



**nileGUIDE**

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Travel Portland

# Weekend in Portland

## Portland, 2 Days

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# Guide Description












**AUTHOR NOTE:** Only have a weekend? Portland is a great place to spend a couple of days. This amazingly diverse city has a lot to offer the weekend traveler.

# Itinerary Overview






things to do  
restaurants  
hotels  
nightlife

## Day 1 - Portland

**DAY NOTE:** Start out your day dining at Bijou Cafe, one of the best brunch spots in Portland. Don't miss out on the oyster hash. Then head to the Saturday Market, a showcase of local arts and crafts in Portland. From here, head to the Chinese Classical Garden, a gem in the middle of China Town. Then head out of the city to the Japanese Garden and the International Rose Test Garden. Before heading to dinner, take a stroll around Old Town, and get a feel for what has defined Portland in the past. For dinner, head to Ken's Artisan Pizza, a great spot for local grub.

	<b>Bijou Cafe</b> Best downtown breakfast
	<b>Saturday Market</b> The largest free craft fair in all of Portland!
	<b>Classical Chinese Garden</b> A Chinese Garden oasis in Downtown Portland
	<b>The Japanese Garden</b> A beautiful walk through one of the largest Japanese Gardens in the U.S.
	<b>International Rose Test Garden</b> Free labyrinth of roses!
	<b>Old Town</b> The home of Portland's oldest historic sites, nightclubs, and party spots!
	<b>Ken's Artisan Pizza</b> Wood-Fired Pizza with Fresh Toppings
	<b>Heathman Hotel (The)</b> Pampered like royalty
	<b>Hotel Vintage Plaza</b> Downtown elegance

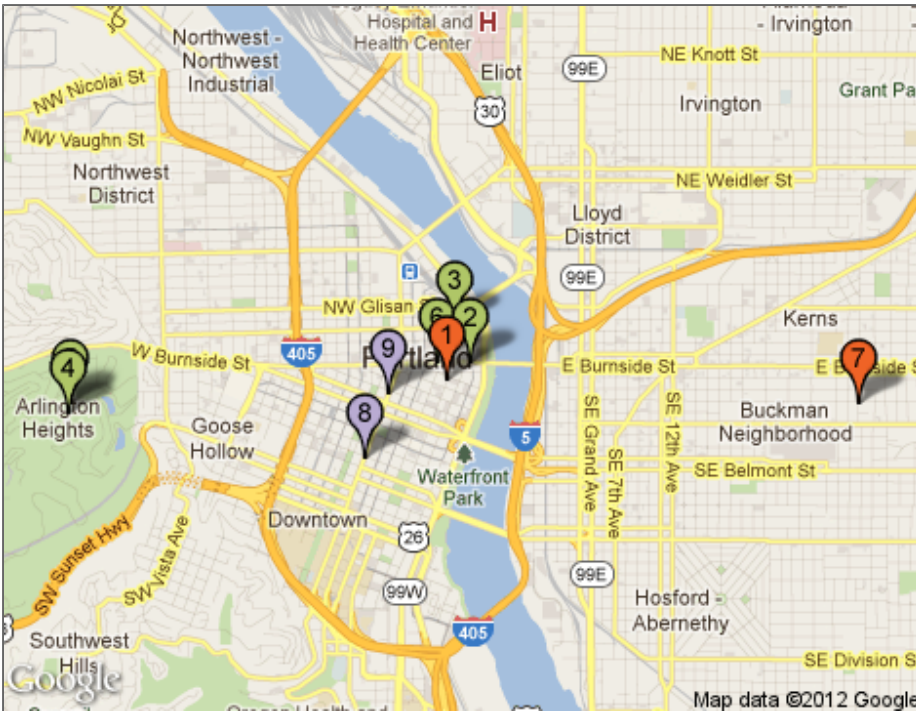
downtown. For dinner, head to Caffe Mingo for exquisite Italian fare.

	<b>Café Umbria</b> Authentic Italian Coffe
	<b>Pearl District</b> Art galleries, cobblestone streets, boutique shopping, and cocktails galore.
	<b>ten 01</b> Amidst the excitement of ...
	<b>Portland City Grill</b> Enjoy Steak
	<b>Cafe Mingo</b> Extraordinary Italian fare

## Day 2 - Portland

**DAY NOTE:** Have a cappuccino at Cafe Umbria and understand what all the fuss about Northwest coffee is. Then take a stroll around the Pearl District before heading to a power lunch at ten 01. Hop in your car and explore Mount Hood for the afternoon. Don't forget to leave enough time for the Portland City Grill's happy hour special, a great spot for cocktails and a view of

# Day 1 - Portland



## QUICK NOTE

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### contact:

tel: +1 503 222 3187  
[http://portland.citysearch.com/profile/8456458/portland\\_or/bijou\\_cafe.html](http://portland.citysearch.com/profile/8456458/portland_or/bijou_cafe.html)

### location:

132 Southwest Third Avenue  
Portland OR 97204

### hours:

7a-2p M-F, 8a-2p Sa-Su

## 1 Bijou Cafe

### OUR LOCAL EXPERT SAYS:

For an extremely special Portland favorite, try the oyster's hash. It's surprisingly amazing at 10am.

**DESCRIPTION:** The corner location of this place is good for the morning line. Try going around 8am to beat the rush or the sleep-in crowd that approaches at 12:30pm or later. Once you finally get your food, you will know why the place is packed. The muffins are good with coffee for breakfast while the salads are a solid choice for lunch. Beer and wine are available. Most menu items are less than \$8. The atmosphere is bright with large windows that open up the place. © wcities.com



editor

**contact:**  
tel: +1 503 222 6072  
fax: +1 503 222 0254  
<http://www.portlandsaturdaymarket.com/>

**location:**  
108 West Burnside  
Portland OR 97209

## 2 Saturday Market

### OUR LOCAL EXPERT SAYS:

The Saturday Market is the best spot to find local Portland artists displaying their unique work.

**DESCRIPTION:** The Saturday Market is a great place to explore the local arts and crafts of Portland. From homemade soaps to glassblowers, this craft fair is one of the most unique on the West Coast. HOURS: Sa 10a-5p and Su 11a-4:30p. © NileGuide



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**contact:**  
tel: +1 503 228 8131  
fax: +1 503 228 7844  
<http://www.portlandchinese garden.org/home>

**location:**  
239 Northwest Everett Street  
Portland OR 97201

## 3 Classical Chinese Garden

**DESCRIPTION:** The Classical Chinese Garden is one of the more interesting spots in Downtown Portland. It is located in the heart of Chinatown, and was originally an effort to beautify this struggling section of Portland. Although the area still has its demons, the Classical Chinese Garden is a city oasis. Admission is \$7 for adults, \$6 for seniors, and \$5.50 for students with children under 5 free. © NileGuide



wcities

**contact:**  
tel: (503) 223-1321

**location:**  
611 SW Kingston Ave  
Portland OR 97201

**hours:**  
Apr 1-Sept 30: Daily  
10am-7pm Oct 1-Mar 31:  
Daily 10am-4pm

## 4 The Japanese Garden

### OUR LOCAL EXPERT SAYS:

If you're visiting Portland for the first time, the International Rose Test Garden and the Japanese Garden can be combined to make on full nature-filled day.

**DESCRIPTION:** A work of art in itself, Portland's Japanese Garden is the largest in the United States, and is located just outside Downtown Portland. Only 40 years old, this quiet attraction is not to be missed. A beautiful oasis in Portland, it is easy to see how much time and energy Portland dedicates to the outdoors. © NileGuide



**contact:**  
tel: +1 503 823 3636  
<http://www.wcities.com/outside.html>

**location:**  
400 Southwest Kingston Ave  
Portland OR 97201

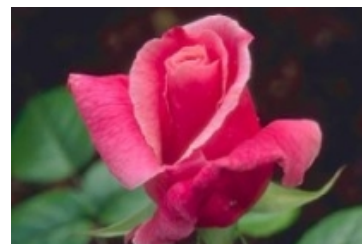
**hours:**  
Daily dawn-dusk

## 5 International Rose Test Garden

### OUR LOCAL EXPERT SAYS:

A little known secret about the Rose Test Garden- it's beautiful at almost any time of year.

**DESCRIPTION:** Although Portland's roses peak in June, these roses are in bloom almost all year. The International Rose Test Garden is completely free, and not to be missed by anyone.



wcities

Wander from flower to flower, sniffing and enjoying these little perfume factories. © NileGuide

**contact:**  
tel: +1 503 275 8355

**location:**  
Southwest Fourth Avenue  
and Burnside Street  
Portland OR 97209

## 6 Old Town

### OUR LOCAL EXPERT SAYS:

Don't miss the Shanghai Tunnels, where people were kidnapped, smuggled, and sold as slaves.

**DESCRIPTION:** Old Town contains the majority of Portland's strip clubs, wild nightlife, and general debauchery. Not to be missed if you're in the mood for a party, Old Town is hopping by night and historical by day. Voodoo Donuts absolutely must be visited, day or night, for a truly creative donut. © NileGuide



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**contact:**  
tel: +1 503 517 9951  
<http://www.kensartisan.com/pizza.html>

**location:**  
304 Southeast 28th Avenue  
Portland OR 97214

**hours:**  
Tu-Sa 5p-10p

## 7 Ken's Artisan Pizza

### OUR LOCAL EXPERT SAYS:

You cannot take it to go, so be prepared to wait for a table or sit at the counter. Although a tad expensive, it's worth the price and more.

**DESCRIPTION:** The aroma hits you as soon as you walk in the front door of this casual neighborhood restaurant just a few blocks south of E. Burnside Street. Heavenly aromas mingle with the tang of wood smoke from the oven in which the pizzas here are baked. Start your meal with the wood-oven roasted vegetable plate, which comes with a trio of seasonal veggies that are wonderfully sauced. You could make a meal on this platter alone, but since this is a pizza place, you have to have a pie. My wife and I always get the one with fennel sausage and roasted onion, but the amatriciana, with house-cured pancetta, is good too. © Frommer's



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**contact:**  
tel: +1 503 241 4100 / +1 800 551 0011 (Toll Free)  
fax: +1 503 790 7110  
<http://www.heathmanhotel.com/>

**location:**  
1001 SW Broadway  
Portland OR 97205

## 8 Heathman Hotel (The)

**DESCRIPTION:** Feel like royalty and indulge in luxurious surroundings. This hotel provides unsurpassed service, special little touches and grand opulence. Rooms boast incredible city views, artwork by famous local artisans and comfort to spare. Dine at the award-winning Heathman Restaurant and Bar for extraordinary Northwest and French cuisine. After your meal, take advantage of MAX's Fareless Square and explore downtown for free. The minimum room rates listed are applicable on the weekends only. © wcities.com



Hotels.com

**contact:**

tel: +1 503 228 1212 / +1 800  
263 2305 (Toll free)  
fax: +1 503 228 3598  
<http://www.vintageplaza.com/>

**location:**

422 Sw Broadway  
Portland OR 97205



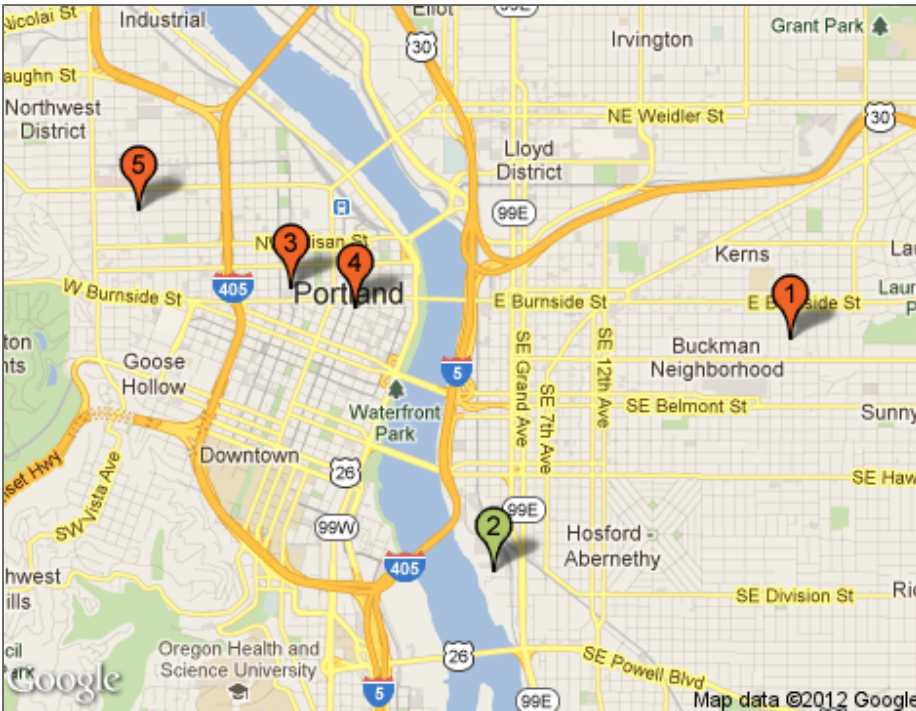
## Hotel Vintage Plaza

**DESCRIPTION:** This lovely hotel, located in the heart of downtown, is attached to one of the best Italian restaurants in the city, Pazzo Ristorante. The hotel was built in 1894 and restored in the early 1990s; the richly decorated rooms take inspiration from Oregon's wineries and vineyards. For a special weekend, reserve a two-story townhouse suite with a jetted tub, or sleep under the stars in a special room with conservatory windows for stargazing from bed. Enjoy nightly wine tasting in the fireside room. © wcities.com



vfm

# Day 2 - Portland



## QUICK NOTE

**DAY NOTE:** Have a cappuccino at Cafe Umbria and understand what all the fuss about Northwest coffee is. Then take a stroll around the Pearl District before heading to a power lunch at ten 01. Hop in your car and explore Mount Hood for the afternoon. Don't forget to leave enough time for the Portland City Grill's happy hour special, a great spot for cocktails and a view of downtown. For dinner, head to Caffe Mingo for exquisite Italian fare.

**contact:**  
tel: 503-241-5300

**location:**  
303 Northwest 12th Ave  
Portland OR 97214

**hours:**  
M-F 6a-6pm, Sa 7a-6p, Su  
8a-5p

## 1 Café Umbria

### OUR LOCAL EXPERT SAYS:

Hands down the best cappuccinos in Portland. Considering Portland considers itself an expert on great coffee, prepare to be floored!

**DESCRIPTION:** At Café Umbria, located in the heart of the Pearl District, taste for the first time three generations of practice in the coffee biz. Enjoy the casual dining style while you taste authentic Italian coffee so great, you'll swear you're in Perugia, Italy, where the family first started roasting. For those truly hooked on Cafe Umbria, purchase their ground beans and make their coffee at home as well. Not to be missed- their variations of mixed hot chocolate and coffee. If you're ambitious, catch their Italian movie nights. © NileGuide



editor

**contact:**

tel: +1 503 222 2223  
fax: +1 503 232 5934  
<http://www.explorethepearl.com/>

**location:**

1022 Northwest Marshall Street  
Portland OR 97209

**2 Pearl District**

**OUR LOCAL EXPERT SAYS:**

East-Coasters should think of the Pearl District as Portland's Soho.

**DESCRIPTION:** Portland's Pearl District is home to fine art galleries, trendy city dwellers, and upscale dining. The art galleries and cobble stone streets alone make this a worthwhile stop on any trip. On the first Thursday of each month, these galleries are open to the public well into the night, making it a trendy nighttime destination. © NileGuide



wcities

**contact:**

tel: +1 503 226-3463  
[www.ten-01.com/](http://www.ten-01.com/)

**location:**

1001 NW Couch  
Portland OR 97209

**3 ten 01**

**OUR LOCAL EXPERT SAYS:**

The califlower-sweet onion soup is not to be missed. Also, the Power Lunch is a great deal!

**DESCRIPTION:** Ten 01's Executive Chef Michael Hanaghan takes a modern approach to classic American flavors, producing precise dishes focused on balanced, pure, seasonal ingredients. The award winning wine list is the perfect partner to Chef Hanaghan's refined cuisine. Ten 01 is a restaurant that combines contemporary design with environmentally friendly principles. Sustainable sourcing in the kitchen is mirrored in the make up of the restaurant itself. Downstairs at Ten 01 combines the energy of the bar with the action of an open kitchen, while the second floor provides diners with views of Portland's bustling Pearl District while enjoying an exceptional fine dining experience.



ten 01

**contact:**

tel: 5034500030  
fax: +1 503 525 5265  
[portlandcitygrill.com/page/home](http://portlandcitygrill.com/page/home)

**location:**

111 SW 5th Ave  
Portland OR 97204

**hours:**

NOTE: Window table requests are taken only upon arrival. Monday-Thursday 11am to 12 midnight, Friday 11am to 1am, Saturday 4pm to 1am. Sunday Dinner 4pm to 11pm Happy Hour Mon-Sat 4pm to 7pm & 9pm to Close, Sun 4 to 11pm Open

**4 Portland City Grill**

**OUR LOCAL EXPERT SAYS:**

Although you have to stalk out a table for at least 30 minutes, watching the sunset on Mt Hood and the surrounding downtown makes this wait extremely worth it. Cocktails run about \$10 around the clock, but during happy hour, all appetizers are \$2, which makes this place an incredible steal.

**DESCRIPTION:** With the options of a private dining room for an intimate setting or a banquet hall for corporate lunch meetings, the Portland City Grill offers a choice for everyone. You can also grab a light dinner at the bar itself after a few drinks if you make it for Happy Hour. Sushi is also served alongside the more American steaks. Call ahead if you want to have a meal in one of their booths. © wcities.com



Portland City Grill

Thanksgiving, November  
24th.

**contact:**

tel: +1 503 226 4646  
fax: +1 503 295 2040  
[http://www.caffemingtonw.com](http://www.caffemingtonw.com/)  
/

**location:**

807 Northwest 21st Avenue  
Portland OR 97210

**hours:**

5p-10p Su-Th, 5p-11p F-Sa

**5 Cafe Mingo**

**OUR LOCAL EXPERT SAYS:**

A perfect choice for a special night out in Portland!

**DESCRIPTION:** The aroma strikes the minute you enter this authentic, intimate Italian-style restaurant. The varied menu includes such delights as Gnocchi Alla Romana and Pollo alla Griglia. Enjoy a crisp, refreshing bottle of local wine for about \$24. Round out your scrumptious meal with a classic Italian dessert, such as the Torta di Cioccolata (chocolate mousse cake). Come as you are and you will feel at ease with the elegant Italian decor, reasonable prices and friendly atmosphere. © wcities.com



wcities

**contact:**

tel: +1 503 275 8355 / +1 877 678 5263 (Portland Oregon Visitors Association)  
fax: +1 503 275 9284  
<http://www.nobhillbiz.com/>

**location:**

North of West Burnside Street  
Portland OR 97210

## 1 Nob Hill/Westover/Northwest 23rd District

**OUR LOCAL EXPERT SAYS:**

This trendy area is not to be missed if you're a fan of unique shopping.

**DESCRIPTION:** Check out Nob Hill and spend an afternoon discovering that even Portland fashion is unique. The local designers and one-of-a-kind stores make this area hard to beat if you enjoy shopping. Lined with Victorian homes and old trees, this is a perfect way to spend an afternoon. © NileGuide



wcities

**contact:**

tel: +1 503 275 8355  
<http://www.downtownportland.org/>

**location:**

Between Interstate Highway 5 and 405  
Portland OR 97204

## 2 Downtown Portland/City Center

**OUR LOCAL EXPERT SAYS:**

For a glimpse at what Portland is really like, don't leave one stone of this small city uncovered.

**DESCRIPTION:** Downtown Portland has a great variety of things to see and do, and is best explored on foot. From Pioneer Square to Chinatown, the diversity in Downtown Portland will astound you. Not to be missed; visit Powell's Book store, the largest book store in the country. If you enjoy historic walking tours, both Old Town and Chinatown are extremely interesting. © NileGuide



Photo courtesy of Downtown Portland/City Center

# Portland Snapshot

## Local Info

Portland, Oregon... a city of wanderers, artists, and nature lovers. The unique atmosphere of Portland is unrivaled by any other city in the United States. Here you'll find hippies, farmers, accountants, musicians, entrepreneurs, and artists coexisting in the rainy Oregon climate. Sustainable living has taken root and taken over. In a city of sublime restaurants, galleries, coffee shops, and yoga studios, it is easy to see why Portland is such a well loved destination.

## Downtown

The diversity of Downtown Portland creates a bustling and bubbling atmosphere of West Coast Life. Hop on the Fareless Square and travel Downtown for free, as you explore this small yet eclectic city. Peruse literature in the largest book store in America; Powell's Books, and then explore the art galleries of the Pearl District. Watch a movie on the giant couches in the Living Room Theater, and get as much coffee as you can handle at Café Umbria. Downtown Portland is easily explored by foot if the weather is accommodating. Don't miss wandering Chinatown during the daytime, a rough and tumble little section of Downtown Portland. And if you're craving a Maple Bacon Donut, Voodoo Donuts is open 23 hours a day, and is absolutely not-to-be-missed.

## Multnomah

The Multnomah District is a true glimpse of how most of Portlanders live. With beautiful little houses and home grown gardens, this area is considered true Portland. The quaintness of the main street is the best place to explore in this attractive and quiet neighborhood. Check out the Multnomah Art Center, which is well-loved by the people who live here.

## Waterfront

Portland's beautiful Waterfront is a great area to view the spectacular Willamette River that separates the east and west

sides of Portland. During the day, walk the length of Waterfront Park. Every June, the Rose Festival sets up shop here, a city wide party and parade that illustrates Portland's dedication to life and celebration. The Waterfront is always full of locals, and on a beautiful Portland summer day this is a relaxing and unique area to explore.

## Old Town

Old Town is one of the more colorful and unique parts of Downtown Portland. It is here that a visitor can really discover the dark underbelly of Portland's history. Wander the Classical Chinese Garden, an oasis in a busy and bustling city. During the day, take a tour of the Shanghai Tunnels, which run under Old Town and were once used for human trafficking. The nightlife here is a fun experience but borders on the nitty and gritty, especially because Portland has the most strip clubs per capita of any city in the United States, including Las Vegas.

## Northwest

Northwest Portland, or the trendy shopping area of Portland, boasts beautiful old homes, snazzy clothing boutiques, and a glimpse of the more 'comfortable' lifestyles in Portland. Also known as Nob Hill, both 23rd Street and 21st Street have some of the best shopping in Portland, with a range of local independent designers and upscale clothing chains. If you have a love of shopping, this is well worth the visit.

## The Pearl District

The Pearl District is most akin to NYC's Meat Packing District. With cobblestone streets, urban living, and art galleries galore, it's easy to see the comparison. Trendy bars and restaurants are popping up here on a weekly basis, making the Pearl District an interesting and luxurious neighborhood of Downtown Portland. On the First Thursday of every month, the galleries open their doors to the general public into the late hours of the night, turning this upscale neighborhood into a loud and bustling party for all.

## Sellwood

Sellwood is a quaint neighborhood, and home to the best antique shops in Portland. Nicknamed Antique Row, this is a great area to spend an afternoon perusing shops and drinking coffee. If it's a nice day out, the Oaks Bottom Wildlife Refuge is a scenic spot to spend an afternoon. Sellwood has a distinctly 'livable' feel, and it's hard to not feel like a true Portlander when wandering this quietly beautiful area.

## Convention Center Area

The Convention Center Area is located just across the river from bustling Downtown Portland. The Rose Garden Arena is the largest venue in Portland, and is the home of the Portland Trailblazers, Oregon's well-loved basketball team. If you're in this area, don't miss the Oregon Museum of Science and Industry (also known as the OMSI), especially if you're toting little kids around on your travels. The children's exhibit is fantastically interactive. Although this area can be a little difficult to get to, it is worth a gander if you're planning on attending any concerts while you're in the area. The Oregon Convention Center is located here, and is busy every night of the week with a different local event. When your travel dates are finalized, make sure to check out the local happenings here!

## Hawthorne District

The Hawthorne District is what Portland is known for. Whether you enjoy record shopping, local coffee shops, or browsing unique stores, this area is well-loved by all. Mount Tabor, an inactive volcano, towers over this eclectic district, and if you have time, the sunset is rather enjoyable from the top of this redwood-filled park. The local bars and restaurants in this area provide great entertainment and enjoyment for the evening no matter what kind of night you're looking for.

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