



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Lana_aka_BADGRL

Palm Beach Golf Weekend

Palm Beach, Jupiter, 4 Days

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Guide Description



AUTHOR NOTE: This three night, three day stay in Palm Beach Gardens is a perfect golf getaway. Stay at the PGA Resort and Spa and enjoy some challenging golf and beautiful scenery. Visit in the high season (November-March) to get away from those wintry temperatures, but be prepared to pay the premium for a high-season stay. Spring and Summer-time is bargain-time in south Florida, so keep that in mind when planning your trip!

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Palm Beach

DAY NOTE: Get ready for a golfer's paradise. PGA National Resort has five championship golf courses designed by top names like Arnold Palmer, Jack Nicklaus and Walter Hagen, and is the host of the Honda Classic every year. The resort has a wonderful spa as well. Go in the off-season between May 26th and Sep 30th for the best rates and golf deals. This trip is based on the "Guys Buddy Trip Golf Package" that the PGA Resort offers. It is a great package and includes 3 rounds of golf, cart, caddy and fees, and 3 night stay for \$999 between April 7-May 25th or \$445 after May 26th. Resort fees are not included. Try to fit in 18 holes the first day if you can, and don't forget to wear your sunscreen! The sun down here is brutal and you don't want to look like a lobster for the whole weekend! For dinner head east on PGA Blvd. to "Downtown at the Gardens" the new outdoor shopping and dining area. There you can find several dining options. If you are in the mood for Mexican food, try Rosa Mexicano. If you want something close by and a bit more upscale, try Zia, in the Embassy Suites Hotel on PGA Blvd. If you want to venture out and see a little bit of the surrounding area, specifically the ritzy and posh Palm Beach Island, you can head to there and really splurge on a first-class meal at Cafe Boulud or Bice (pronounced Bee-chay). After dinner in Palm Beach, head to Cucina dell'Arte a little bar on Royal Poinciana Way for some drinks and people-watching. If you are looking for some night-life in the Palm Beach Gardens area, the "Downtown at the Gardens" area has a great sports bar called the "Yard House" or you can try a wine bar there, called "The Grape". Enjoy!



Bice - Palm Beach
Homemade pasta!



Café Boulud Palm Beach
World Cuisine, French Style

Day 2 - Jupiter

DAY NOTE: I would suggest starting this day early with an early tee time, so that you can head to the beach and at least get a glimpse of the beautiful coastline southeast Florida has to offer, in the afternoon. Try any of the five beautiful courses, then head to John D. Macarthur Beach State Park. Just take PGA Bvd all the way east until you can't go any further. You will run right into it. The park is 325 acres with 2 miles of beachfront and offers nature-walks, kayaking, and if you go in the evenings in June and July, sea turtle nesting! You may be lucky enough to witness the sea turtles coming onto land to dig their nests on the beach and lay their eggs! After the beach, head back to the hotel to change and freshen up, then it's off to dinner. For the health-conscious diner, try Seasons 52, located on the Intracoastal waterway, with

great water views. I love this place because every entree on their menu is under 475 calories and prepared in a healthy way. They also have an amazing selection of wines by the glass, so I like to sample new wines whenever I go there. If you want something heartier, The Strip House at Downtown at the Gardens is also a great option, or for something casual, Abbey Road Grill and Sports Bar is not far, right off PGA Blvd and Military Trail. If you are visiting during late Feb. or March, you can catch the St. Louis Cardinals in a spring training game at Roger Dean Stadium in Jupiter, FL, just north of Palm Beach Gardens. After dinner, if you want to head somewhere for drinks, the Waterway Cafe in Palm Beach Gardens is a great option, or The Square Grouper in Jupiter is another popular place. Both are on the water and have a very casual atmosphere. Stay hydrated, one more day of golf tomorrow!



Roger Dean Stadium
Stadium of Cardinals

Day 3

DAY NOTE: Last full day of golf. Start with a morning treat like a massage or facial at the PGA Resort's fabulous spa. Then have an Italian lunch at Vic and Angelo's located on PGA Blvd just before Military Trail. Play one more round of golf, maybe The Champion if you are really ready for the challenge. By the end of this third day, you will be pretty beat. Take in a movie at the Cobb Theaters in Downtown at the Gardens, or Sunday evening might be a good night for a drive along A1A, checking out the magnificent mansions and estates and enjoying the scenery. If you do decide to take a scenic drive south, head south on I-95 and exit on Okeechobee. Head east and stop for dinner at E.R. Bradley's Saloon, on the Intracoastal Waterway, or you can continue east over the bridge to Palm Beach and turn right on A1A, heading south about 30 minutes to Delray Beach. Once you get there, you can eat at Cafe Luna Rosa or Boston's on the Beach (head to the second floor which overlooks the ocean). Both places offer a great ocean view and a vibrant atmosphere. If you have time to go for drinks somewhere else in Delray, I recommend Bull Bar, Blue Anchor, or DaDa. To get back to Palm Beach Gardens, head west on Atlantic Avenue in Delray Beach to I-95 and take I-95N to the Palm Beach Gardens exit. I hope you had a great trip!

Day 4

DAY NOTE: Fly out this morning! I hope you enjoyed your visit to sunny South Florida!

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Palm Beach



QUICK NOTE

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contact:

tel: 1 561 835-1600
<http://www.bicepalmbeach.com>

location:

313 Worth Ave
Palm Beach FL 33480

hours:

Daily noon-10pm

1 Bice - Palm Beach

DESCRIPTION: Bice's cuisine far surpasses that of Amici's, but as far as atmosphere, the air in here is a bit haughty, bordering on rude. Servers and diners alike have attitudes, but you'll forget all that with one bite of the juicy veal cutlet with tomato salad or the pasta e fagioli (pasta with beans). © Frommer's



Bice - Palm Beach

contact:

tel: 1 561 655 6060
fax: 1 561 655 5060
<http://www.danielnyc.com/>

location:

301 Australian Avenue
Palm Beach FL 33480

hours:

Daily 9am-10pm

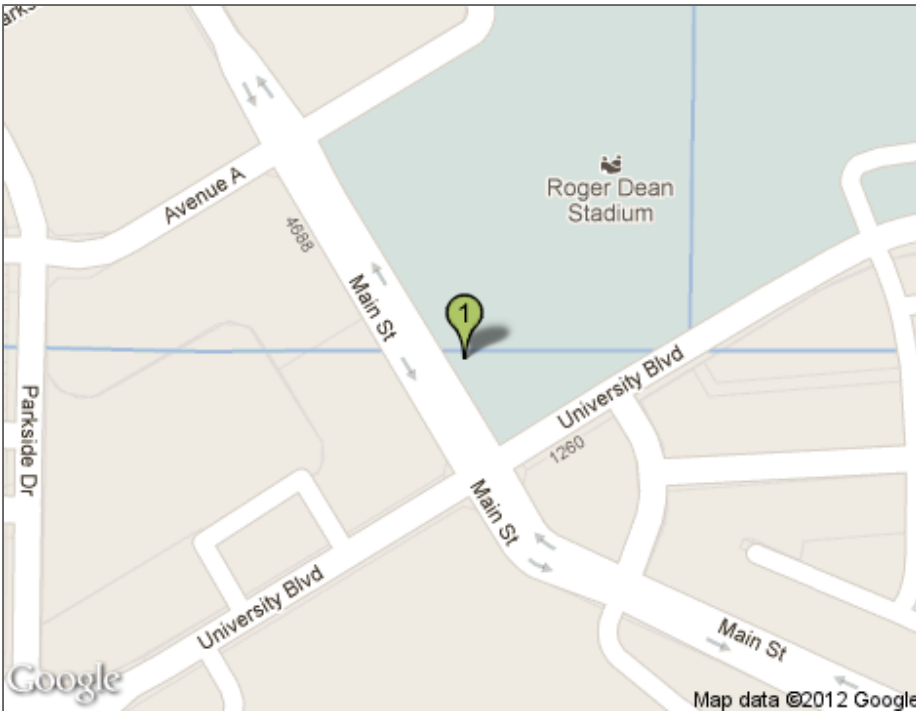
2 Café Boulud Palm Beach

DESCRIPTION: Snowbird socialites rejoiced over the opening of star chef Daniel Boulud's eponymous restaurant in the Brazilian Court hotel. Nonsocialites said, "Figures, another restaurant where we can't afford even a bread crumb." If you're out to splurge, Boulud is ideal, with an exquisite menu divided into four sections -- La Tradition (French and American classics), La Saison (seasonal dishes), Le Potager (dishes inspired by the vegetable market), and Le Voyage (world cuisine). The roasted barramundi with squash, pomegranate, and brown butter is superb. There's also a light menu offering salads, sandwiches, and even a cheeseburger if you prefer -- try the chick pea fries with piquillo pepper ketchup. If star chefs, stuffy socialites, and froufrou cuisine aren't your thing, don't even bother. © Frommer's



Cafe Boulud Palm Beach

Day 2 - Jupiter



QUICK NOTE

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contact:

tel: +1 561 775 1818

fax: +1 561 775 6886

<http://www.rogerdeanstadium.com/>

location:

4751 Main St
Jupiter FL 33458

hours:

1 Roger Dean Stadium

DESCRIPTION: If you are a Saint Louis Cardinals fan and you are in town during Spring Training, you will love the great views and uncrowded atmosphere of Roger Dean Stadium in Jupiter. During these games, the players often come out to meet the crowds, shake hands and sign autographs after a game. The areas class A minor league team, the Jupiter Hammerheads, also plays here. © wcities.com



See their website for event
times

Day 3

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Day 4

DAY NOTE: Fly out this morning! I hope you enjoyed your visit to sunny South Florida!

My List

contact:

tel: +1 561 655 2833
fax: +1 561 655 2826
<http://www.flagler.org/>

location:

1 Whitehall Way
Palm Beach FL 33480

hours:

Su Noon-5p; Tu-Sa 10a-5p

1 Henry Morrison Flagler Museum

DESCRIPTION: It would be difficult to be in Palm Beach for long without learning about Henry Flagler (1830-1913). The prominent historical figure was the mind behind the construction of the railroad that ran from Jacksonville to the Keys. Opened to the public in 1960, Flagler's 1902 Gilded Age estate, Whitehall, is now the extraordinary Flagler Museum. At Whitehall, which was once described by the New York Herald as "the Taj Mahal of North America," visitors can see the home and many artifacts on display. © wcities.com



Photo courtesy of Henry Morrison Flagler Museum

contact:

tel: 1 561 832 0304
fax: +1 561 832 6502
http://national.citysearch.com/profile/2639855/palm_beach_fl/green_s_pharmacy_of_palm_beach.html

location:

151 N County Rd.
Palm Beach FL 33480

hours:

7am-4pm Mon-Sat; 7am-3pm Sun

2 Green's Pharmacy

DESCRIPTION: This Palm Beach pharmacy is the locals' best kept secret. Green's offers the cheapest eats in all of Palm Beach. The restaurant is actually resembles an old-fashioned diner with its long formica counter and its down-to-earth ambiance. It is always crowded and the two egg breakfast special with home fries, toast and coffee for just a few bucks is just one reason why.

contact:

tel: 1 561 655 4020
fax: 1 561 659 6619
<http://www.cafeleurope.com/>

location:

331 South County Road
Palm Beach FL 33480

hours:

Tu to Sa from 11:30 AM to 03:00 PM, Tu to Sa from 06:00 PM to 11:00 PM, Su to Mo from 06:00 PM to 11:00 PM

3 Cafe L'Europe

DESCRIPTION: One of Palm Beach's finest and most popular spots, this award-winning, romantic, and formal restaurant gives you a good reason to get dressed up. The enticing appetizers served by a superb staff might include Chinese spring rolls, baked-goat-cheese salad with raspberry-walnut dressing, poached salmon, or chilled gazpacho with avocado. Main courses run the gamut from sautéed potato-crust Florida snapper to roasted rack of lamb. Seafood dishes and steaks in sumptuous but light sauces are always exceptional. © Frommer's



Photo courtesy of Cafe L'Europe

contact:

tel: 1 555 655 5277
http://national.citysearch.com/profile/2639818/palm_beach_fl/hamburger_heaven.html

location:

314 South Country Road
Palm Beach FL 33480

4 Hamburger Heaven

DESCRIPTION: Although this restaurant does not exactly serve traditional Palm Beach cuisine, it has still held a spot of honor in the hearts of many locals and travelers since it opened in 1945. Known for serving the best hamburgers in the area, offering many choices of toppings, its name is well deserved. It also serves a variety of sandwiches, salads and pastries, and its daily specials include soups and quiches. © wcities.com



citysearch

contact:

tel: 1 561 835 3500
fax: +1 561 835 4121
<http://www.taboorestaurant.com>

location:

221 Worth Ave
Palm Beach FL 33480

5 Taboo

DESCRIPTION: Taboo is a very popular spot for both lunch and dinner. This American bistro and bar's outdoor terrace dining area is highly coveted by Worth Avenue browsers. Inside, it is decorated in a cheerful, tropical motif of antique wood paneling and colorful ocean murals. At night, it doubles as a fun spot to stop for a drink and some dancing. Its menu is continental, serving mainly seafood dishes and steaks. It opens daily at 11:30a. © wcities.com

contact:

tel: 1 561 659 1440
www.grottorestaurants.com

location:

207 Royal Poinciana Way
Palm Beach FL 33480

hours:

11:30am-10:00pm Tue-Sat;
11:30am-9:00pm Sun; Closed
Monday

6 Grotto

DESCRIPTION: This recent addition to Palm Beach is no stranger to the restaurant business. It is part of the Landry's Restaurant chain from Texas and it has quickly become a popular destination. Outdoor seating is available and the Italian fare and brick oven pizzas are a crowd pleaser. The Neapolitan inspired menu also offers an authentic Antipasto Bar . The waiter will escort you there, where you can choose from deli meats, cheeses, olives, etc. Appetizer portions are large enough for sharing and the waitstaff is eager to please.



Grotto

Palm Beach Snapshot

Local Info

Palm Beach...the mind visualizes swaying palms in warm ocean breezes, luxurious hotels, elite shopping, superb dining, magnificent estates, elegant social gatherings and Hollywood celebrities. You are cordially invited to join the fun!

Rich in pioneering history, inundated with great wealth, and steeped in Hollywood-style glamour, Palm Beach draws curious visitors and new residents alike. The name is recognized the world over as a

destination for wealthy vacationers, royalty, and celebrities.

The County of Palm Beach has 38 incorporated municipalities with several that are historic neighbors to the city of Palm Beach, the heart of the county. From October to May, Palm Beach comes to life with seasonal visitors escaping unpleasant northern winters.

Located on 47 acres between the Intracoastal Waterway and the Atlantic Ocean, Palm Beach is separated from the

mainland by three bridges and extends south to Lake Worth.

In addition to having excellent cultural events throughout the year, Palm Beach County also has the largest number of golf courses in the United States: 147. Everywhere you look, you'll find courses designed by prestigious trophy winners such as Arnold Palmer.

© NileGuide

Jupiter Snapshot

Local Info

Jupiter and the surrounding beach communities are first-class destinations for fun in the sun, but they also boast a host of non-beach-related attractions sure to float your boat.

Jupiter

Make no bones about it, the first thing you'll want to do in Jupiter is hit the beach. Miles and miles of sand stretch all along the coast, but good places to start include Jupiter Beach Park, at the mouth of the Loxahatchee River. To experience the distinctive beauty of this mighty waterway, hop on a boat or spend an afternoon on the Riverwalk, an expertly landscaped pathway that snakes along the water, past marinas, yacht clubs, parks and dockside restaurants and watering holes like Jetty's and the world-famous Square Grouper.

Right across the river from the Grouper is the Jupiter Inlet Lighthouse, a towering reminder of the town's maritime heritage, celebrated by locals and tourists alike. Tour the lighthouse and picnic in the lush riverfront park in which it sits. For more on the history of this seaside community, attractions like The Last Galleon, a sunken ship, and the Dubois Pioneer Home, built atop an authentic Native American shellmound, are must-see spots.

Today, Jupiter is home to some of the most cherished big-league points of interest in all of South Florida. The Busch Wildlife Sanctuary, a combination veterinary hospital and educational facility, is beloved by kids of all ages from all over the world. Similarly huge crowds gather at Roger Dean Stadium, spring training home of the Florida Marlins and the St. Louis Cardinals. Join them and watch the "boys of summer" work themselves out of their wintertime funks. If there is one treasure in Jupiter to which every visitor must make a pilgrimage, surely that treasure is the Burt Reynolds & Friends Museum,

a comprehensive commemoration of the life and times of the mustachioed icon – and the iconic mustache itself. If the lines and admission fees of zoos, spectator sports and museums prove too daunting, put yourself in the center of your very own first-hand adventure. Take the plunge with Jupiter Dive Charters or Scuba Works. They'll gear you up for and ferry you out to one of the Jupiter coastline's many wreck diving sites. If you like hooking fish rather than just gawking at them, set out to sea as a contestant in the Jupiter Billfish Tournament, a three-day sportfishing extravaganza. And for an activity completely devoid of fish, enter yourself in Jupiter's annual Loggerhead Triathlon. After all that, hunger will surely strike. When it does, choose from high-energy beachfront eateries like Dune Dog, or off-beat local favorites like Little Moir's Food Shack.

Juno Beach

As if Jupiter proper were not beach oriented enough, this district takes it to the max. Juno Beach Park is the anchor, with its miles of sandy beaches, trails, picnic areas and more. Before hitting the beach, you'll need to hit a surf shop such as Ground Swell, where you'll be outfitted with everything you need for a proper endless-summer experience. The Marinelife Center of Juno Beach will push to enjoy the beach in a whole new way. Through educational programs and displays, and face-to-face encounters with live leatherback sea turtles, the center leaves no visitor unappreciative of nature's bounty.

Restaurants here, even if not located right on the beach, honor South Florida's seafood-lovin' heritage with all their might. Hurricane Cafe, for example, has a boatload of elegantly prepared fish plates on their menu. At the annual Art Fest by the Sea, the food is a big part of the show. The fest draws hordes of fun-loving art lovers to Juno Beach, all reveling in an epic celebration of art, food and fun.

Tequesta

This district is home to a fine mix of culture and commerce. The Lighthouse Center for the Arts champions art, drama and creativity of every stripe, offering programs and exhibitions both enlightening and entertaining. The height of culture! Just down the road is Tequesta's Fashion Mall, a stunning example of a mall being the best a mall can be. The height of commerce! Combining the best of both worlds is independent bookseller My Book Place – track down a fine piece of literary culture, and then buy it!

When it comes time to get back to nature, Tequesta's got a bit of that too. Coral Cove Park is a spacious beach, wide open and unspoiled. Bring the whole family and marvel at the rays of the sun and the churning of the surf. Loggerhead Reef, just off shore, is an ideal place to dive and soak in the undersea wildlife.

Palm Beach Gardens & Palm Beach County

Golf is the name of the game in Palm Beach Gardens. The world-famous PGA National Resort is located here, and fans of the sport know this is the place to be for a truly all-golf-all-the-time experience. Book a room at the on-site PGA National Resort Hotel & Cottages, and play a few rounds. The resort also plays host to such internationally renowned events as The Honda Classic Tournament.

If your party includes members less inclined to label themselves "golf crazy," send them over to the Eissey Campus Theater for an evening (or afternoon) of dance, drama or musical performance. The Raymond F. Kravis Center for Performing Arts down in West Palm Beach is a prime performance destination if there ever was one, playing host to operas, plays and more. If their distaste for theater is on par with their distaste for golf, perhaps they like to shop! In that case, Gardens Mall just might be the answer.

©