



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



neepster

A Sensual weekend in Phoenix

Phoenix, 2 Days

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Guide Description









AUTHOR NOTE: Phoenix is a place bursting with passion and life. It is a perfect place for you and your lover to come and enjoy eachothers company all day long. Romantic walks at Encanto Park, Spanish for enchanted, hand crafted art that will bring flashbacks of Ghost to mind as well as the finest cusine that any Chefs can offer.

Itinerary Overview







things to do
restaurants
hotels
nightlife

Day 1 - Phoenix

DAY NOTE: As soon as you check in to the Maricopa Manor you and your partner should feel the romance in the air. Country Inns Magazine gave this hotel the coveted "hotel of the month" award, and you will see why as you enter the threshold to your room and see the romantic fireplace and whirlpool tub. There are also pools and gazebo spas on the grounds available for you to use at your leisure. The perfect way to start your morning will be a The Eggery, a quaint breakfast stop that won Zagat's "best breakfast" award. From here, you and your partner will enjoy as much pampering as you can stand at the Spa at the Biltmore. This top of the line 20,000 square foot establishment boasts full service spas and salons, as well as any other rejuvenating treatment you can dream up. After this head over to Bahama Breeze and immerse yourself in the Caribbean inspired decor and enjoy the bold spicy flavors and wide selection of cocktails. What better way to show off your newly rejuvenated bodies then by purchasing some new clothes to wrap yourselves in at the Biltmore Fashion Park. This world class shopping center boasts many designer brand such as Gucci and Saks Fifth. As your day in Phoenix winds down, your night is just beginning, Christopher's Fermier Brasserie and its fine French Bistro inspired foods, will surely create the romantic atmosphere that will captivate you and your lover for hours. To make the meal even more enjoyable be sure to enjoy their extensive wine collection, either by the bottle of the glass.

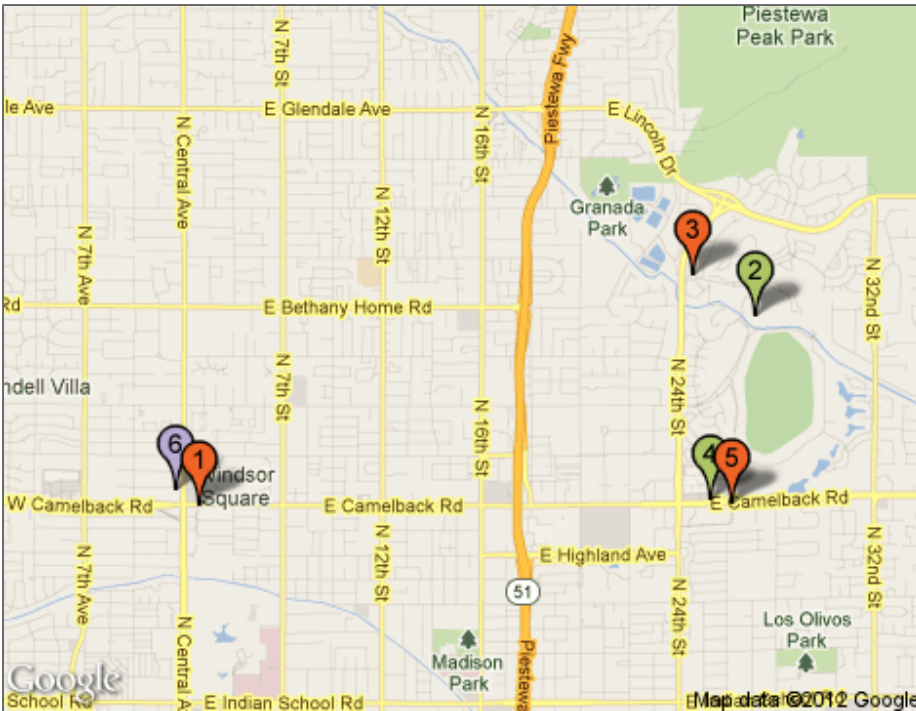
	The Eggery Zagat's best in the southwest
	Spa at the Biltmore Destination spa in a world-class resort
	Bahama Breeze Relaxing island getaway
	Biltmore Fashion Park Arizona's premier shopping experience
	Christopher's Fermier Brasserie Upscale contemporary French bistro
	Maricopa Manor Spanish-style luxury

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	Phoenix Art Museum Paintings, sculpture and miniatures
	Vincent on Camelback France meets the American southwest
	Encanto Park Inner-city oasis
	Cosanti Originals Handcrafted artwork by Paolo Soleri
	T. Cook's Mediterranean food, Spanish ambiance
	Maricopa Manor Spanish-style luxury

Day 2 - Phoenix

Day 1 - Phoenix



QUICK NOTE

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contact:

tel: 1 602 263 8554

location:

50 East Camelback Road
Phoenix AZ 85012

hours:

6:30a-2:30p daily

1 The Eggery

DESCRIPTION: The Zagat Restaurant Survey called this eatery one of the Southwest's Top Breakfast Restaurants, and with one visit, you will understand why. This is the perfect place to start any day. The menu offers all of your traditional breakfast favorites, plus some interesting alternatives. Try the Wildcat Scramble of eggs, sliced corn tortillas, chorizo sausage, green chiles and onions, topped with refried beans, melted cheese and salsa. You will also find sandwiches and light lunch fare. © wcities.com

contact:

tel: +1 602 381 7632
fax: +1 602 954 2571
<http://www.arizonabiltmore.com/spa/>

location:

85008

hours:

5:30a-8:30p

2 Spa at the Biltmore

DESCRIPTION: Luxuriate in the pleasures of this world-class destination spa, offering unique treatments for the body and soul. The facility includes 14 indoor treatment rooms, two outdoor treatment rooms, three spa pools with warm cascading water and a hydrotherapy tub. This state-of-the-art facility encompasses more than 20,000 square feet at the Biltmore complex. Treat yourself to the full-service beauty salon or work out that stress in the aerobic room with cardiovascular and weight training equipment. Private sauna, steam and whirlpools round out the men's and women's locker and grooming facilities. Reservations are highly recommended for the spa and a credit card is required to secure the appointment. © wcities.com



Photo courtesy of Spa at the Biltmore.

contact:

tel: 1 480 705 7399
fax: +1 480 705 9925

location:

2400 East Arizona Biltmore Circle
Phoenix AZ 85016

hours:

Su-Th 4:00 PM - 12:00 AM,
Fr-Sa 4:00 PM - 2:00 AM

3 Bahama Breeze

DESCRIPTION: For a taste of the Islands most flavorful cuisine, try Bahama Breeze. One of the nation's leading Caribbean-inspired restaurants, Bahama Breeze has tropical atmosphere, high ceilings, rich woods and palm tree decor. Its relaxing Island getaway with innovative foods and exotic drinks freshly confected and made to order. You can expect bold and spicy flavors with each meal presented in a way that is as eye-catching as it is appetizing. Whether it's oak-grilled sirloin palomilla or the chicken santiago or any one of countless other entrees - and desserts - you will always be satisfied at Bahama Breeze. With more than 50 brands of beer by the bottle, island-style drinks with plenty of fresh squeezed juice, you will be sure to slake your thirst. The Bahamarita, Bahama's signature frozen margarita, is a must. Whenever you are in the mood for good food that is reasonably priced with quality service, Bahama Breeze is just the ticket for singles, couples, families or even a business lunch. © wcities.com



contact:

tel: +1 602 955 8400
fax: +1 602 955 8418
<http://www.shopbiltmore.com>

location:

2502 East Camelback Road
Phoenix AZ 85016

hours:

10a-8p M-F, 10a-6p Sa,
noon-6p Su (some store
hours will vary)

4 Biltmore Fashion Park

DESCRIPTION: Arizona's world-class shopping experience is found at this destination mall near the Biltmore Resort. Setting this facility aside from the mundane is the exquisite garden, which is utilitarian as well as beautiful. Culinary herbs, grown in the garden, are harvested and utilized by chefs from Biltmore's award-winning restaurants. Renowned names such as Neiman Marcus, Gucci and Sak's Fifth Avenue are cornerstones of this center. Fine eating establishments include Christopher's Fermier Brasserie and Ayako of Tokyo. © wcities.com



wcities

contact:
tel: 602 522 2344
<http://www.fermier.com>

location:
2584 East Camelback Road
Phoenix AZ 85016

hours:
Lunch: 11a-3p M-F, noon-3p
Sa-Su, Dinner: 5p-10p

5 Christopher's Fermier Brasserie

DESCRIPTION: National-award-winning celebrity chef Christopher Gross operates this fine eatery, a country-French bistro, on the upper level of the Biltmore Fashion Park. Chef Gross' wife and partner, Paola, operates Paola's Wine Bar within the restaurant, offering a nearly unmatched selection of fine wines available by both the bottle and glass. An exhibition kitchen sits behind windows. Among the Chef's specialties are Terrine de Volaille and Foie Gras, roasted sweetbreads, several mussel preparations and hand-made ravioli of potato and Gruyere cheese. © wcities.com



wcities

contact:
tel: +1 602 274 6302
fax: +1 602 266 3904
<http://www.bedandbreakfast.com/arizona-phoenix-maricopa-mano.html>

location:
15 West Pasadena Avenue
Phoenix AZ 85013-2001

6 Maricopa Manor

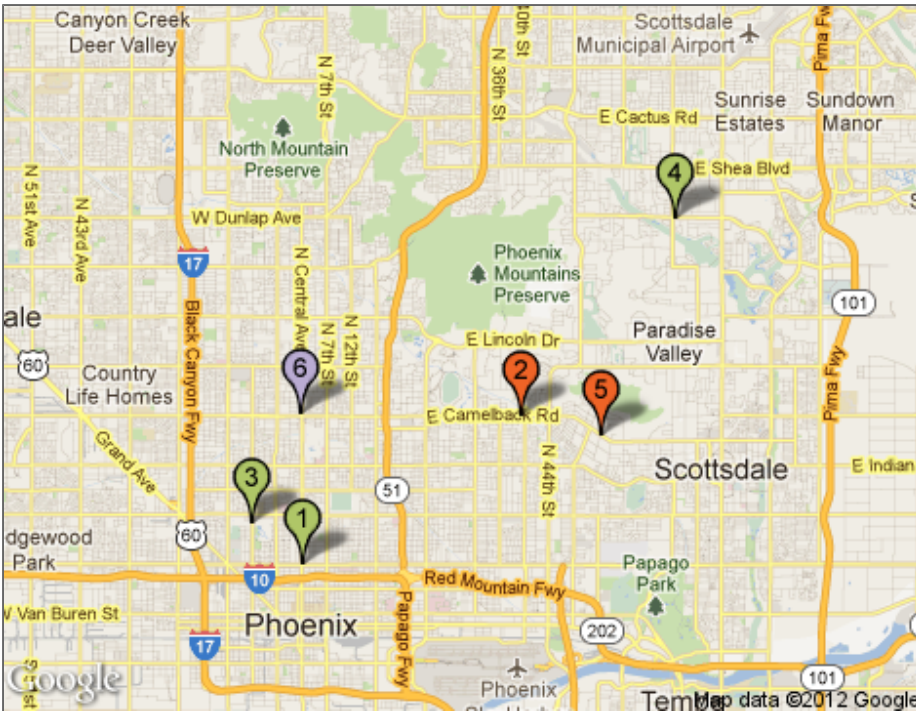
OUR LOCAL EXPERT SAYS:
Check the B&B's website for seasonal rates and discounts.

DESCRIPTION: In the very heart of North Central Phoenix, a few minutes from Central and Camelback, Uptown Plaza Shopping Center and many of the finest shops and restaurants in Phoenix, Maricopa Manor stands like an oasis. Palm trees and flowers abound in this garden like setting. The Spanish styled manor house was built in 1928 on a quiet, country road five miles from the bustling center of downtown Phoenix. Today seven luxurious suites, just renovated, "Breakfast in a Basket" delivered to your door at the time you request and the "Resort Style" setting make the Manor a favorite of business travelers and vacation guests. In the company of Phoenix's finest resorts, Maricopa Manor Bed & Breakfast Inn was noted by The New York Times, 11.26.04, travel section, "36 Hours in Phoenix", as a "pick" for Arizona visitors. USA Weekend Magazine - TravelSmart, 2.13.2005, called Maricopa Manor " a big-city B & B with personality and charm and a great value!"



editor

Day 2 - Phoenix



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contact:

tel: +1 602 257 1880 (Office) /
+1 602 257 1222 (Info Line)
fax: +1 602 253 8662
<http://www.phxart.org>

location:

1625 N. Central Ave
Phoenix AZ 85003

hours:

Wed 10am-9pm; Thurs-Sat
10am-5pm; Sun noon-5pm;
first Friday evenings 6-10pm

1 Phoenix Art Museum

OUR LOCAL EXPERT SAYS:

The well-stocked gift shop is almost as much fun to browse as the art.

DESCRIPTION: The Phoenix Art Museum received a multimillion dollar expansion a few years ago, making a great museum even better. This has been Phoenix's main cultural hub since its founding in 1959, and the Museum shows no signs of slowing down, with high-profile exhibitions making a stop here on a regular basis. The impressive permanent collection includes works by Rembrandt, Frida Kahlo, and



Rancid Amoeba

other art greats. The Museum also regularly hosts special film screenings, lectures, and other cultural events.
© NileGuide

contact:
tel: 1 602 224 0225
fax: +1 602 956 5400
<http://www.vincentsoncamelback.com/>

location:
3930 East Camelback Road
Phoenix AZ 85018

hours:
Lunch: 11:30a-2:30p Tu-F,
Dinner: 6p-10:30p Tu-F,
5:30p-10:30p Sa, closed Su-M

2 Vincent on Camelback

DESCRIPTION: This local institution is known for its successful fusion of French technique and Southwestern flavors. Chef Vincent Guerithault became the face of fine dining in the Valley in the 1980s when he pioneered his brand of French-Southwestern cuisine. Try the duck tamale as an appetizer, the lobster chimichangas, duck confit with candied citrus, salmon with chipotle bierre blanc, and for dessert, a decadent assortment of creme brulee and souffles. The inviting, Porvencal ambiance make for a perfect night out.
© NileGuide



Vincent on Camelback

contact:
tel: +1 602 261 8994
<http://www.ci.phoenix.az.us/PARKS/parks.html>

location:
2605 North 15th Avenue
Phoenix AZ 85007

3 Encanto Park

OUR LOCAL EXPERT SAYS:
Encanto Park is home to the Enchanted Island, a small amusement park perfect for younger children.

DESCRIPTION: Encanto, which means "enchanted" in Spanish, is one of the largest and oldest municipal parks in the Phoenix area. The lush green environs are a welcome respite for visitors looking for a bit of shade, especially during warm weather days. Here you'll find joggers, central district employees having lunch, and families enjoying the on-site amusement park, Enchanted Island. At over 200 acres, the city park is well-equipped with amenities, including handball and racquet ball courts, lighted basketball courts, a softball field, and a large man-made lake featuring urban fishing, paddleboats, and canoes. The nearby Encanto municipal golf course is one of the oldest and most popular public courses in the area.
© NileGuide



contact:
tel: +1 800 752 3187
<http://www.cosanti.com>

location:
85253

hours:
9a-5p M-Sa, 11a-5p Su

4 Cosanti Originals

DESCRIPTION: This boutique features handcrafted wind-bells and sculptures by artist Paolo Soleri. All purchases go to fund the ongoing development of Soleri's famous Arcosanti, his version of the merging of architecture and ecology. The ceramic is blended from Arizona clay, stoneware and water. Pieces are cast-molded from a "slip," hand carved with designs, and then kiln fired. Bronze bells have also been produced since 1959, using a sand-casting method. The purchase of any of these unusual and beautiful gift items supports important artistic work. © wcities.com



contact:
tel: 1 602 840 3610 / 1 800 672 6011 Reservations
fax: +1 602 840 6927
<http://www.royalpalmsshotel.com/tcooks.htm>

location:
5200 East Camelback Road
Phoenix AZ 85018

hours:
Mo to Fr from 11:00 AM to 02:00 PM, Mo to Fr from 05:30 PM to 10:00 PM, Sa from 06:00 AM to 10:00 AM, Sa from 11:00 AM to 02:00 AM, Sa from 05:30 PM to 10:00 PM, Su from 06:00 PM to 02:00 PM, Su from 05:30 PM to 10:00 PM

5 T. Cook's

OUR LOCAL EXPERT SAYS:
Easily one of the most romantic and upscale dining spots in Phoenix.

DESCRIPTION: Located at the posh Royal Palms Resort and Spa, T. Cook's has earned a reputation as one of the finest restaurants in Phoenix. The ambiance is excellent, with floor-to-ceiling windows affording great views of Camelback Mountain. The Mediterranean-inspired menu is always changing, but reliably excellent. If you order one of the restaurant's famous desserts, you may find it too beautiful to eat.

© NileGuide



citysearch

contact:
tel: +1 602 274 6302
fax: +1 602 266 3904
<http://www.bedandbreakfast.com/arizona-phoenix-maricopa-manor.html>

location:
15 West Pasadena Avenue
Phoenix AZ 85013-2001

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Phoenix Snapshot

Local Info

Love it or hate it, this sprawling desert metropolis has become one of the biggest, most modern cities in the American West. Rising from the ashes of the Hohokam civilization, Phoenix transitioned from dusty agricultural farm town to gleaming city of nearly two million residents (the population doubles if you include the suburbs) in the blink of an eye. Although the city keeps a low profile and is more famous for its suburban sprawl than tourist attractions, the city will reward your persistence if you take the time to seek out its hidden treasures.

Downtown Phoenix

Downtown Phoenix is still not what one would hope for in a city of this size, but development has been growing steadily over the years and there's plenty to see and do. The recent inauguration of the Arizona State University Downtown Campus has brought some much-needed new blood to downtown, with new student-centered businesses and living facilities adding a whole new energy to the area. Perhaps the biggest boon to downtown Phoenix in years is the new light rail system that connects downtown to points north and east, and makes it easier than ever to get around downtown.

Downtown becomes a frenzy of big-city pedestrian activity and traffic jams during major events. The Phoenix Suns play at the U.S. Airways Center, and the Arizona Diamondbacks are just a stone's throw away at Chase Field--expect big traffic delays during a game day. The Phoenix Civic Center drives traffic into the area with an ongoing schedule of national conferences and events, and visitors have plenty of choices in terms of museums and attractions. The Arizona Science Center is a favorite with kids and adults alike, while the Phoenix Art Museum regularly brings world-class exhibits to the Valley of the Sun. Other top museum destinations include the world-famous Heard Museum, home to one of the largest collections of Native American artwork, pottery, textiles, and jewelry, and the popular Phoenix Children's Museum, featuring hands-on exhibitions and activities for children of all ages.

The Downtown Phoenix Business Improvement District (formerly known as Copper Square) is the sleek 90-square

block nucleus of shops, eateries, and businesses. Here you can observe office workers criss-crossing the busy streets at lunchtime, with a slew of sandwich shops and cafes feeding the downtown masses with impressive speed. After business hours, however, the business district can start to look like a ghost town.

West Phoenix

The Westside, which makes up a large part of the Valley of the Sun, is a gathering of suburban neighborhoods largely developed throughout the 1960s and 1970s. Generally speaking, the homes and communities get newer the further west you drive, although there are pockets of historic points of interest. For vintage charm, check out Historic Downtown Glendale, touted as "Arizona's Antique Capital." Indeed, there's much antique hunting to be done at the shops of Caitlin Court.

Concertgoers should familiarize themselves with Cricket Pavilion, home to annual music festivals and major touring acts. Desert Sky Mall caters to West Valley's Latino population, while Arrowhead Towne Center in Peoria is a mecca for suburban shoppers. The Westside got a big shot in the arm with the development of the recent Westgate City Center, billed as "Times Square in the Desert," featuring chic boutiques, eateries, and multiplex movie theater. Westgate is home to the Phoenix Coyotes, who play at Jobbing.com arena, and just a stone's throw away is the huge University of Phoenix Stadium--lovingly nicknamed the Spaceship or Toaster by the locals--where NFL action looms large every Sunday in the fall with the Arizona Cardinals.

South Phoenix

This is one of the oldest parts of Phoenix and home to South Mountain Park, one of the largest municipal parks in the United States. Dobbins Lookout is located at 2330, the highest point in the park, and is easily accessible by car. Make sure to stop by for amazing panoramic views of the city. Horse rentals and trail hiking make this a perfect spot to spend the day.

South Phoenix is a culturally diverse area with thriving Latino and African-American communities. For comfort food ecstasy, South Phoenix is home to perennial favorites like Carolina's Mexican Food and

traditional soul food at Lo-Lo's Chicken and Waffles and Mrs. White's Golden Rule Cafe.

Northwest

A mix of old and new, the Northwest Valley is comprised of communities like Peoria, Glendale, Sun City, Sun City West, Youngtown, and Surprise. Sun City and Sun City West are large active living retirement communities. Some of the best hiking in the Valley of the Sun can be found at White Tank Mountain Regional Park, and animal lovers can get an eyeful at the Wildlife World Zoo and Aquarium.

East Side

Some of the oldest and most exclusive communities in the Phoenix area are located on the Eastside. The Valley's rich and famous find their sanctuary among the red rocks and hills of Paradise Valley, while Scottsdale remains a major draw for its high-end boutiques, art galleries, and fabulous resorts. For exclusive shopping, dining, and weekly outdoor markets, the Borgata of Scottsdale brings a unique Mediterranean-in-the-Desert flavor to North Scottsdale.

Tempe, located south of Scottsdale, brings college town amenities and energy to the Valley of the Sun. Arizona State University, one of the biggest universities in the country, is the beating heart of Tempe. Mill Avenue, with its assortment of hamburger joints, cafes, boutiques, and bars, is the major artery and gathering point, home to the Tempe Festival of the Arts and major Fourth of July Festivities. Tempe Beach Park, built around the wide, artificial Tempe Towne Lake, offers temporary respite from the desert with boat rides, walking trails, and snack kiosks selling premium gelato.

Further east are the cities of Mesa, Chandler, and Gilbert. Mesa, once a busy agricultural community, is now a major city boasting the Mesa Arts Center complex and a busy downtown area. Chandler too has experienced a renaissance, with downtown receiving a major face-lift, and a full performing arts schedule showing at the Chandler Center for the Arts.

Continuing east we find Mesa, Chandler and Gilbert. Chandler remained largely an agricultural community until a growth spurt, which began in the 1970s. Much of this area houses young families and

Phoenix Snapshot continued

middle-class professionals in stucco and tile developments. Local shopping is enjoyable at the Superstition Springs Center Mall at

the northwest corner of Highway 60 and Power Road.

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