens up a Mountain Bike Park offering more than 100 miles of trails. The resort also contains a golf course and driving range, a Tennis Center and offers several activities including horseback riding, fly-fishing and hiking.

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rysac1/Flickr

contact:

tel: 1 530 546 4738 / 1 530 546 4758

www.cbspizza.com

location:

5075 North Lake Boulevard
Carnelian Bay CA 96140

2 CB's Pizza & Grill

DESCRIPTION: A great family place. The kids will love it. CB's Pizza and Grill have an event called Dessert Pizza. In this game, children outfitted with frosting and candy will compete to see who can decorate the best sugar cookie. Although a winner will be declared, every child gets a prize. They also have TV's and video games for that TV dinner feel. Patio dining is also available with nice lake views. Call for opening hours. © wcities.com



CB's Pizzeria

Day 2 - Lake Tahoe

QUICK NOTE

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contact:

tel: +1 530 546 4280 (North Shore Tours)

<http://www.laketahoesnowmobile.com/>

location:

9980 North Lake Boulevard
Crystal Bay CA 96151



Snowmobile Treks at Lake Tahoe

DESCRIPTION: As long as the snowfall cooperates, a snowmobile may be the easiest way to explore wintertime Lake Tahoe's hills and trails. Enjoy a holiday guided tour through the wintry landscape. The mid-week tours include appropriate snow gear provided free of charge; on weekends and holidays bring your own or pay an additional fee. Helmets are always included. Reservations are recommended. South shore tours are also available. Season start and end dates may vary based on the weather. Departure times vary, so call for details. © wcities.com



Marcin Wichary/Flickr

Day 3

DAY NOTE: Wake up, it is your last day in Tahoe. Get up and head to Cafe 333 Restaurant & Espresso Bar. You will surely be satisfied by the rich foods you will be served. Enjoy their amazing breakfast dishes as well as hot fresh cereals. After breakfast head to PCT South of Squaw Valley to Twin Peaks Trail. Here you can hike 14.5 miles of this amazing trail that spans from Canada to Mexico. Be sure to pack a filling lunch because you will be gone for a while. This hike will be something you talk about for a long time to come. After your adventure on the Pacific Coast Trail head to Ciera- MontBlue Resort for some steaks, seafood and decadent wine.

Lake Tahoe Snapshot

Local Info

Lake Tahoe is an original. The "Jewel of the Sierras" is the third deepest lake in the world at 1,645 feet, and its crystal blue water shines brightly in both winter and summer inviting visitors to relax and enjoy the beauty. The Lake Tahoe area was recently voted the best ski area in the United States by Orbitz. And the locals couldn't agree more.

Lake Tahoe straddles two states, Nevada and California. And each portion of the lake has a different vibe. Like the Native Americans who summered in the region and called it "big sky lake", we will come up from the Nevada side, drop into California and then back into Nevada.

Nevada and Highway 50

For your first view of "The Lake", nothing is better than taking Highway 50 up from Carson City, the capital of Nevada. Even people who have lived here for years, still catch their breath when witnessing this blue beauty hovering among mountains and pine forests. The trip continues with a tour around the 72 miles of shoreline. Each place you go, you will not lose sight of the lake that Mark Twain called the "fairest picture the whole earth affords".

Traveling toward Stateline, and home to the gaming center of Tahoe you will drive passed the Logan Shoals Vista Point and through the tunnel at Cave Rock, which is sacred to the native tribes in the area. You will then pass by Zephyr Cove where you can camp, rent water and snow toys, eat at numerous restaurants or just enjoy one of the nicest beaches in the area. Zephyr Cove is also where you can catch a ride on the MS Dixie II, a full-size paddlewheeler (that Mark Twain would be proud of) or the Woodwind II, a catamaran that sails during the summer months. Stateline is home to Harrah's, Harvey's, Montbleau and the Horizon casino resorts. Here you can eat, game, relax in a spa, golf at the Edgewood Tahoe Golf Course or enjoy the lake without having to leave the area.

California and Highway 89 North

As you leave Stateline and head into California and South Lake Tahoe you will pass by Heavenly Village and Heavenly Ski Resort which has gondola with some

of the best views of the lake. Coming into South Lake Tahoe you will find numerous hotels, resorts, restaurants and other ways to enjoy Tahoe and the views.

South Lake Tahoe is known for the South Lake Tahoe Recreation Area and has several bike and pedestrian trails that run alongside the road. As you head out of SLT, onto Highway 89 North and into the Tahoe National Forest and Tahoe Basin, you drive through some of the more rugged and beautiful areas of the lake. Here you will find less restaurants, but beaches like Pope Beach and Baldwin Beach, camping or dining at Camp Richardson, the Mt. Tallac Trailhead and the Spring Creek Recreation Area. All this beauty leads up to Emerald Bay, at the southern tip of Tahoe. This deep green bay embraces the only island on the lake, Fannette Island. From here you can hike down to Vikingsholm Castle as well as get great views of both Emerald Bay and the nearby Cascade Lake. The Eagle Falls trailhead and access to the Desolation Wilderness is here as well. This area can be precarious during snowstorms and sometimes the road will be closed due to avalanches.

California and Highway 28

As you continue up Highway 89 to the West Shore, you will come across D.L. Bliss State Park, Meek's Bay and campground, Sugar Pine Point State Park, Tahoma, Homewood Mountain Ski Resort and the tiny but local favorite, Granlibakken ski resort. Most of the West Shore is privately owned and the piers inviting you to take a stroll over the water are gated. However, this area also has several bike-friendly trails that run from here to Tahoe City and up to Alpine Meadows Ski Resort. Tahoe City is "at the Y" of Highway 89 and 28. Highway 89 heads north towards Truckee on Interstate 80 and passes by Alpine Meadows and Squaw Valley USA, home of the 1960 Winter Olympic Games, and Highway 28 heads back toward Nevada. Tahoe City is a laid back town near the outlet of the Truckee River and offers dining and bars, rafting, golfing and shopping.

Back to Nevada

Beyond Tahoe City, Tahoe Vista and Carnelian Bay, the turnoff for Highway 267 also goes to Truckee over the Brockway Summit and passes by Northstar-at-Tahoe

ski resort. If you stay on 28 you will head back into Nevada through Kings Beach which offers hotels, restaurants and a public beach. Highway 431, or the Mount Rose Highway, passes by the local favorites of Tahoe Meadows, the Mount Rose Summit trail, Mount Rose Ski Tahoe resort and into the Galena area of South Reno, home to Jack Nicklaus's Montreaux Golf and Country Club.

The quiet, laid back town of Incline Village has some of the local favorites in food and drink. Ski Diamond Peak, play a round of golf at the Incline Village Golf Course or access the lake at the Lake Tahoe State Park from Hidden Beach or Sand Harbor. Sand Harbor is the prettiest beach on the lake and home to the annual Lake Tahoe Shakespeare Festival. Farther along the road you will see a parking area for Secret Harbor, a clothing-optional beach about a mile hike from the road.

This is near the end of your circle of Tahoe. You can drive back down Highway 50 to Carson City which connects along Highway 395 to Reno and Sparks, or you can take the loop again! Lake Tahoe is big and full of out-of-the-way treats. It might be best to take the lake in sections. But after your first visit, you are bound to come back and join the locals in helping to "Keep Tahoe Blue."
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Fun Facts

1. Donner Pass and Donner Lake are named after the ill-fated Donner Party. This group of settlers attempted to cross the mountains in the winter of 1846-47. Most of them were trapped by the snow and several of them resorted to cannibalism to survive.
2. Strange Fact: Truckee, California often registers the lowest temperature in the nation, but not during the winter season. During the spring/summer seasons of 1991, 1993 and 1994, Truckee claimed the honor of coldest spot in the nation, excluding Alaska.
3. The deepest snowpack recorded at Tahoe was over 30 feet deep in 1890.
4. Interesting Fact: If Lake Tahoe was tipped over, the water would cover California to a depth of fourteen and a half inches.

Lake Tahoe Snapshot continued

5. Weird Fact: Many drowning victims are never recovered from Lake Tahoe. The cold water at lower depths preserves the bodies and prevents the formation of gases that would otherwise float them to the surface.

6. Interesting Fact: As an "interstate navigable waterway," Lake Tahoe is protected by the U. S. Coast Guard and

is reputed to be the most desirable Coast Guard duty station in the world.

7. Tahoe has nine mountains with peaks over 10,000 feet including Mt. Rose, Jobs Peak and Freel Peak.

8. The Tahoe area averages more than 300 days of sun each year.

9. Tahoe has 18 alpine and cross country ski resorts and over 50 championship golf courses.

10. Random Fact: Virginia City is known as "The Liveliest Ghost Town in the West."

11. The floor of the Tahoe basin (the bottom the lake) is near the 4,580 foot elevation, lower than the surface of the Carson Valley to the east.

12. Fun Fact: Sixty three streams flow into Lake Tahoe.

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