



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Lana_aka_BADGRL

Palm Beach Family Fun Week

Palm Beach, 6 Days

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Guide Description



AUTHOR NOTE: Explore great beaches, museums and parks with the kids in Palm Beach County. Go first class and stay at The Breakers resort in Palm Beach and you may decide to never leave (in which case you might not need to rent a car). Or you can rent a car and stay at a more budget-conscious hotel and pick your own destinations for food, entertainment and fun. Or just pick and choose what you like from the list and create your own perfect "NileGuide".

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Palm Beach

DAY NOTE: A week in South Florida can get very expensive. Lodging will definitely be your biggest expense. Here are three great lodging options. If you want to go first class and stay in Palm Beach, The Breakers is the way to go. It has an amazing beachfront, seven restaurants, retail shops, daily kids camp, and a spa and fitness center. It is set in a historical building overlooking the Atlantic Ocean. Rooms here will run \$250-\$2500 night depending on the room and the time of year you visit. If you are looking for a nice, but more economical hotel, I would recommend two nice places in Delray Beach, about 30 minutes south of Palm Beach. Delray Beach is a quaint little beach town and is more casual and family-friendly than the posh and exclusive Palm Beach. Crane's Beach House is a charming little (27 unit) two story family-run hotel. It is a few blocks from the beach, but really has a homey feel to it. If you like chain hotels better, the Residence Inn in Delray Beach is a good bet and includes free breakfast every morning. It is also just a few blocks from the beach. On day one, check in to your hotel and get settled in. Here are two dining options for dinner. Flagler Steakhouse is an upscale steakhouse overlooking The Breakers golf course in Palm Beach and Rosalita's is one of the best authentic Mexican food places in Palm Beach county and it is on the way south towards Delray Beach, just a few miles off of I-95S. Both are great choices for dinner.



The Flagler Steakhouse
Steakhouse on the golf course



The Breakers
Golf courses, swimming pool and a spa

Day 2 - Palm Beach

DAY NOTE: A day in West Palm Beach- Start with a quick and cheap breakfast at Palm Beach's most famous diner, Green's Pharmacy. This no-frills diner serves up the cheapest eats on the Island with meals under \$5! Then head to the Henry Morrison Flagler Museum to see the house where Henry Flagler lived during the famous Gilded Age. The kids would get a thrill out of the Diva Duck tour or a Palm Beach Water Taxi tour of the area and the intracoastal to learn a little bit of history on the area. If the temperatures are sweltering let the kids take a dip at the Centennial Square Fountains and then walk around Clematis Street and City Place, taking in the stores and stopping for lunch in one of the many eateries in this outdoor mall. If you are visiting during the Holidays, and you are in the mood for a sweet treat, stop in at Hoffman's for some chocolate, a real crowd-pleaser. The property is decorated with a "Santa's Village" and the kids can watch the chocolates being made thru a glass window.

For dinner head back to City Place to try Mark's City Place or Bellagio. If you are staying in Delray and want to head someplace nice for dinner, go to Mizner park in downtown Boca Raton to Max's Grille, or if you want something extra casual, try Pizza Rustica on Atlantic Avenue right outside the Residence Inn. It has every kind of pizza you can imagine and you can even order take out and have it by your hotel pool!



Green's Pharmacy
Diner dining in Palm Beach



Henry Morrison Flagler Museum
Guided Age estate and museum



Hoffman's Chocolate Factory
Headquarters of Hoffman's Chocolatier



Max's Grille - Boca Raton
Modern American bistro



The Breakers
Golf courses, swimming pool and a spa

Day 3 - Palm Beach

DAY NOTE: For a tasty and reasonably priced lunch, try Hamburger Heaven in Palm Beach or Cafe Lunna Rosa, right on the Ocean, in Delray Beach. Spend the day at the beach in Delray Beach, or if you are in Palm Beach, you can spend it at The Breakers or at the public beach, Mid-Town Beach. If you are not up for the beach, check out Lion Country Safari. It is a long drive west so be prepared. After a long day, have dinner in Delray at City Oyster on Atlantic Ave. or in Palm Beach at the Palm Beach Grill just a few blocks from The Breakers.



Hamburger Heaven
Gourmet Hamburgers



Lion Country Safari
Wild animals galore



The Breakers
Golf courses, swimming pool and a spa

Day 4 - Palm Beach

Itinerary Overview

things to do
restaurants
hotels
nightlife

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Grotto

A great addition to Palm Beach



The Breakers

Golf courses, swimming pool and a spa



The Breakers

Golf courses, swimming pool and a spa

Day 6

DAY NOTE: If you have time on this last day, have lunch at City Cellar in City Place in West Palm Beach, or if you want to try something extra casual, try Too Jay's deli in Palm Beach; then check out the Palm Beach Zoo or the South Florida Science Museum. The Palm Beach Zoo is very walkable and is a smaller-sized zoo with a lot of smaller animals, but it is still a lot of fun. If you have a full day, you might want to head north to the John D. Macarthur State Park in North Palm Beach. Entrance fee is \$4 per car. There are several nature walks and educational opportunities there as well. You may want to pack a lunch and take advantage of their fabulous picnic site. Soak up the sun and enjoy your last day in South Florida! After a long day, if you still have time for dinner, try Rosa Mexicano in Palm Beach Gardens before you head to the airport.

Day 5 - Palm Beach

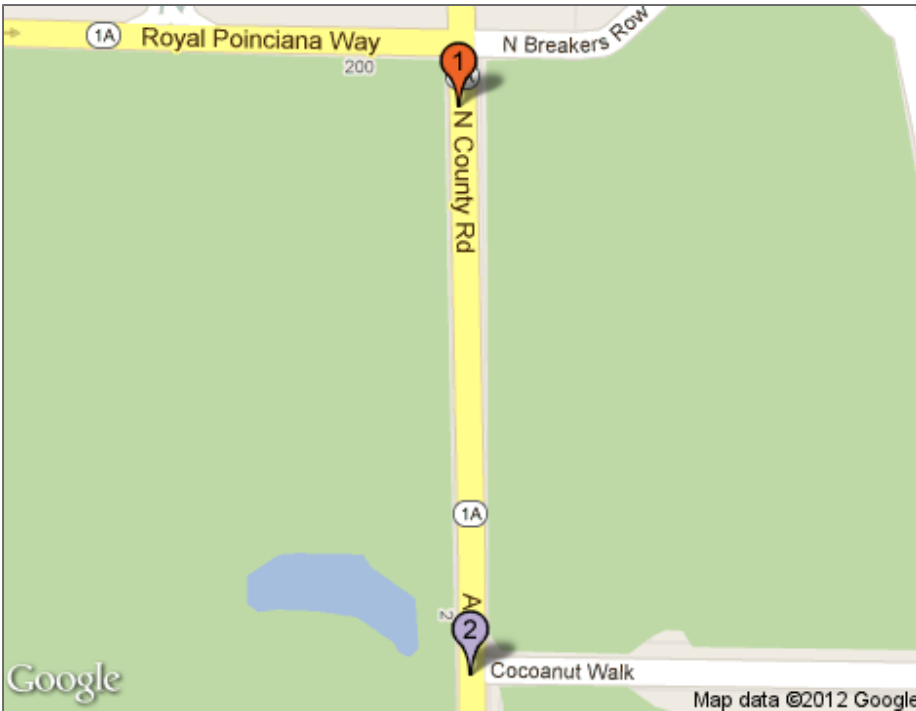
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Green's Pharmacy

Diner dining in Palm Beach

Day 1 - Palm Beach



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contact:

tel: 1 561 659 8471
www.thebreakers.com

location:

2 South County Rd
Palm Beach FL 33480

hours:

11:30a-3p and 6p-10p daily

1 The Flagler Steakhouse

DESCRIPTION: Part of The Breakers Hotel, The Flagler Steakhouse is a premier steakhouse in Palm Beach featuring the finest USDA prime grade steaks and chops available, and seafood of exceptional quality in a traditional steakhouse atmosphere. It is located on the second floor of The Breakers Ocean Golf and Tennis Clubhouse and the decor is casual with just enough Palm Beach elegance to make the dining experience feel special. Watch the sunset over the golf course from the outdoor terrace seating, or dine inside and enjoy the rich interior.



citysearch

contact:

tel: +1 561 655-6611
fax: +1 561 659 8403
www.thebreakers.com

location:

One South County Road
Palm Beach FL 33480

2 The Breakers

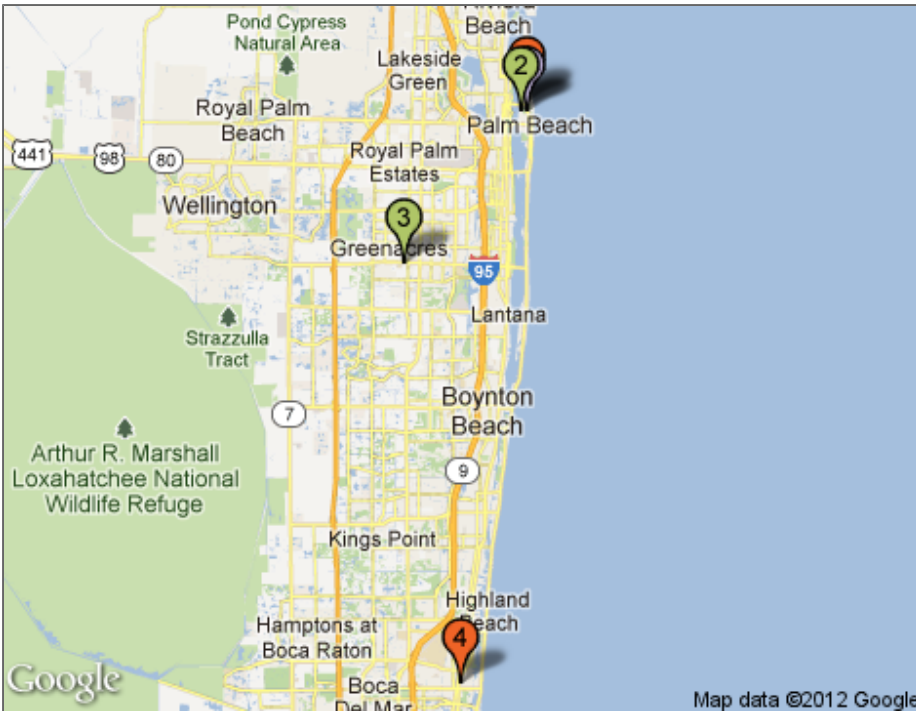
DESCRIPTION: A recipient of the prestigious AAA Five Diamond award, The Breakers sits on 140 oceanfront acres in the heart of Palm Beach and boasts two 18-hole golf courses, seven restaurants, four swimming pools, a kids camp, a full service spa and a dedicated staff of 2,300. Originally opened in 1896, The Breakers is listed on the National Register of Historic Places, and has invested over \$250 million since 1990 in revitalizing and expanding the services of the resort, all while maintaining an air of casual sophistication and luxury. © wcities.com

MY NOTE: The lap of luxury. Voted by Child Magazine as one of the Top 10 Family Resorts in America. The Breakers does not allow outside food or drink at the beachfront area.



Hotels.com

Day 2 - Palm Beach



QUICK NOTE

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contact:

tel: 1 561 832 0304
fax: +1 561 832 6502
http://national.citysearch.com/profile/2639855/palm_beach_fl/green_s_pharmacy_of_palm_beach.html

location:

151 N County Rd.
Palm Beach FL 33480

hours:

1 Green's Pharmacy

DESCRIPTION: This Palm Beach pharmacy is the locals' best kept secret. Green's offers the cheapest eats in all of Palm Beach. The restaurant is actually resembles an old-fashioned diner with its long formica counter and its down-to-earth ambiance. It is always crowded and the two egg breakfast special with home fries, toast and coffee for just a few bucks is just one reason why.

7am-4pm Mon-Sat; 7am-3pm
Sun

contact:
tel: +1 561 655 2833
fax: +1 561 655 2826
<http://www.flagler.org/>

location:
1 Whitehall Way
Palm Beach FL 33480

hours:
Su Noon-5p; Tu-Sa 10a-5p

2 Henry Morrison Flagler Museum

DESCRIPTION: It would be difficult to be in Palm Beach for long without learning about Henry Flagler (1830-1913). The prominent historical figure was the mind behind the construction of the railroad that ran from Jacksonville to the Keys. Opened to the public in 1960, Flagler's 1902 Guided Age estate, Whitehall, is now the extraordinary Flagler Museum. At Whitehall, which was once described by the New York Herald as "the Taj Mahal of North America," visitors can see the home and many artifacts on display. © wcities.com



Photo courtesy of Henry Morrison Flagler Museum

contact:
tel: +1 561 433 4438
fax: +1 561 281 8800
<http://www.hoffmans.com/>

location:
5190 Lake Worth Rd
Greenacres FL 33463

3 Hoffman's Chocolate Factory

DESCRIPTION: Chocolate lovers beware. Hoffman's company headquarters is right on Lake Worth Road, and it smells good! This factory delivers goods to five smaller shops in the county, including one in the Palm Beach International Airport. Visit the facility to watch the candies being made and shop from the unique gift shop. During the winter holidays, Hoffman's really shines, with a guided light show that the locals make a point to view every year. © wcities.com



photo courtesy of Hoffman's Chocolate Factory

contact:
tel: 1 561 368-0080
www.maxsgrille.com

location:
404 Plaza Real #156
Boca Raton FL 33432

4 Max's Grille - Boca Raton

DESCRIPTION: Max's Grille defines the modern American bistro experience. From the cuisine, an extraordinary wine list and exceptional service, Max's is the place to be if your truly passionate about great food. Their mission is to make your dining experience not only pleasurable, but unlike any other.



Max's Grille - Boca Raton

contact:
tel: +1 561 655-6611
fax: +1 561 659 8403
www.thebreakers.com

location:
One South County Road
Palm Beach FL 33480

5 The Breakers

DESCRIPTION: A recipient of the prestigious AAA Five Diamond award, The Breakers sits on 140 oceanfront acres in the heart of Palm Beach and boasts two 18-hole golf courses, seven restaurants, four swimming pools, a kids camp, a full service spa and a dedicated staff of 2,300. Originally opened in 1896, The Breakers is listed on the National Register of Historic Places, and has invested over \$250 million since 1990 in revitalizing and expanding the services of the resort, all while maintaining an air of casual sophistication and luxury. © wcities.com



Hotels.com

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Day 3 - Palm Beach



QUICK NOTE

DAY NOTE: For a tasty and reasonably priced lunch, try Hamburger Heaven in Palm Beach or Cafe Lunna Rosa, right on the Ocean, in Delray Beach. Spend the day at the beach in Delray Beach, or if you are in Palm Beach, you can spend it at The Breakers or at the public beach, Mid-Town Beach. If you are not up for the beach, check out Lion Country Safari. It is a long drive west so be prepared. After a long day, have dinner in Delray at City Oyster on Atlantic Ave. or in Palm Beach at the Palm Beach Grill just a few blocks from The Breakers.

contact:

tel: 1 555 655 5277
http://national.citysearch.com/profile/2639818/palm_beach_fl/hamburger_heaven.html

location:

314 South Country Road
Palm Beach FL 33480

1 Hamburger Heaven

DESCRIPTION: Although this restaurant does not exactly serve traditional Palm Beach cuisine, it has still held a spot of honor in the hearts of many locals and travelers since it opened in 1945. Known for serving the best hamburgers in the area, offering many choices of toppings, its name is well deserved. It also serves a variety of sandwiches, salads and pastries, and its daily specials include soups and quiches. © wcities.com



citysearch

contact:

tel: +1 561 793 1084
<http://www.lioncountrysafari.com/>

location:

2003 Lion Country Safari Rd
Loxahatchee FL 33470

2 Lion Country Safari

DESCRIPTION: Exciting drive-through safari, cool walk-through park. It's two parks for the price of one. Lion Country Safari includes a 4-mile drive-through safari with a thousand animals of a hundred different species roaming free and a tree-canopied walk-through park. Popular attractions include the Animal Theater, petting zoo, nature walk, aviaries and Lory bird feeding exhibit, boat tour, paddle boats, carousel, miniature



Photo courtesy of Lion Country Safari

golf, restaurant, gift shops, and a picnic area. Birthday parties and groups welcomed. © wcities.com

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tel: +1 561 655-6611
fax: +1 561 659 8403
www.thebreakers.com

location:

One South County Road
Palm Beach FL 33480

3 The Breakers

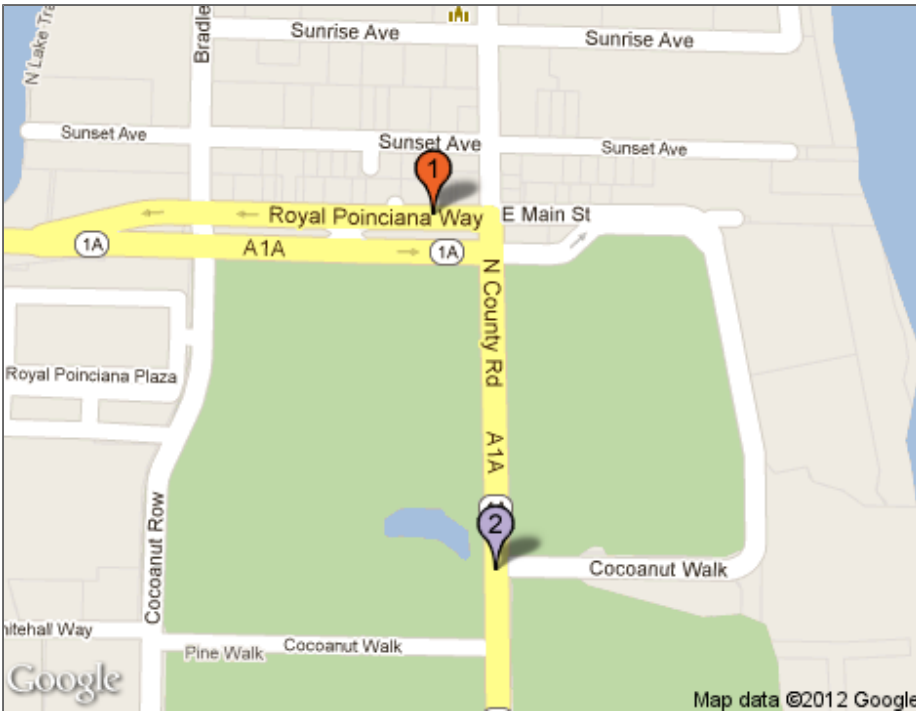
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Day 4 - Palm Beach



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contact:
tel: 1 561 659 1440
www.grottorestaurants.com

location:
207 Royal Poinciana Way
Palm Beach FL 33480

hours:
11:30am-10:00pm Tue-Sat;
11:30am-9:00pm Sun; Closed
Monday

1 Grotto

DESCRIPTION: This recent addition to Palm Beach is no stranger to the restaurant business. It is part of the Landry's Restaurant chain from Texas and it has quickly become a popular destination. Outdoor seating is available and the Italian fare and brick oven pizzas are a crowd pleaser. The Neapolitan inspired menu also offers an authentic Antipasto Bar . The waiter will escort you there, where you can choose from deli meats, cheeses, olives, etc. Appetizer portions are large enough for sharing and the waitstaff is eager to please.



Grotto

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2 The Breakers

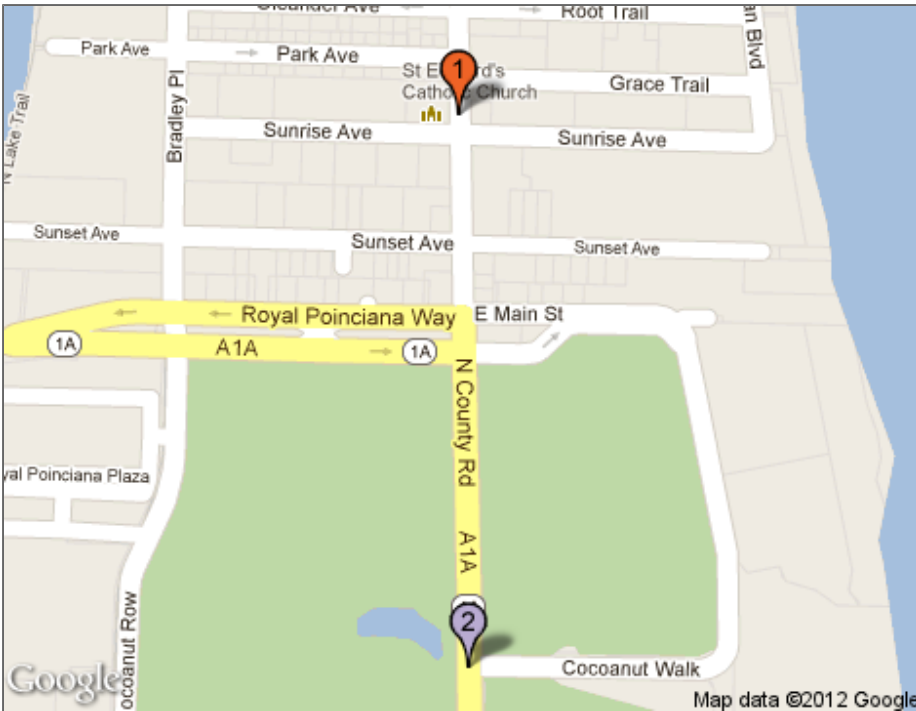
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Hotels.com

Day 5 - Palm Beach



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Hotels.com

Day 6

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Palm Beach Snapshot

Local Info

Palm Beach...the mind visualizes swaying palms in warm ocean breezes, luxurious hotels, elite shopping, superb dining, magnificent estates, elegant social gatherings and Hollywood celebrities. You are cordially invited to join the fun!

Rich in pioneering history, inundated with great wealth, and steeped in Hollywood-style glamour, Palm Beach draws curious visitors and new residents alike. The name is recognized the world over as a

destination for wealthy vacationers, royalty, and celebrities.

The County of Palm Beach has 38 incorporated municipalities with several that are historic neighbors to the city of Palm Beach, the heart of the county. From October to May, Palm Beach comes to life with seasonal visitors escaping unpleasant northern winters.

Located on 47 acres between the Intracoastal Waterway and the Atlantic Ocean, Palm Beach is separated from the

mainland by three bridges and extends south to Lake Worth.

In addition to having excellent cultural events throughout the year, Palm Beach County also has the largest number of golf courses in the United States: 147. Everywhere you look, you'll find courses designed by prestigious trophy winners such as Arnold Palmer.

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