



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



Michael in Flagstaff, Arizona

Best of San Diego's Breakfast Spots

San Diego, 1 Day

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Guide Description



AUTHOR NOTE: If you love eggs, fried potatoes, local veggies and a big, steaming cup of Joe look no further than this San Diego guide to the Best of San Diego's Breakfast Spots. Searching the county far and wide, San Diego NileGuide has pulled together favorites from Gaslamp, North County beaches, La Jolla, Pacific Beach and more to serve up delicious entrees and local finds.

Itinerary Overview

Day 1 - San Diego

DAY NOTE: No, you won't have a chance to tackle all these breakfast spots in one day but that doesn't mean with a vacation in San Diego you shouldn't try. The best of San Diego's breakfast spots hit all areas of the county - from downtown Richard Walkers, known for their long lines and massive plates, North Park's Hash House a Go Go for a down home country style, and even North County's VG Bakery or Swami's, both offering up tasty sweets and treats.

For the sweet tooth, Little Italy's Extraordinary Desserts is a must have. Though not the traditional breakfast find, indulge in chocolaty pastries and coffee specials that represent San Diego unlike any other. Basics for the college elite include The Mission, The Cottage and The Coffee Cup, which offer simple menus, local veggies and friends.



The Mission

Mission Beach's most popular breakfast



Hash House A Go Go

Midwest's comfort food



Extraordinary Desserts

Award winning desserts



World Famous

Beach bar extraordinaire



V G Donuts & Bakery

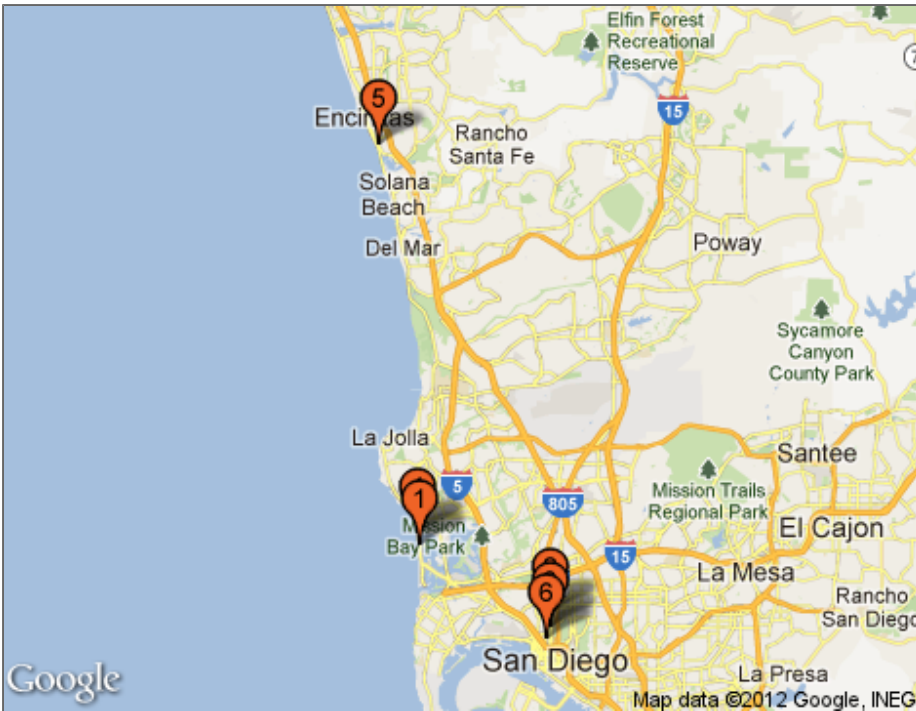
A little taste of heaven



Hob Nob Hill

Satisfies hearty appetites

Day 1 - San Diego



QUICK NOTE

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contact:

tel: 858/488-9060

fax: +1 858 488 4767

www.themission1.signonsandiego.com

location:

3795 Mission Blvd
San Diego CA 92109

hours:

Daily 7am-3pm

1 The Mission

OUR LOCAL EXPERT SAYS:

Get to breakfast early if you don't want to wait in line, and go in smaller groups to ensure a table!

DESCRIPTION: Located alongside the funky surf shops and bikini boutiques of bohemian Mission Beach, the Mission is the neighborhood's central meeting place. The menu features all-day breakfasts, from traditional pancakes to nouvelle egg dishes to burritos and quesadillas. Standouts include tamales and eggs with tomatillo sauce, chicken-apple sausage with eggs and a mound of rosemary potatoes, and cinnamon French toast with blackberry purée. At lunch, the menu expands for sandwiches, salads, and a few Chino-Latino items like ginger-sesame chicken tacos. Seating is casual, comfy, and conducive to lingering (tons of students, writers, and surfers



Photo courtesy of The Mission

hang out here), if only with a soup-bowl-size latte. Expect waits of half an hour or more on weekends. Other locations: 2801 University Ave., in North Park (tel. **619/220-8992**), and 1250 J St., downtown (tel. **619/632-7662**); both have similar menus and hours. © Frommer's

contact:

tel: 1 619 298 4646
<http://www.hashhouseagogo.com>

location:

3628 Fifth Avenue
San Diego CA 92103

hours:

M-F 7:30a-2p, Sa-Su
7:30a-2:30p, Tu-Th 5:30p-9p,
F-Sa 5:30p-9:30p

2 Hash House A Go Go

OUR LOCAL EXPERT SAYS:

Don't come hungry - there is always a line and always a wait

DESCRIPTION: Hash House A Go Go has earned devoted fans with huge portions of artfully arranged "twisted farm food". The chef has fun with dishes drawing on fresh produce and livestock and customers have fun eating until the cows come home. Flapjacks might include frosted flakes, the burgers are stuffed, and don't be surprised by the waffles and caramel with a Sage fried chicken at dinner. Breakfast is a favorite, but every meal offers creative plates for hungry folks. © wcities.com



citysearch

contact:

tel: 619/294-2132
fax: +1 619 294 7032
www.extraordinarydesserts.com

location:

2929 Fifth Ave
San Diego CA 92103

hours:

Mon-Thurs 8:30am-11pm; Fri
8:30am-midnight; Sat 10am-
midnight; Sun 10am-11pm

3 Extraordinary Desserts

DESCRIPTION: Chef and proprietor Karen Krasne's talent surpasses the promise of her impressive pedigree, which includes a Certificat de Patisserie from Le Cordon Bleu in Paris. Dozens of divine creations are available daily, and many are garnished with edible gold or flowers. Among them: a passion-fruit ricotta torte bursting with kiwis, strawberries, and bananas; a giandua of chocolate cake lathered with hazelnut butter cream, chocolate mousse, and boysenberry preserves, and sprinkled with shards of praline; or the bête noir, a dark-chocolate cake layered with vanilla crème brûlée, chocolate mousse, and chocolate truffle cream. She also sells her own exclusive line of jams, chutneys, syrups, spices, and confections, both at the original location and at an architecturally striking second space in Little Italy, 1430 Union St. (tel. **619/294-7001**). The Little Italy location also serves paninis, salads, and artisan cheeses, as well as wine and beer. © Frommer's



Photo courtesy of Extraordinary Desserts

contact:

tel: 858 272 3100
fax: 858 272 3189
http://sandiego.citysearch.com/profile/external/463630/san_diego_ca/world_famous.html

location:

711 Pacific Beach Drive
San Diego CA 92109

4 World Famous

DESCRIPTION: The name of the restaurant tells it all, yet nothing at all. What is it world famous for, you might ask? Well, for many years locals have been mulling that over and have finally reached a decision. It can be world famous for anything you want it to be! In a nutshell, it is world famous for being the epitome of Southern California at its best. Serving American dishes and a selection of beers, this beach bar is a perfect spot for anyone who wishes to relax California style. © wcities.com



citysearch

hours:
7a-11p M-Su

contact:
tel: (760) 753-2400
<http://www.vgbakery.com/>

location:
106 Aberdeen Drive
Cardiff By Sea CA 92007

hours:
Mon-Sat 5am-9pm, Sunday
5am- 7pm

5 V G Donuts & Bakery

OUR LOCAL EXPERT SAYS:

Come early if you don't want to miss some of your favorites!

DESCRIPTION: Long before Blake Lively made a pit stop at the VG Bakery while shooting the June 2010 Vogue cover in Cardiff by the Sea, VG Bakery was a Mecca for the famous. Who doesn't love a little indulgence every once in a while, and at Cardiff's most historic bakery that is just what you'll get. But it isn't the famous faces of Hollywood that you'll normally find - it is rather the famous glazed donut or three tied cake that really get the fans going. Voted Best Donut in San Diego by the San Diego Magazine readers poll, this North County staple has been serving their baked goods at special events and Sunday morning breakfasts since 1969. With a constant line out the door on weekend mornings, don't be surprised if your favorite donut is sold out by 9am on Sunday. Surfers, locals and tourists flock to the creepy old sign pointing fans directly to the bakery that only knows how to serve sugar.

© NileGuide



Photo courtesy of V G Donuts & Bakery

contact:
tel: 1 619 239 8176
fax: 1 619 239 5856
<http://www.hobnobhill.com/>

location:
2271 First Avenue
San Diego CA 92110

hours:
7a-9p M-Su

6 Hob Nob Hill

DESCRIPTION: Famous for its no-nonsense, generous portions of traditional American home cooked food, this venue draws huge crowds daily. Locals are fiercely devoted to the diner. Meanwhile, visitors are pleased with their first tastes of the delicious homemade favorites offered here. The kitchen serves up down-to-earth food such as tasty Corn Beef Hash, Turkey Croquettes and more. Traditional breakfast entrees are particularly popular, with eggs, potatoes, waffles and pancakes offered in gigantic servings. © wcities.com

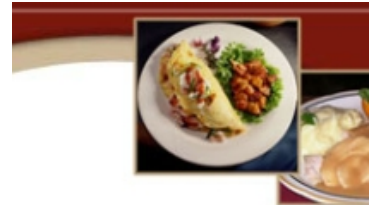


Photo courtesy of Hob Nob Hill

San Diego Snapshot

Local Info

Semi-tropical San Diego, with its mean temperature of 70 degrees, Mediterranean-like white-washed stucco buildings and strong cultural influences from southern neighbor Mexico, is as close to visiting a foreign country as visitors could get and yet, is as American as apple pie.

The heart of this bustling city lies at the foot of the harbor just minutes by car from Lindbergh Field, where most travelers disembark. Spanning from the North County beach areas to the South Bay cities along the Mexican border, San Diego is one of the top ten largest cities in the United States, and while all of these areas fall under the San Diego umbrella, each individual community maintains its own personality, geography and identity. In San Diego's case, the whole is truly greater than the sum of its parts.

Downtown

Less than three miles from the airport is downtown proper. This thriving commercial area with its active waterfront is a bustling, colorful combination of major hotels, convention facilities, restaurants, nightclubs and shopping venues. Its focal point is Horton Plaza, an architectural masterpiece that holds trendy shops, lively restaurants, a movie theatre and even an ice rink during the holiday season. Horton is ideal for parking and within walking distance to any of the restaurants, shops or clubs just outside its walls.

Just east of Horton Plaza is the Gaslamp District, a 16-block source of civic pride. Once slated for destruction, this area has been reclaimed by the people of San Diego thanks to the 1970s Redevelopment Plan. Where once dilapidated warehouses and run-down Victorian houses stood, and where no one dared to enter after dark, the Gaslamp District has now become the pulse of the city. The area even includes Balboa Theater, a historic venue that until recently was closed for reconstruction and now opens its doors for local plays, ballets and more.

Due west of downtown is the Embarcadero, a fun daytime location where visitors can take in leisurely views of the bay, hop aboard a harbor cruise (including the infamous "booze cruise" of the Bay, better known as the Bahia Belle) and enjoy

seafood at its finest. For shopping, visit Seaport Village, a 14-acre shopping and dining complex designed to emulate early California-style architecture.

Balboa Park

No visit to San Diego would be complete without a trip to Balboa Park. Home to the world-famous San Diego Zoo, the park is much more than a beautiful place to see exotic animals. Gardens and grounds in Balboa Park were established as a city park for the people in 1868. In preparation for hosting the Panama-California Exposition of 1915, a celebration of the opening of the Panama Canal, founding fathers, architects and master gardeners collaborated to create the fine Spanish Colonial Revival-style buildings and gardens that still grace the grounds today. Additional buildings were raised on the site in the early 1930s, this time incorporating the look and feel of the Mayan civilization and California's early indigenous peoples. Within the confines of the park, visitors can enjoy scores of museums and art galleries including the Museum of Man, San Diego Museum of Art, Timken Museum of Art and Spreckel's Organ Pavilion (for a dollar saving Balboa Park experience, visit the park on the first Tuesday of any month, where admission to the museums are free).

Old Town

For a taste of what San Diego was like in its earliest years, take in the sights and sounds of this colorful settlement now preserved as a state historic park. Famous as the first European settlement in California, this area is also well known for its glorious year-round gardens, mouth-watering Mexican dishes, lilting Mariachi music and free-flowing margarita; though typically touristy, there are some true tortilla souls that can be found amongst all the trendy trinkets. Be sure to spend a little time browsing through Bazaar del Mundo, truly a marketplace of the world. While it might be typical to dine on Mexican cuisine inspired by the San Diego history, for an extravagant just a block from all the "fiesta" rush, Harney Sushi is a local favorite that flavors fish in unheard of ways.

Within easy walking distance from the center of Old Town is the Presidio, a must-see while in San Diego. This structure, now a historic landmark, is where Junipero

Serra established the first of the Spanish missions in California.

La Jolla

A short drive up the coast takes visitors to La Jolla, "the jewel" in Spanish. Despite its dense population, the people of this affluent city have somehow managed to maintain its natural beauty. Cliffs along the main streets overlook the beaches and coves along the Pacific Ocean; tropical vegetation creeps and climbs across red-tiled roofs and verandas; and sunsets at La Jolla Shores are simply spectacular. Enjoy the village's serene center, where fish restaurants, chic boutiques and La Jolla locals are in abundance, like George's at the Cove- famous for their modern, American ambiance and cuisine- as well as Warwick's Books, ideal for every school/project need.

Beyond breathtaking oceanfront scenery, which can be enjoyed on bike, by walking or just by driving along La Jolla Boulevard, this seaside community is also home to the Birch Aquarium, which features the largest oceanographic display in the United States. Just up the hill from the town center, the Aquarium is located just across the street from the University of California, San Diego, whose 25,000 university students make up the majority of the area.

North County

Travel a few miles further north along the coastal drive to reach Del Mar, a smaller beach community that supports itself with farmer's markets, surfers and restaurants. Famous for its racetrack founded by Bing Crosby and fellow Hollywood cronies during the 1940s, this seaside town offers as much to families as it does to racing aficionados. Beaches here are clean and family friendly; boutiques and open-air restaurants line the main street, giving it a Riviera-like quality. The city even boasts the new L'Auberge, which took over the Hollywood favorite resort Stratford Inn and remains a residence for socialites and affluent guests year round in Del Mar's average 70 degree temperature.

Moving inland, the city of Escondido is a quieter, more rural version of San Diego, replete with avocado and livestock ranches, vineyards and granite-strewn hillsides. The community hosts the San Diego Zoo's 2,200-acre Wild Animal Park, an extension of the city's world-famous zoo providing

San Diego Snapshot continued

visitors a look at animals in the wild. Bates Nut Farm is another rare feature for the area, where visitors from around the county enjoy the biggest pumpkin patch as well as hundreds of vast acres open to the public to enjoy while snacking on delicious nuts.

Just north of this city, visitors can find the renowned Carlsbad Flower Fields and LEGOLAND California, great for those with young children in tow. Carlsbad's beaches also offers big time surfers some of the best waves in the area, where locals are always welcome.

South Bay

Visitors would be remiss if they never traveled south from the city proper into

the area referred to as the South Bay. The main city in this area is Chula Vista, home to one of San Diego's greatest music and entertainment venues, the Coors Amphitheatre. This entertainment complex provides state-of-the-art acoustics, VIP tables complete with cocktail table service, stadium seating and picnic seating on grassy knolls. Adjacent to the amphitheater, visitors (and especially their children) can cool off in the watery fun at Knott's Soak City U.S.A.

The most renaissance of the south bay cities has become North Park, a relatively untapped area that is now home to some of the area's most unique restaurants,

live music venues, bars/ nightclubs and more. Just a shuffle inland and you'll find a hubbub of activity on 30th Avenue that houses local bars- like the Bar Pink Cocktail Lounge- and the hidden Italian adventure Alexander's on 30th.

While each district of San Diego has an original flair, the various sections blend seamlessly into a thriving, cosmopolitan city. From the North County beaches to the downtown shopping districts, San Diego's first-class attractions consistently please tourists and locals alike.

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