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ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Lana\_aka\_BADGRL

# A Day of Sun and Sand

## **Palm Beach, 1 Day**

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# Guide Description



**AUTHOR NOTE:** Check out luxurious Palm Beach, playground for the rich and famous, and take an ocean drive, stopping at beaches along the way.

# Itinerary Overview

things to do  
restaurants  
hotels  
nightlife

## Day 1 - Palm Beach

**DAY NOTE:** If you only have one day in the Palm Beach area, I would recommend spending it in Palm Beach and along the water. After all, sun and sand is what people come to see right? So, rent a car at the airport and head north (left) on I-95 and then east (right) on Okeechobee Rd and across the Intracoastal bridge to Palm Beach Island (playground of the rich and famous). If you have the time, check into one of the best hotels in the US, The Breakers Hotel and Resort. But book early, the hotel sells out months in advance; and be prepared to pay at least \$300/night! Luxury does not come cheap in Palm Beach. Once you have crossed the bridge onto Palm Beach Island, turn north onto South County Road and you will notice The Breakers Hotel and Resort on your right side. It is a truly magnificent building, full of history and five-star service. Once you see the place, you might decide to just spend your whole day there. It is an oceanfront hotel with its own beach, seven restaurants, a spa, and more. But if you are not staying overnight or you want to explore the area, you can just head to breakfast a few blocks away at Green's Pharmacy for a quick and easy breakfast for under \$5. After breakfast you can head back across the bridge to West Palm Beach and pick up the Palm Beach Water Taxi at 11am (in Downtown West Palm Beach at Palm Harbor Marina, 400 Flagler Drive, at Flagler Dr. & Banyan) for a 2 HR narrated boat tour that highlights the mansions of the rich and famous and a history of Palm Beach. Or, if you would rather stay on land, the Henry Morrison Flagler Museum on Palm Beach Island, offers a great history lesson on the area as well. After the tour, head to Worth Avenue, the "Rodeo Drive" of Palm Beach Island, and check out Gucci, YSL, Chanel and the other exclusive stores. Just windowshop though because you need to get started on your ocean drive. That's right, drive east and take a cruise down A1A along the ocean! Enjoy the views of the rolling waves and check out the mansions and beautiful scenery. Along the way, if you are looking to stop at a nice beach, Gulfstream Park in the tiny town of Gulfstream, FL is very pretty. Continue south and have lunch al fresco in Delray Beach at Cafe Luna Rosa. It offers great water views, and is right across from another very nice beach. Bring lots of quarters for the meters, they run 25cents/12 minutes! After lunch you can stroll down Atlantic Avenue in Delray Beach to visit the cute shops and galleries and really get a nice feel for Delray ( aka the "Village by the Sea"). Continue to head south to Boca Raton and stop at the Gumbo Limbo Nature Center to see some live local flora and fauna. Then it is time to head back up to Palm Beach for dinner. If you are running behind, skip the ocean route back and follow signs to I-95N to get you back to Palm Beach quickly (30-40 min). Palm Beach has many great restaurants, but I would recommend The Flagler Steakhouse if you would like to sit on an outdoor terrace, watching the sunset over a beautiful golf course, or The Seafood Bar at The Breakers, if you want to overlook the water. The Seafood Bar is the only direct oceanfront restaurant in Palm Beach, so it is really special. Both restaurants are quite pricey, so if you are looking for something less expensive, head back across the bridge to West Palm Beach. CityPlace offers several

dining options. After dinner, check out Cucina dell'Arte on Palm Beach Island, for cocktails, or The Tapestry Bar at The Breakers. Enjoy!

	<b>Henry Morrison Flagler Museum</b> Guided Age estate and museum
	<b>Green's Pharmacy</b> Diner dining in Palm Beach
	<b>The Seafood Bar</b> A room with a (sea) view
	<b>The Flagler Steakhouse</b> Steakhouse on the golf course
	<b>Tapestry Bar</b> Cocktails and caviar
	<b>The Breakers</b> Golf courses, swimming pool and a spa

# Day 1 - Palm Beach

## QUICK NOTE

**DAY NOTE:** If you only have one day in the Palm Beach area, I would recommend spending it in Palm Beach and along the water. After all, sun and sand is what people come to see right? So, rent a car at the airport and head north (left) on I-95 and then east (right) on Okeechobee Rd and across the Intracoastal bridge to Palm Beach Island (playground of the rich and famous). If you have the time, check into one of the best hotels in the US, The Breakers Hotel and Resort. But book early, the hotel sells out months in advance; and be prepared to pay at least \$300/night! Luxury does not come cheap in Palm Beach. Once you have crossed the bridge onto Palm Beach Island, turn north onto South County Road and you will notice The Breakers Hotel and Resort on your right side. It is a truly magnificent building, full of history and five-star service. Once you see the place, you might decide to just spend your whole day there. It is an oceanfront hotel with its own beach, seven restaurants, a spa, and more. But if you are not staying overnight or you want to explore the area, you can just head to breakfast a few blocks away at Green's Pharmacy for a quick and easy breakfast for under \$5. After breakfast you can head back across the bridge to West Palm Beach and pick up the Palm Beach Water Taxi at 11am (in Downtown West Palm Beach at Palm Harbor Marina, 400 Flagler Drive, at Flagler Dr. & Banyan) for a 2 HR narrated boat tour that highlights the mansions of the rich and famous and a history of Palm Beach. Or, if you would rather stay on land, the Henry Morrison Flagler Museum on Palm Beach Island, offers a great history lesson on the area as well. After the tour, head to Worth Avenue, the "Rodeo Drive" of Palm Beach Island, and check out Gucci, YSL, Chanel and the other exclusive stores. Just windowshop though because you need to get started on your ocean drive. That's right, drive east and take a cruise down A1A along the ocean! Enjoy the views of the rolling waves and check out the mansions and beautiful scenery. Along the way, if you are looking to stop at a nice beach, Gulfstream Park in the tiny town of Gulfstream, FL is very pretty. Continue south and have lunch al fresco in Delray Beach at Cafe Luna Rosa. It offers great water views, and is right across from another very nice beach. Bring lots of quarters for the meters, they run 25cents/12 minutes! After lunch you can stroll down Atlantic Avenue in Delray Beach to visit the cute shops and galleries and really get a nice feel for Delray ( aka the "Village by the Sea"). Continue to head south to Boca Raton and stop at the Gumbo Limbo Nature Center to see some live local flora and fauna. Then it is time to head back up to Palm Beach for dinner. If you are running behind, skip the ocean route back and follow signs to I-95N to get you back to Palm Beach quickly (30-40 min). Palm Beach has many great restaurants, but I would recommend The Flagler Steakhouse if you would like to sit on an outdoor terrace, watching the sunset over a beautiful golf course, or The Seafood Bar at The Breakers, if you want to overlook the water. The Seafood Bar is the only direct oceanfront restaurant in Palm Beach , so it is really special. Both restaurants are quite pricey, so if you are looking for something less expensive, head back across the bridge to West Palm Beach. CityPlace offers several dining options. After dinner, check out Cucina dell'Arte on Palm Beach Island, for cocktails, or The Tapestry Bar at The Breakers. Enjoy!

### contact:

tel: +1 561 655 2833

fax: +1 561 655 2826

<http://www.flagler.org/>

### location:

1 Whitehall Way  
Palm Beach FL 33480

### hours:

Su Noon-5p; Tu-Sa 10a-5p

## 1 Henry Morrison Flagler Museum

**DESCRIPTION:** It would be difficult to be in Palm Beach for long without learning about Henry Flagler (1830-1913). The prominent historical figure was the mind behind the construction of the railroad that ran from Jacksonville to the Keys. Opened to the public in 1960, Flagler's 1902 Gilded Age estate, Whitehall, is now the extraordinary Flagler Museum. At Whitehall, which was once described by the New York Herald as "the Taj Mahal of North America," visitors can see the home and many artifacts on display. © wcities.com



Photo courtesy of Henry Morrison Flagler Museum

**contact:**

tel: 1 561 832 0304  
fax: +1 561 832 6502  
[http://national.citysearch.com/profile/2639855/palm\\_beach\\_fl/green\\_s\\_pharmacy\\_of\\_palm\\_beach.html](http://national.citysearch.com/profile/2639855/palm_beach_fl/green_s_pharmacy_of_palm_beach.html)

**2 Green's Pharmacy**

**DESCRIPTION:** This Palm Beach pharmacy is the locals' best kept secret. Green's offers the cheapest eats in all of Palm Beach. The restaurant is actually resembles an old-fashioned diner with its long formica counter and its down-to-earth ambiance. It is always crowded and the two egg breakfast special with home fries, toast and coffee for just a few bucks is just one reason why.

**location:**

151 N County Rd.  
Palm Beach FL 33480

**hours:**

7am-4pm Mon-Sat; 7am-3pm  
Sun

**contact:**

tel: 1 561 659 8488  
[www.thebreakers.com](http://www.thebreakers.com)

**location:**

1 South County Road  
Palm Beach FL 33480

**hours:**

11a-1a daily; food served until  
midnight

**3 The Seafood Bar**

**DESCRIPTION:** You can't dine any closer to the Atlantic Ocean in Palm Beach than at The Seafood Bar at The Breakers Hotel. The vaulted open-beam ceilings and the floor to ceiling windows create a light, inviting atmosphere for dining or just sitting back and watching the mesmerizing waves crash over cocktails. The restaurant offers a daily catch of 10-15 of the freshest seasonal fish and seafood from the four corners of the US. The raw bar features oysters, Jumbo Shrimp cocktail, Alaskan King Crab legs, and Middleneck clams. The crab cakes are a frequently requested specialty.



The Seafood Bar

**contact:**

tel: 1 561 659 8471  
[www.thebreakers.com](http://www.thebreakers.com)

**location:**

2 South County Rd  
Palm Beach FL 33480

**hours:**

11:30a-3p and 6p-10p daily

**4 The Flagler Steakhouse**

**DESCRIPTION:** Part of The Breakers Hotel, The Flagler Steakhouse is a premier steakhouse in Palm Beach featuring the finest USDA prime grade steaks and chops available, and seafood of exceptional quality in a traditional steakhouse atmosphere. It is located on the second floor of The Breakers Ocean Golf and Tennis Clubhouse and the decor is casual with just enough Palm Beach elegance to make the dining experience feel special. Watch the sunset over the golf course from the outdoor terrace seating, or dine inside and enjoy the rich interior.



citysearch

**contact:**

tel: 561 655 6611 (Resort)  
fax: 561 659 8403 (Resort)  
[http://www.thebreakers.com/restaurants\\_lounges/the\\_tapestry\\_bar/](http://www.thebreakers.com/restaurants_lounges/the_tapestry_bar/)

**location:**

1 South County Road  
Palm Beach FL 33480

**hours:**

Daily 5p-midnight

**5 Tapestry Bar**

**DESCRIPTION:** The Tapestry bar exudes elegance. Antique mirrors reflecting the shimmering chandeliers, mahogany seating and of course 15th Century tapestries. The mahogany bar at one end is the perfect place to nurse a drink. The Tapestry Bar's exotic cocktails and their extensive wine list will suffice while entertaining company. And if you find yourself in a mood to be by yourself, the live jazz may just provide better companionship. © wcities.com



Tapestry Bar

**contact:**

tel: +1 561 655-6611  
fax: +1 561 659 8403  
[www.thebreakers.com](http://www.thebreakers.com)

**location:**

One South County Road  
Palm Beach FL 33480

**6 The Breakers**

**DESCRIPTION:** A recipient of the prestigious AAA Five Diamond award, The Breakers sits on 140 oceanfront acres in the heart of Palm Beach and boasts two 18-hole golf courses, seven restaurants, four swimming pools, a kids camp, a full service spa and a dedicated staff of 2,300. Originally opened in 1896, The Breakers is listed on the National Register of Historic Places, and has invested over \$250 million since 1990 in revitalizing and expanding the services of the resort, all while maintaining an air of casual sophistication and luxury. © wcities.com



Hotels.com

**contact:**

tel: +1 561 653 6656 / +1 888  
273 2537 (Spa Reservations)  
fax: +1 561 659 8403 (Hotel)  
[http://www.thebreakers.com/  
the\\_spa\\_at\\_the\\_breakers/](http://www.thebreakers.com/the_spa_at_the_breakers/)

**location:**

1 South County Road  
Palm Beach FL 33480

## 1 Spa at The Breakers (The)

**DESCRIPTION:** If you've made reservations at The Breakers at picturesque Palm Beach, a trip to the spa is a must. You have a lot to choose from—17 treatment rooms, eight salons, and a huge waterfront fitness center. Gaze far into the horizon of the Atlantic Ocean as you slip into the outdoor lap pool or the whirlpool spa. If you've had your fill of the hydro treatment, sashay on to the inner sanctuary, where massages, scrubs, baths and wraps await your tired muscles. Too tubby around the mid-section? Avail of the Tai Chi and yoga lessons that might incite you to take up a regular regimen. Fruit, flower and herbal beauty remedies abound here, as do a smorgasbord of stress-relieving procedures. © wcities.com



photo courtesy of Spa at The Breakers (The)

# Palm Beach Snapshot

## Local Info

Palm Beach...the mind visualizes swaying palms in warm ocean breezes, luxurious hotels, elite shopping, superb dining, magnificent estates, elegant social gatherings and Hollywood celebrities. You are cordially invited to join the fun!

Rich in pioneering history, inundated with great wealth, and steeped in Hollywood-style glamour, Palm Beach draws curious visitors and new residents alike. The name is recognized the world over as a destination for wealthy vacationers, royalty, and celebrities.

The County of Palm Beach has 38 incorporated municipalities with several that are historic neighbors to the city of Palm Beach, the heart of the county. From October to May, Palm Beach comes to life with seasonal visitors escaping unpleasant northern winters.

Located on 47 acres between the Intracoastal Waterway and the Atlantic Ocean, Palm Beach is separated from the mainland by three bridges and extends south to Lake Worth.

In addition to having excellent cultural events throughout the year, Palm Beach County also has the largest number of golf courses in the United States: 147. Everywhere you look, you'll find courses designed by prestigious trophy winners such as Arnold Palmer.

© NileGuide

## Hotel Insights

Short of being a guest at one of the high security, lavish mansions on the Intracoastal Waterway, you'll find a variety of accommodations in the Palm Beach area that will suit your needs and budget, from historic bed and breakfasts and inns to luxurious suites at exclusive resorts with outstanding amenities. Attention to detail and service is the norm here and many are close to shopping along famous Worth Avenue, theatre, great nightlife, the international airport and local attractions. You are sure to have a great visit.

**Palm Beach** The most elegant place to stay is, of course, The Breakers on 140 oceanfront acres. With lush gardens, a spa and fitness center, tennis, and several PGA

golf courses, this superlative five star resort by reputation and design symbolizes the epitome of a great Florida resort. They also have children's programs and activities, and several restaurants. You'll be treated like royalty here.

Not far from The Breakers Hotel, but near the historic downtown district within walking distance to world class shopping and restaurants is the luxurious Four Seasons Resort where you will be pampered and spoiled. offer both business and pleasure travelers the best of everything. Another is the tropical style Heart of Palm Beach with golf and tennis. The oldest inn is the 1922 Bradley House, a Mediterranean-style bed and breakfast close to the ocean.

Lodgings in the heart of Palm Beach's first historic district with Old World charm and modern amenities include the Palm Beach Historic Inn, and the Tropical Gardens Bed and Breakfast. Also, the Brazilian Court Hotel is a five star hotel with a reputation for excellence.

For beachfront accommodations, the Palm Beach Hawaiian Ocean Inn or the Sea Lord offer comfortably furnished suites with great ocean views.

Also within walking distance to the beach and famous Worth Avenue shopping is the The Plaza Inn, a charming 50 room bed and breakfast.

**West Palm Beach** West Palm Beach has an historic district as charming and delightful as its sister's east of the Intracoastal Waterway. Close to the airport, the spacious Sheraton West Palm Beach offers first class accommodations for business and pleasure travelers with many extras.

Enjoy a two-course breakfast in the Hibiscus House Bed and Breakfast, a 1922 restored home, or the Royal Palm House Bed and Breakfast, a 1925 colonial home with a tropical garden and secluded swimming pool.

**Airport** The Palm Beach International Airport sees receives over six million passengers each year. For travelers requiring comfortable accommodations in this area, but within a few minutes driving to downtown shopping, restaurants and attractions, the Crowne Plaza is a first rate hotel and offers numerous amenities. The

nearby Hampton Inn provides a sumptuous breakfast bar and shuttle service into the historic district.

**North of Palm Beach** In the North Palm Beach area, there are many hotels that provide five star accommodations. The Jupiter Beach Resort, a nine story hotel with three restaurants, is located right on the beach. It provides teleconference services for business travelers, and is close to attractions and shopping. The Waterford Hotel& Conference Center is another world class resort that offers luxurious suites, several restaurants, and many excellent amenities.

In Palm Beach Shores, the Marriott's Ocean Pointe is located on 24 acres with private beach, offering villas and suites. It is also close to a variety of highly rated local restaurants and attractions. Also located on the ocean is the acclaimed Sailfish Resort.

**South of Palm Beach** Lake Worth, located at the southern end of Palm Beach, has many charming hotels and historic inns. The Sabal Palm House is close to beach and offers their guests amenities that will make them feel at home. Also, the Mango Inn is a 1920's era private home and a special place to stay. Decorated in colorful Key West style, the Paradore of the Palm Beaches(The) is a complex of several buildings.

An historic hotel located on the Intracoastal Waterway is the Gulfstream Hotel, offering terrific water views. A 9 story hotel, and close to shopping and restaurants, it has an excellent restaurant with live entertainment.

In the exclusive community of Manalapan, the Ritz-Carlton(The) will make any visit a memorable one. It offers business center services, convention, and banquet facilities, as well as a 6,000 square foot ballroom for major events.

Whether you stay near the airport, historic oceanfront Palm Beach, or the nearby communities such as Lake Worth or West Palm Beach, the choices of accommodations available are almost endless, from very exclusive and expensive resorts, to affordable and cozy bed and breakfasts. Wherever you decide to stay, it's sure to be a comfortable and pleasant visit, whether for business or pleasure. You'll want to come back again and again.

## Palm Beach Snapshot continued

Palm Beach is the place where dreams come true. Come live it.

©

### Restaurants Insights

When Henry Flagler and his friends came south to Palm Beach, they brought along their high standards and demands for the best of everything, including fine dining. That legacy can still be found for anyone who takes eating seriously. Palm Beach County has many excellent restaurants to choose from, affordable to very, very expensive, and casual to formal. The range of tastes is considerable, from good old Southern style American to European, Mexican, Asian, and more.

**Palm Beach** For old world atmosphere, noted for its caviar bar and ranking high with the locals, be sure to patronize Cafe L'Europe. Another for continental dining on Worth Avenue is Taboo.

Great Italian fare can be enjoyed at Renato's, and authentic Irish food with lively entertainment and child friendly is Rooney's Public House.

Looking for a more casual atmosphere? Try the Crazy Buffet for a pleasant surprise. It's not like your average buffet restaurant. For terrific hamburgers since 1945, Hamburger Heaven is the place to go. Another popular 1950's American style diner is Rhythm Cafe.

A few other well established restaurants in the downtown district on Worth Avenue is Chuck and Harold's, a 1920's eatery where people watching is unavoidable and entertaining. Noted for fresh seafood entrees is Charley's Crab, and since 1975, another trendy American style restaurant is the Raindancer Steak House.

For the most expensive restaurant in town, but definitely a four-star meal, it's the Florentine Dining Room at The Breakers Hotel.

**West Palm Beach** Here's a community that can boast the same excellent quality dining establishments as it's sister city east of the Intracoastal, offering a variety of ethnic and European restaurants. For Japanese dining that's family friendly, have a go at the Mikasa. If your preference is Mexican tonight with a movie afterward, the Tamayo is right next to the theatre.

Although you'll find this chain in a few other cities, the distinctiveness of the 391st Bomb Group, a WWII themed restaurant with 1940's music, is entertainment in itself in addition to the delicious food it serves.

Another Old World style Italian restaurant in this historic part of Palm Beach is the Stresa. For French Mediterranean fare, the Bellagio offers excellent dining in a romantic atmosphere.

On Saturday mornings, you can enjoy an outdoor street breakfast while buying fresh pastries and vegetables at the GreenMarket in West Palm Beach, a popular weekend pastime.

If you're at the Palm Beach Kennel Club, be sure to dine at the well-regarded Paddock Restaurant.

**Lake Worth** A short drive south into this celebrated community also offers delicious fare such as Audrey's Cookie Boutique and Chesecake Company where you'll find fresh pastries, bakery goodies and a restaurant.

Inside the historic Gulfstream Hotel on the Intracoastal Waterway, try Daniel's Lake Avenue Grille, or if you're on the beach and are ready for breakfast or lunch, the John G's is known for friendly service and good food.

**Southern Towns** In Delray Beach, Ellie's 50's Diner has every dish on its menu named after a 1950s song. Also on the beach, you'll find Boston's on the Beach serves good food all day long.

The Two Georges Waterfront Grille in Boynton Beach has been around for a while. With delightful tropical setting and great food, it's popular with the locals. You won't be disappointed here

Boca Raton, one of the fastest growing communities that offers excellent dining and attractions, not to mention beautiful retirement developments, Carmen's Restaurant and Lounge features great steaks and fresh seafood, all with a great ocean view.

In Lantana, home of the National Observer tabloid on celebrity news, the Ginger Wok offers an intimate atmosphere and delicious Chinese cuisine

**Northern Towns** Communities just north of Palm Beach include Jupiter, made famous

by actor Burt Reynolds, as well as Palm Beach Gardens and Riviera Beach, noted for its marinas, sport fishing charters and dive shops. Wellington is home to the Palm Beach Polo Club. Many excellent restaurants in these towns offer dining establishments that equal those in the county's southern towns.

In Palm Beach Gardens, the Abbey Road Grill and Sports Emporium, featuring TV screens everywhere for sports programs, offers great steaks and seafood.

Palm Beach and its neighboring cities offer a myriad of great places to eat for any time of the day. Depending on what activity you may be pursuing, whether it's a day of shopping on Worth Avenue, playing golf at one of the 147 courses in the county, or dressed to kill for a memorable night on the town, you'll find just the perfect restaurant, café, bistro, or diner to make your day complete. The choices are many and the decision may be a tough one, but no matter which you decide, the atmosphere of Palm Beach and its impeccable taste sets the standard.

©

### Nightlife Insights

For some great nightclubbing a short drive south, listen to touring blues bands in historic Lake Worth at the Bamboo Room. In West Palm Beach, the Liquid Room and the Caribbean-style Monkeyclub offer great live entertainment to spend a romantic evening. A little further south in trendy Boca Raton, you'll find yourself laughing at the Bocanuts Comedy Club.

© NileGuide

### Things to Do Insights

Palm Beach. The name says it all. Once a private playground and exclusive social club of the very wealthy, but now transformed into a jewel on Florida's Gold Coast, its doors are open to all who wish to venture in.

A destination with a warm climate, outstanding cultural and sporting events, great hotels, unique shopping experiences, and excellent dining, it attracts many for both business and pleasure. There's also a variety of entertainment, from sophisticated and complex to bargain basement casual. What more could you ask for?

## Palm Beach Snapshot continued

In Palm Beach County, as in most of Florida, golf is a major sport and there's a course in almost every nook and cranny. At The Breakers- Ocean& West Course(Resort), you'll find some of the oldest courses in the area. Across the Intracoastal Waterway to the west in West Palm Beach, the Okeeheelee Golf Course and the Emerald Dunes Golf Club(Public) will not disappoint the dedicated player looking for a challenge. South of Palm Beach in Lake Worth, the Lucerne Lakes Golf Club(Public) offers some well designed and challenging courses.

For family fun and entertainment, visit the 22-acre Palm Beach Zoo at Dreher Park in West Palm Beach, home to over 500 animals. Right next door is the South Florida Science Museum with prehistoric exhibits, an aquarium and planetarium show.

In Clewiston, a few miles west of Palm Beach, learn about the Seminole Indians at the Ah Tah Thi Ki Museum. Also just west, is the well known Lion Country Safari, located in Loxahatchee.

In North Palm Beach, the Rapids Water Park in Riviera Beach offers a wave pool, slides, and river rides. It's a great place to cool off when the summer heat is on.

There are many parks offering a variety of amenities and activities. In West Palm Beach, the 800 acre Cholee Park features equestrian and mountain bike trails. At the 405 acre Dyer Park, you'll find biking and equestrian trails, picnic areas, freshwater fishing, and sports activities.

For cultural events, there's the magnificent concert hall, Kravis Center in West Palm Beach. Other excellent performing arts theatres include the Royal Palm Performing Arts Theatre and the Royal Poinciana Playhouse.

Every Thursday evening in Centennial Square, free concerts are performed at Clematis by Night which are popular and well attended.

Art shows and festivals in the Palm Beach area are some of the biggest. In March at Lake Worth, just south of PB, the Palm Beach Seafood Festival is a huge event that includes artisans, concerts, and lots of Palm Beach cuisine prepared by local restaurants. A little further south in Boca Raton, a March event is the Meet

Me Downtown where 4,000 artisans and crafters overwhelm US Highway 1. In May, you can't miss the Palm Beach Sunfest.

On a smaller scale, a popular weekly art event for local artists in West Palm Beach is the Art in the City.

Palm Beach is the winter home to several professional sports teams. Avid fans won't want to miss practice sessions and games. In North Palm Beach, you'll find the New York Mets at Thomas J. White Stadium, and the Los Angeles Dodgers at the Holman Stadium. For Saint Louis Cardinals or Montreal Expos training center, check the schedule at Roger Dean Stadium.

For a different kind of spectator sport, take a champagne picnic and watch the ponies at the Palm Beach Polo and Country Club in Wellington, just west of Palm Beach.

Racing and gambling enthusiasts will enjoy greyhound racing at the Palm Beach Kennel Club in West Palm Beach, or junkets from the Port of Palm Beach on the Palm Beach Princess.

Fishing anyone? You've come to the right area, whether it's off a pier or from a charter boat, this sport ranks high here. Marinas up and down the county coast feature many fishing excursion options. Boynton Beach, just south of Palm Beach, offers fishing and diving at the Boynton Inlet/Ocean Inlet Park. In Palm Beach Shores, full and half-day charters are available at the Sailfish Marina.

When it comes to shopping, Palm Beach is in a class all its own. Next to Fifth Avenue in New York, Worth Avenue is most famous. When you get tired patronizing all those expensive specialty shops and you can't carry another bag, rest a while and re-energize with lunch at one of the many bistros and cafes along the shopping district. Don't forget to bargain hunt for designer discards, antiques, furniture and art work at the upscale thrift shop, Embassy Boutique.

Just north in Palm Beach Gardens, the The Gardens Mall offers 160 specialty shops, or south in Boca Raton, there's Town Center at Boca Raton with 220 shops.

When it comes to entertainment, you'll find it all and then some here in Palm Beach and close by. There's so much to do and

see. But you'll just have to discover it for yourself!

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### Travel Tips

#### Getting There:

##### By Air:

Palm Beach is serviced by the Palm Beach International Airport(+1 561-471-7420/ <http://www.pbia.org/>) which received the Commercial Service Airport of the Year Award in 2004.

Palm Beach International Airport is serviced by Palm Tran(+1 561 841 4200/<http://www.co.palm-beach.fl.us/palmtran>) and Tri-Rail(+1 800 874 7245/<http://www.tri-rail.com>) public transit providers. Taxi and limousine services are provided by Palm Beach Transportation(+1 561 684 9900) and Yellow Cab(+1 561 689 2222).

##### By Train:

Amtrak(+1 800 872 7245/<http://www.amtrak.com>) offers frequent services to Palm Beach.

##### By Bus:

Palm Beach is serviced by Greyhound(+1 800 231 2222/<http://www.greyhound.com>) bus lines which provide transportation to destinations throughout America.

##### By Car:

Palm Beach is accessible by I-95, and US 1, 98, and A1A.

**Getting Around:** Palm Beach provides a comprehensive network of transit options. Palm Tran(+1 561 841 4200/<http://www.co.palm-beach.fl.us/palmtran>) and Tri-Rail(+1 800 874 7245/<http://www.tri-rail.com>) are two of the most prominent service operators.

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### Fun Facts

**Did You Know?** The city of Palm Beach was established by Henry Morrison Flagler in 1894 when he opened Royal Poinciana Hotel. Palm Beach is now considered one of the premier vacationing spots in America thanks to its mild temperatures year round.

**Orientation:** Palm Beach is situated on 47 miles of white sandy beaches along the Florida Coast.

## Palm Beach Snapshot continued

**State:** Florida

**Country:** United States

**Palm Beach by the Numbers:** Population:  
10,468

Elevation: 25 feet

Average Winter Temperature: 65 degrees F

Average Summer Temperature: 82 degrees  
F

**Quick Facts:** Electricity: 110 volts, 60Hz,  
standard two pin plugs

Time Zone: GMT-5

Country Dialing Code: 1

Area Code: 561

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