



**nileGUIDE**

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Lana\_aka\_BADGRL

# Delray Beach Romance Weekend

## **Palm Beach, 3 Days**

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# Guide Description



**AUTHOR NOTE:** Ahh, beautiful South Florida, miles and miles of beautiful coastline and a perfect romantic getaway to just relax and enjoy time together. Whether you are escaping the chill of wintry weather or exploring the area together for the first time, this trip highlights my favorite dining, drinking and lodging establishments.

# Itinerary Overview

things to do  
restaurants  
hotels  
nightlife

## Day 1

**DAY NOTE:** Ok, there are two great options for romantic lodging in Delray Beach. Option One is Crane's Beach House, a small (27 unit) family-owned, two-story boutique hotel just a few blocks from the beach. Crane's has two small pools, hammocks, and a warm and welcoming atmosphere. Option Two is the Sundry House, [www.sundryhouse.com](http://www.sundryhouse.com), which is also in Delray Beach and is in a historic building with its own fabulous restaurant and beautifully landscaped gardens and grounds. Take the afternoon to explore Delray Beach and get settled in to your hotel. For Happy Hour check out Cafe Luna Rosa (3-6pm) or Bostons on the Beach. Walk down Atlantic Ave. and explore Old School Square and the numerous shops and galleries. Downtown Delray is very charming and if you are visiting during the busiest part of the busy season (Jan-Mar), there are festivals and fairs almost every weekend. Visit <http://downtowndelraybeach.com/> for an event calendar. For dinner, The Sundry House has a very romantic restaurant or there are many options along Atlantic Avenue. I recommend 32 East. Sit outside and watch the people go by. If you want something a little more casual but still with a good scene, DaDa is great. DaDa also has a good bar if you want to visit for just drinks. Other options for drinks after dinner are plentiful as there are many bars and nightclubs in downtown Delray that I would recommend. Bull Bar is a great spot that often has live music and a good crowd. Falcon House is another eclectic night spot that is a little off the beaten path, but worth the visit. Get ready to head north tomorrow to get a glimpse of posh Palm Beach.

## Day 2 - Palm Beach

**DAY NOTE:** Day in Palm Beach- Start your morning with a cruise north on A1A along the ocean! Enjoy the views of the rolling waves and check out the mansions and beautiful scenery. Along the way, if you are looking to stop at a nice beach, Gulfstream Park in the tiny town of Gulfstream, FL just north of Delray Beach is very pretty. Once you get to Palm Beach, get a quick and easy breakfast for under \$5 at Green's Pharmacy. After breakfast you can head west across the bridge to West Palm Beach and pick up the Palm Beach Water Taxi at 11am (in Downtown West Palm Beach at Palm Harbor Marina, 400 Flagler Drive, at Flagler Dr. & Banyan) for a 2 HR narrated boat tour that highlights the mansions of the rich and famous and a history of Palm Beach. Or, if you would rather stay on land and tour at your own pace, the Henry Morrison Flagler Museum on Palm Beach Island, offers a great history lesson on the area as well. After the tour, head to Worth Avenue, the "Rodeo Drive" of Palm Beach Island, and check out Gucci, YSL, Chanel and the other exclusive stores. After your tours, have lunch at the famous Cafe L'Europe. Or, if you are on a budget, you can still rub elbows with the rich and famous, across the street at Hamburger Heaven. If you want

to treat yourself to something special, schedule a massage at The Breakers in the afternoon and then spend the rest of the day there on the beach or by one of their five swimming pools. Pack a bag with a change of clothes, and after your beach day at their beach club, use their locker room (complementary with a spa treatment), to get ready for dinner. Go for dinner at The Flagler Steakhouse, where you can watch the sunset over the golf course or try the famous Cafe Boulud, but reserve far in advance. Chez Jean Pierre is also a big winner in Palm Beach. Be prepared to pay \$150- \$250 for dinner for two at any of these restaurants. If you are on a budget, I would suggest the Palm Beach Grill which is also on Palm Beach Island, or dining in City Place in West Palm Beach at one of the many eateries there. One of my favorites is Mark's City Place. If you are in the mood for drinks after dinner, check out Cucina dell'Arte in Palm Beach. They usually have a good crowd on weekends. When you are ready, head back to Delray Beach via I-95S and get ready for one more day in paradise.



### Green's Pharmacy

Diner dining in Palm Beach



### Henry Morrison Flagler Museum

Guided Age estate and museum



### Hamburger Heaven

Gourmet Hamburgers



### Cafe L'Europe

Palm Beach's number one caviar bar



### Spa at The Breakers (The)

Dissolve that stress!



### The Flagler Steakhouse

Steakhouse on the golf course



### Café Boulud Palm Beach

World Cuisine, French Style

## Day 3

**DAY NOTE:** Start your day with the best Sunday Brunch in town at The Sundry House. Or if you just want a regular breakfast, The Green Owl on Atlantic Avenue is the best place in town for cheap eats (breakfast or lunch). For your last day, head south on A1A to Boca Raton. Enjoy the panoramic ocean views and the magnificent homes on the drive. The Gumbo Limbo Nature Center is an excellent opportunity to learn about the native flora

# Itinerary Overview

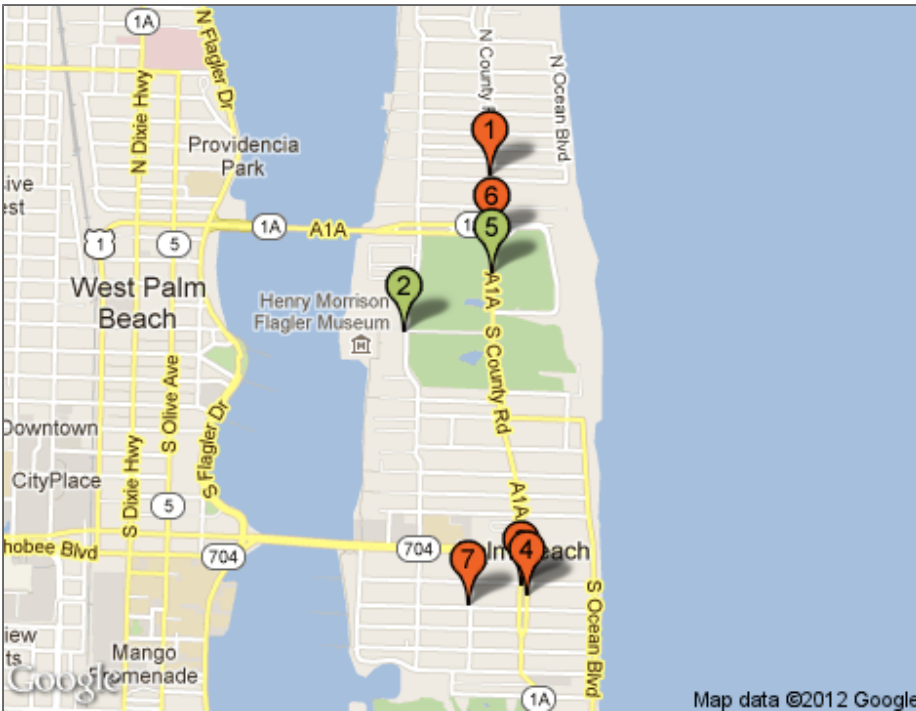
things to do  
restaurants  
hotels  
nightlife

and fauna of Florida, which you can observe while wandering through the romantic wooded paths. You can get up close and personal with Sea Turtles and even watch the staff feed the sharks! If you want to tour an art gallery too, the Boca Raton Museum of Art is a great choice, or the Morikami Museum, which highlights the history of the Japanese settlers in Florida. On weekends at the Morikami, you can witness an actual Japanese tea ceremony. The Morikami has a great outdoor garden area and koi ponds where you can stroll by and enjoy the peaceful ambience. Continue the Japanese theme thru dinner and check out the sushi at Kyoto Restaurant in Delray Beach or if you are in the mood for seafood try City Oyster on Atlantic Avenue in Delray Beach. Say goodbye to the sunshine and head to the airport!

# Day 1

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# Day 2 - Palm Beach



## QUICK NOTE

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### contact:

tel: 1 561 832 0304  
fax: +1 561 832 6502  
[http://national.citysearch.com/profile/2639855/palm\\_beach](http://national.citysearch.com/profile/2639855/palm_beach)

## 1 Green's Pharmacy

**DESCRIPTION:** This Palm Beach pharmacy is the locals' best kept secret. Green's offers the cheapest eats in all of Palm Beach. The restaurant is actually resembles an old-fashioned diner

[\\_fl/green\\_s\\_pharmacy\\_of\\_palm\\_beach.html](#)

with its long formica counter and its down-to-earth ambiance. It is always crowded and the two egg breakfast special with home fries, toast and coffee for just a few bucks is just one reason why.

**location:**

151 N County Rd.  
Palm Beach FL 33480

**hours:**

7am-4pm Mon-Sat; 7am-3pm  
Sun

**contact:**

tel: +1 561 655 2833  
fax: +1 561 655 2826  
<http://www.flagler.org/>

**location:**

1 Whitehall Way  
Palm Beach FL 33480

**hours:**

Su Noon-5p; Tu-Sa 10a-5p

**2 Henry Morrison Flagler Museum**

**DESCRIPTION:** It would be difficult to be in Palm Beach for long without learning about Henry Flagler (1830-1913). The prominent historical figure was the mind behind the construction of the railroad that ran from Jacksonville to the Keys. Opened to the public in 1960, Flagler's 1902 Guided Age estate, Whitehall, is now the extraordinary Flagler Museum. At Whitehall, which was once described by the New York Herald as "the Taj Mahal of North America," visitors can see the home and many artifacts on display. © wcities.com



Photo courtesy of Henry Morrison Flagler Museum

**contact:**

tel: 1 555 655 5277  
[http://national.citysearch.com/profile/2639818/palm\\_beach\\_fl/hamburger\\_heaven.html](http://national.citysearch.com/profile/2639818/palm_beach_fl/hamburger_heaven.html)

**location:**

314 South Country Road  
Palm Beach FL 33480

**3 Hamburger Heaven**

**DESCRIPTION:** Although this restaurant does not exactly serve traditional Palm Beach cuisine, it has still held a spot of honor in the hearts of many locals and travelers since it opened in 1945. Known for serving the best hamburgers in the area, offering many choices of toppings, its name is well deserved. It also serves a variety of sandwiches, salads and pastries, and its daily specials include soups and quiches. © wcities.com



citysearch

**MY NOTE:** Get there a little early or a little late to avoid the lunch rush.

**contact:**

tel: 1 561 655 4020  
fax: 1 561 659 6619  
<http://www.cafeleurope.com/>

**location:**

331 South County Road  
Palm Beach FL 33480

**hours:**

Tu to Sa from 11:30 AM to 03:00 PM, Tu to Sa from 06:00 PM to 11:00 PM, Su to Mo from 06:00 PM to 11:00 PM

**4 Cafe L'Europe**

**DESCRIPTION:** One of Palm Beach's finest and most popular spots, this award-winning, romantic, and formal restaurant gives you a good reason to get dressed up. The enticing appetizers served by a superb staff might include Chinese spring rolls, baked-goat-cheese salad with raspberry-walnut dressing, poached salmon, or chilled gazpacho with avocado. Main courses run the gamut from sautéed potato-crust Florida snapper to roasted rack of lamb. Seafood dishes and steaks in sumptuous but light sauces are always exceptional. © Frommer's



Photo courtesy of Cafe L'Europe

**MY NOTE:** Make a reservation to get into this hot lunch spot.

**contact:**

tel: +1 561 653 6656 / +1 888 273 2537 (Spa Reservations)  
fax: +1 561 659 8403 (Hotel)  
[http://www.thebreakers.com/the\\_spa\\_at\\_the\\_breakers/](http://www.thebreakers.com/the_spa_at_the_breakers/)

**location:**

1 South County Road  
Palm Beach FL 33480

**5 Spa at The Breakers (The)**

**DESCRIPTION:** If you've made reservations at The Breakers at picturesque Palm Beach, a trip to the spa is a must. You have a lot to choose from—17 treatment rooms, eight salons, and a huge waterfront fitness center. Gaze far into the horizon of the Atlantic Ocean as you slip into the outdoor lap pool or the whirlpool spa. If you've had your fill of the hydro treatment, sashay on to the inner sanctuary, where massages, scrubs, baths and wraps await your tired muscles. Too tubby around the mid-section? Avail of the Tai Chi and yoga lessons that might incite you to take up a regular regimen. Fruit, flower and herbal beauty remedies abound here, as do a smorgasbord of stress-relieving procedures. © wcities.com



photo courtesy of Spa at The Breakers (The)

**contact:**

tel: 1 561 659 8471  
[www.thebreakers.com](http://www.thebreakers.com)

**location:**

2 South County Rd  
Palm Beach FL 33480

**hours:**

11:30a-3p and 6p-10p daily

**6 The Flagler Steakhouse**

**DESCRIPTION:** Part of The Breakers Hotel, The Flagler Steakhouse is a premier steakhouse in Palm Beach featuring the finest USDA prime grade steaks and chops available, and seafood of exceptional quality in a traditional steakhouse atmosphere. It is located on the second floor of The Breakers Ocean Golf and Tennis Clubhouse and the decor is casual with just enough Palm Beach elegance to make the dining experience feel special. Watch the sunset over the golf course from the outdoor terrace seating, or dine inside and enjoy the rich interior.



citysearch

**contact:**

tel: 1 561 655 6060  
fax: 1 561 655 5060  
<http://www.danielnyc.com/>

**location:**

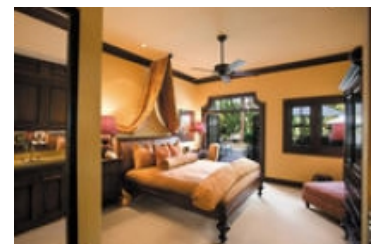
301 Australian Avenue  
Palm Beach FL 33480

**hours:**

Daily 9am-10pm

**7 Café Boulud Palm Beach**

**DESCRIPTION:** Snowbird socialites rejoiced over the opening of star chef Daniel Boulud's eponymous restaurant in the Brazilian Court hotel. Nonsocialites said, "Figures, another restaurant where we can't afford even a bread crumb." If you're out to splurge, Boulud is ideal, with an exquisite menu divided into four sections -- La Tradition (French and American classics), La Saison (seasonal dishes), Le Potager (dishes inspired by the vegetable market), and Le Voyage (world cuisine). The roasted barramundi with squash, pomegranate, and brown butter is superb. There's also a light menu offering salads, sandwiches, and even a cheeseburger if you prefer -- try the chick pea fries with piquillo pepper ketchup. If star chefs, stuffy socialites, and froufrou cuisine aren't your thing, don't even bother. © Frommer's



Cafe Boulud Palm Beach

# Day 3

**DAY NOTE:** Start your day with the best Sunday Brunch in town at The Sundry House. Or if you just want a regular breakfast, The Green Owl on Atlantic Avenue is the best place in town for cheap eats (breakfast or lunch). For your last day, head south on A1A to Boca Raton. Enjoy the panoramic ocean views and the magnificent homes on the drive. The Gumbo Limbo Nature Center is an excellent opportunity to learn about the native flora and fauna of Florida, which you can observe while wandering through the romantic wooded paths. You can get up close and personal with Sea Turtles and even watch the staff feed the sharks! If you want to tour an art gallery too, the Boca Raton Museum of Art is a great choice, or the Morikami Museum, which highlights the history of the Japanese settlers in Florida. On weekends at the Morikami, you can witness an actual Japanese tea ceremony. The Morikami has a great outdoor garden area and koi ponds where you can stroll by and enjoy the peaceful ambience. Continue the Japanese theme thru dinner and check out the sushi at Kyoto Restaurant in Delray Beach or if you are in the mood for seafood try City Oyster on Atlantic Avenue in Delray Beach. Say goodbye to the sunshine and head to the airport!

# My List

**contact:**

tel: +1 561 655-6611  
fax: +1 561 659 8403  
www.thebreakers.com

**location:**

One South County Road  
Palm Beach FL 33480

## 1 The Breakers

**DESCRIPTION:** A recipient of the prestigious AAA Five Diamond award, The Breakers sits on 140 oceanfront acres in the heart of Palm Beach and boasts two 18-hole golf courses, seven restaurants, four swimming pools, a kids camp, a full service spa and a dedicated staff of 2,300. Originally opened in 1896, The Breakers is listed on the National Register of Historic Places, and has invested over \$250 million since 1990 in revitalizing and expanding the services of the resort, all while maintaining an air of casual sophistication and luxury. © wcities.com



Hotels.com

**MY NOTE:** If you choose to stay here, visit during the off-season (May-Oct) to avoid the crowds (and elevated rates) at this popular hotel.

**contact:**

tel: 561 655 6611 (Resort)  
fax: 561 659 8403 (Resort)  
[http://www.thebreakers.com/restaurants\\_lounges/the\\_tapestry\\_bar/](http://www.thebreakers.com/restaurants_lounges/the_tapestry_bar/)

**location:**

1 South County Road  
Palm Beach FL 33480

**hours:**

Daily 5p-midnight

## 2 Tapestry Bar

**DESCRIPTION:** The Tapestry bar exudes elegance. Antique mirrors reflecting the shimmering chandeliers, mahogany seating and of course 15th Century tapestries. The mahogany bar at one end is the perfect place to nurse a drink. The Tapestry Bar's exotic cocktails and their extensive wine list will suffice while entertaining company. And if you find yourself in a mood to be by yourself, the live jazz may just provide better companionship. © wcities.com



Tapestry Bar

**contact:**

tel: 1 561 659 8488  
www.thebreakers.com

**location:**

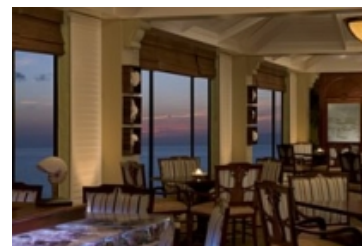
1 South County Road  
Palm Beach FL 33480

**hours:**

11a-1a daily; food served until midnight

## 3 The Seafood Bar

**DESCRIPTION:** You can't dine any closer to the Atlantic Ocean in Palm Beach than at The Seafood Bar at The Breakers Hotel. The vaulted open-beam ceilings and the floor to ceiling windows create a light, inviting atmosphere for dining or just sitting back and watching the mesmerizing waves crash over cocktails. The restaurant offers a daily catch of 10-15 of the freshest seasonal fish and seafood from the four corners of the US. The raw bar features oysters, Jumbo Shrimp cocktail, Alaskan King Crab legs, and Middleneck clams. The crab cakes are a frequently requested specialty.



The Seafood Bar

**contact:**

tel: 1 561 659 8480  
fax: 1 561 659 8403  
[http://www.thebreakers.com/restaurants\\_lounges/l\\_escalier/](http://www.thebreakers.com/restaurants_lounges/l_escalier/)

**location:**

1 South County Road  
Palm Beach FL 33480

**hours:**

Tu to Sa from 06:30 PM to 09:30 PM

**4 L'Escalier**

**DESCRIPTION:** Formerly known as the Florentine Dining Room, this is the signature dining room of the world-renowned The Breakers and one of the priciest restaurants in Palm Beach. It is also consistently rated as one of the best. A contemporary French menu boasts of award-winning fare like Roasted Rack of Lamb and Crème Brulee. An impressive wine selection includes 5,700 different bottles of 500 varieties. The restaurant's décor resembles an old world Mediterranean castle. No expense or effort is spared in maintaining its superb rating. © wcities.com



Photo courtesy of L'Escalier

**contact:**

tel: 1 561 802 4222  
[www.echopalmbeach.com](http://www.echopalmbeach.com)

**location:**

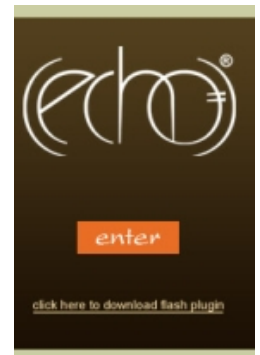
230A Sunrise Ave.  
Palm Beach FL 33480

**hours:**

5:30p-9:30p Tue-Thu and Sun; 5:30p-10p Fri-Sat

**5 Echo**

**DESCRIPTION:** This hip Asian restaurant covers the globe with a menu featuring the tastes of China, Thailand, Japan and Vietnam. The theater-style sushi bar is a big hit along with their impressive sake menu. The décor is smooth and sophisticated and you are sure to find something to impress even the toughest food critic.



Echo

**contact:**

tel: 1 561 659 1440  
[www.grottorestaurants.com](http://www.grottorestaurants.com)

**location:**

207 Royal Poinciana Way  
Palm Beach FL 33480

**hours:**

11:30am-10:00pm Tue-Sat;  
11:30am-9:00pm Sun; Closed Monday

**6 Grotto**

**DESCRIPTION:** This recent addition to Palm Beach is no stranger to the restaurant business. It is part of the Landry's Restaurant chain from Texas and it has quickly become a popular destination. Outdoor seating is available and the Italian fare and brick oven pizzas are a crowd pleaser. The Neapolitan inspired menu also offers an authentic Antipasto Bar . The waiter will escort you there, where you can choose from deli meats, cheeses, olives, etc. Appetizer portions are large enough for sharing and the waitstaff is eager to please.



Grotto

# Palm Beach Snapshot

## Local Info

Palm Beach...the mind visualizes swaying palms in warm ocean breezes, luxurious hotels, elite shopping, superb dining, magnificent estates, elegant social gatherings and Hollywood celebrities. You are cordially invited to join the fun!

Rich in pioneering history, inundated with great wealth, and steeped in Hollywood-style glamour, Palm Beach draws curious visitors and new residents alike. The name is recognized the world over as a

destination for wealthy vacationers, royalty, and celebrities.

The County of Palm Beach has 38 incorporated municipalities with several that are historic neighbors to the city of Palm Beach, the heart of the county. From October to May, Palm Beach comes to life with seasonal visitors escaping unpleasant northern winters.

Located on 47 acres between the Intracoastal Waterway and the Atlantic Ocean, Palm Beach is separated from the

mainland by three bridges and extends south to Lake Worth.

In addition to having excellent cultural events throughout the year, Palm Beach County also has the largest number of golf courses in the United States: 147. Everywhere you look, you'll find courses designed by prestigious trophy winners such as Arnold Palmer.

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