



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



papalars

Kids outings in Seattle

Seattle, 3 Days

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Guide Description








AUTHOR NOTE: Three days of outdoor fun and educational outings for your wee ones chock full of fabulous activities and kid friendly restaraunts.







Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Seattle





DAY NOTE: Start your day with some pastries from La Panier in Pike Place Market then pick up some fresh berries and some fresh squeezed juice for the kids and head down to the Seattle Aquarium for an entertaining and educational morning (plan to spend 2-3 hours). The kids will love the touch tank where they can hold starfishes and touch anemones and the huge domed undersea room has twice daily feedings of the sharks and sometimes you'll see divers waving at you from behind the glass of the cathedral-like ceiling. The sea otters are really adorable and the educational activities are suited to all age groups. When you exit, walk a few hundred feet south to Ivar's where you'll find a kid friendly menu with plenty of options for you. The view is perfect and you can get a table right on the pier so be sure to pack sun block. After lunch bypass the ice cream on the pier and walk up the Pike Hill climb back to the Market, head half a block east on Pine Street and you'll find Bottega Italiana where you can get some great gelato. Continue to Fourth Avenue where you can catch the monorail to Seattle Center. When you arrive you'll see the Fun Forest which isn't much of a forest but it has lots of amusement park rides for the kids. From there you can walk over to the Space Needle, if you make a reservation they waive the elevator fee and the kids are probably hungry again by now. After the Space Needle you have two options, you can either go to the Pacific Science Center or you can visit the Science Fiction Museum which is geared more toward older kids and adults. If the kids need to blow off some steam and need a less structured environment you can take them to Seward Park for a swim in Lake Washington. Head back to Pike Place for dinner at the Steelhead Diner which has a fabulous seasonal menu and a fantastic wine list focused on domestic vintners - and better yet, your kids can order half plates of most dishes and there are plenty of options they will love!

	Mayflower Park Hotel "Quite Simply, One of a Kind"
	Le Panier Try feuilletés, puff pastry with savory filling
	The Seattle Aquarium Sea life on the waterfront.
	Ivar's Acres of Clams Part of Seattle history
	Seattle Center Monorail Seattle's two-stop shuttle.

	Seattle Center A fun-filled gathering place.
	Seattle Center - Visitor Information Space Needle tourist information center
	The Space Needle Seattle's Iconic Landmark
	Science Fiction Museum and Hall of Fame (SFM) Science Fiction Museum Pays Tribute to Great Creators
	Seward Park View bald eagles while enjoying your own lakeside lunch.
	Steelhead Diner Northwest with a southern twist

Day 2 - Seattle

DAY NOTE: Start your day with crepes in the Market topped with fresh fruit and some fresh squeezed juice and then drive north on 99 to the Woodland Park Zoo. The kids will love the primate house and the elephants are just enormous! If you get overheated, slip into the Nocturnal house to cool off. Enjoy a trip through the rose garden before you head down the street to Red Mill Burgers for lunch. After lunch head to Golden Gardens for some fun on the beach. Head down the road to Ray's Boathouse for dinner during the sunset or head to Anthony's for all you can eat crab.

	Crepe De France Seattle's best kept secret
	Woodland Park Zoo Old zoo with a modern look.
	Woodland Park Rose Garden Pastoral park and rose enclave
	Red Mill Burgers Damn Good Burgers

Itinerary Overview

things to do
restaurants
hotels
nightlife



Golden Gardens Park

Fishing, tanning, and gorgeous mountain views



Ray's Cafe

Fresh seafood, lively atmosphere



Mayflower Park Hotel

"Quite Simply, One of a Kind"



Osteria la Spiga

Named a shaft of wheat, the symbol of fertility



Mayflower Park Hotel

"Quite Simply, One of a Kind"

Day 3 - Seattle

DAY NOTE: Start your day with a hearty traditional American Breakfast at Luna Park where the collection of mid century kitsch will delight you almost as much as the juke boxes on each table. Drive over to Lincoln Park for a dip in Coleman Pool and a walk through the forest and then you can head back towards Alki where you can take a short tour of the Log House Museum which gives a unique perspective on the early settlers of the area. Catch lunch at Pegasus Pizza or Spuds Fish and Chips then enjoy a walk along Alki Beach and enjoy the best view of the Seattle skyline. When your kids are tired of flying kites, throwing rocks into the waves and building sand castles pile them back into the car and head to the Museum of Flight to check out models of the moon landing craft and several airplanes with interactive controls and plenty of hands on learning opportunities. For dinner you try Osteria la Spiga for traditional family style Tuscan.



Luna Park Cafe

A retro atmosphere



Lincoln Park

Woodsy West Seattle park



Log House Museum

Local history



Pegasus Pizza

Seaside Greek pizza



Museum of Flight

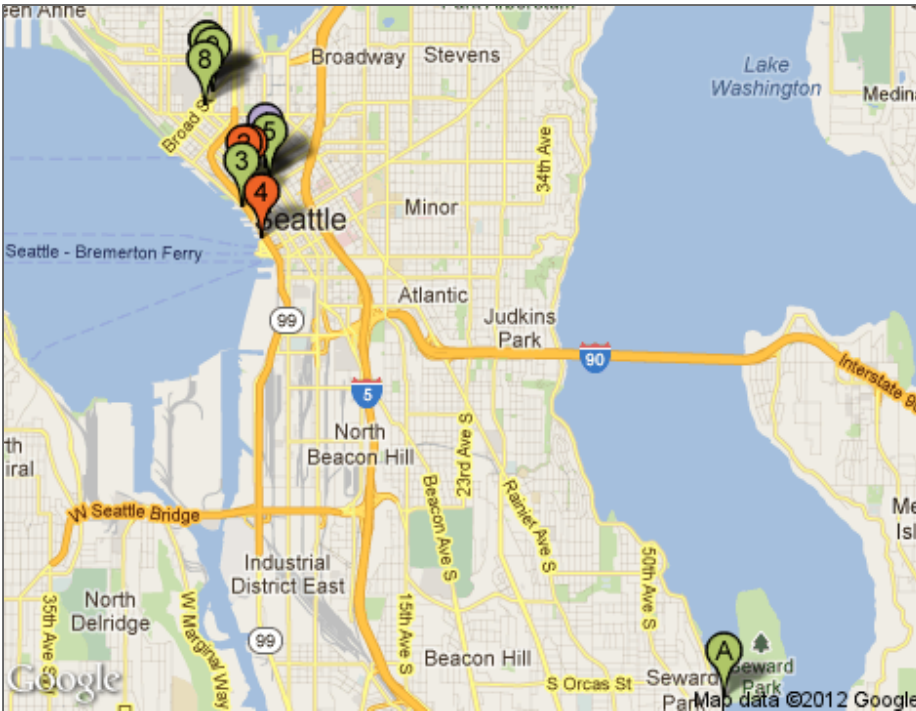
Soar through history.



Alki Beach

One of the most famous and frequented beaches in Seattle.

Day 1 - Seattle



QUICK NOTE

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contact:

tel: 800/426-5100

fax: 206/382-6997

<http://www.mayflowerpark.com/>

location:

405 Olive Way

1 Mayflower Park Hotel

DESCRIPTION: Connected to the upscale shopping mall that is Westlake Center in downtown Seattle, this classy hotel is an excellent choice for those with more discriminating tastes. Surrounding by Nordstrom, Macys and countless other shops and boutiques, you'll enjoy retreating to your stylish, comfortable room at the Mayflower after a day of spending,



Hotels.com

5

Seattle WA 98101

particularly if you stop in Oliver's downstairs for what's known as the best martini in Seattle.
© NileGuide

contact:

tel: 1 206 441 3669
<http://www.lepanier.com>

location:

1902 Pike Place
Seattle WA 98101

hours:

Mon-Sat 7am-6pm Sun
8am-5pm

2 Le Panier

DESCRIPTION: At Le Panier, the pastries are baked fresh each morning, including baguettes, butter croissants, palmiers, friands, and sables with chocolate and hazelnuts.



citysearch

contact:

tel: 206/386-4300
fax: +1 206 386 4328
<http://seattleaquarium.org>

location:

1483 Alaskan Way
Seattle WA 98174

hours:

Daily 9:30am-5pm

3 The Seattle Aquarium

DESCRIPTION: Newly remodeled as of 2007, the Seattle Aquarium is one of the best attractions on the waterfront for kids. The exhibits start off with a bang when you walk in to see divers feeding the fish in an enormous tank near the entrance, and touching the starfish, sea cucumbers and anemones in the tide pools is fun for both kids and adults.

The overwhelming favorites seem to be the sea otters, who splash and float about in synchronized pairs, but the giant octopus is worth a peek as well!

© NileGuide

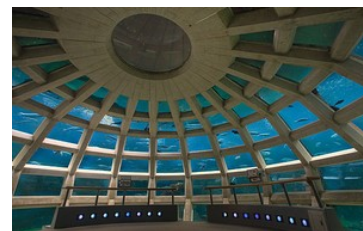


Photo courtesy of the Seattle Aquarium

contact:

tel: 206 624 6852
<http://www.ivars.net>

location:

1001 Alaskan Way
Seattle WA 98101

hours:

Su-Th 11a-10p, F-Sa 11a-11p

4 Ivar's Acres of Clams

DESCRIPTION: A Seattle tradition since 1938, this casual waterfront restaurant has a spectacular view of Elliott Bay. For more than 60 years, people have come here for fresh seafood and a good time. Wooden tables and chairs fill the large, open space. Choose from a selection that includes Oysters Rockefeller, Seafood Pasta, Dungeness Crab-Topped Prawns, clams, Bouillabaisse, the restaurant's famous clam chowder and more. A private dining room can accommodate up to 50 people. © wcities.com

contact:

tel: +1 206 905 2620
fax: +1 206 905 2206
<http://www.seattlemonorail.com>

location:

370 Thomas Street
Seattle WA 98101

5 Seattle Center Monorail

DESCRIPTION: The trip is brief, but the view and convenience can't be beat. The first monorail in the country links the Seattle Center (and Space Needle) to Westlake Center in the heart of downtown Seattle. The monorail is \$2 to ride and runs every 10 minutes from both stations between 9:00am and 11:00pm, seven days a week. © NileGuide



contact:
tel: 206/684-7200
<http://seattlecenter.com/>

location:
305 Harrison St
Seattle WA 98121

hours:
Fun Forest outdoor rides:
Days and hours vary with
season (call for hours). Indoor
attractions open year-round at
11am (closing time varies)

6 Seattle Center

OUR LOCAL EXPERT SAYS:

Check for special events – particularly in the summer, the center has cultural festivals nearly every weekend.

DESCRIPTION: It's more than just the home of the Space Needle. Seattle Center's rides, games, restaurants and grounds span 74 acres; it's possible to spend an entire sight-seeing day right here. For the kids, it's a sure bet for entertainment, with everything from roller coasters to arcade games and mini-golf. There's also a children's museum and theatre in the Center House for a more educational experience. On a summer day, break out the bathing suits and splash around in the International Fountain (with plenty of grass for lying out and catching some rays as well).
© NileGuide



wcities

contact:
tel: +1 206 684 7200 (Tourist
Information)
fax: +1 206 764 5707
<http://www.seattlecenter.com/>

location:
305 Harrison Street
Seattle WA 98109

7 Seattle Center - Visitor Information

DESCRIPTION: Seattle Center is one of the city's primary attractions, and since thousands of visitors come to enjoy all it has to offer, a visitor center was set up here to answer questions and supply information about the park, the buildings it houses and the events that take place here. You can also pick up maps and brochures on Seattle and adjacent areas, as well as get answers to your questions. The information center is open only during high season, May-September, but brochures are available year-round. © wcities.com

Photo courtesy of Seattle Center -
Visitor Information

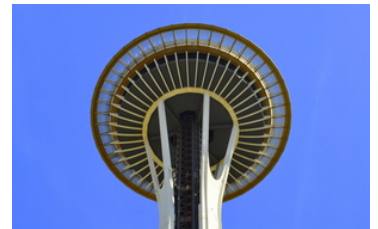
contact:
tel: 206/905-2100
fax: +1 206 905 2107
<http://www.spaceneedle.com>

location:
400 Broad St
Seattle WA 98121

hours:
Sun-Thurs 9am-11pm; Fri-Sat
9am-midnight

8 The Space Needle

DESCRIPTION: Built for the 1962 World's Fair, this 605-foot towering structure may also rate as one of the nation's most recognized structures...and one of its most overrated tourist traps. The \$22 adult day-and-night ticket is about as steep as the Needle itself, and one's wait in line will often exceed the time spent at the top. The views are free and just as impressive atop the Columbia Tower nearby on Fifth Avenue.
© NileGuide



editor

contact:

tel: 877/367-5483
fax: +1 206 770 2727
www.sfhomeworld.org

location:

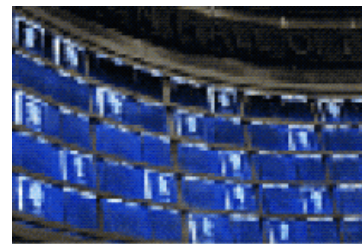
325 Fifth Ave. N
Seattle WA 98121

hours:

Memorial Day-Labor Day
10am-8pm; other months
Wed-Mon 10am-5pm (until
8pm 1st Thurs of each month)

9 Science Fiction Museum and Hall of Fame (SFM)

DESCRIPTION: Located inside the Experience Music Project, this is another pet project of Seattle's own billionaire nerd Paul Allen. Just as in EMP, this museum is packed with pop-culture icons, in this case from the world of science fiction. With displays of actual props and costumes from such historic sci-fi films and TV shows as Star Trek, Star Wars, Alien, Dr. Who, and Terminator, this place is an absolute must for devoted fans of one of literature's least-respected yet best-loved genres. The museum spends a lot of time chronicling the history of science fiction, including displays of 1930s and 1940s pulp fiction magazines. Other displays focus on the fans themselves (and the conventions they stage), as well as the connections to science. But, for most visitors, it's the movie props that are the real draw. From robots to jet packs to space suits and ray guns, it's all here. © Frommer's



contact:

tel: +1 206 684 4075 (Seattle Parks)
<http://www.seattle.gov/Parks/environment/seward.htm>

location:

5900 Lake Washington
Boulevard South
Seattle WA 98118

A Seward Park

OUR LOCAL EXPERT SAYS:

Bring your binoculars – this park is home to a few bald eagles visitors can watch glide over Lake Washington in search of their dinner.

DESCRIPTION: Located near Lake Washington, Seward Park sprawls over 300 acres, with paths for biking, trails for hiking and gardens for taking time to slow down and smell the roses. The park is also home to several playgrounds for the kids, beaches for those warm Seattle summer days, picnic zones, amphitheater and an art studio. While you're there, visit the Environmental and Audubon Center near the entrance, often featuring fun activities and exhibits for families. © NileGuide



adpower

contact:

tel: 206 625 0129
<http://www.steelheaddiner.com>

location:

95 Pine Street
Seattle WA 98101

hours:

Tu to Sa from 11:00 AM to
10:00 PM, Su from 10:00 AM
to 03:00 PM

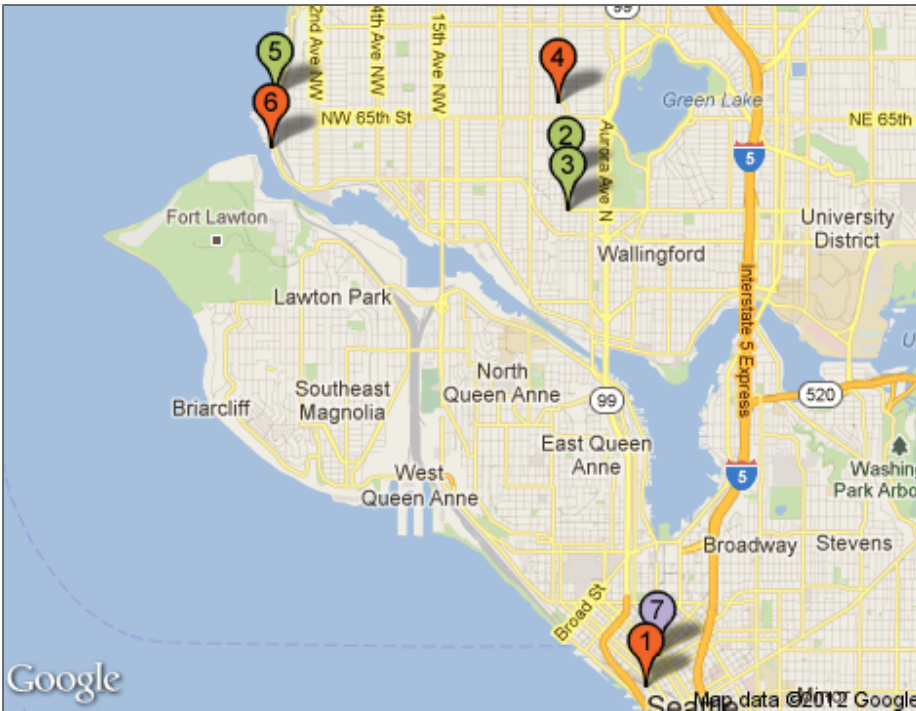
B Steelhead Diner

DESCRIPTION: A palette of soothing blues and greens reflect the colors of Puget Sound, visible through the front windows of this upscale diner next to Post Alley. Rows of colorful fishing lures encased in plastic separate booths for privacy, but the atmosphere is casual and festive. Chrome stools look into the kitchen, and a long bar encourages cocktails with camaraderie. Chef Davis's time in New Orleans informs such offerings as hominy cakes, gumbo and poutine. The lump Dungeness crab cake is one of the best in town, and desserts like Apple Pan Dowdy are worth the calories. Northwest wines, full bar. © wcities.com



citysearch

Day 2 - Seattle



QUICK NOTE

DAY NOTE: Start your day with crepes in the Market topped with fresh fruit and some fresh squeezed juice and then drive north on 99 to the Woodland Park Zoo. The kids will love the primate house and the elephants are just enormous! If you get overheated, slip into the Nocturnal house to cool off. Enjoy a trip through the rose garden before you head down the street to Red Mill Burgers for lunch. After lunch head to Golden Gardens for some fun on the beach. Head down the road to Ray's Boathouse for dinner during the sunset or head to Anthony's for all you can eat crab.

contact:
tel: 206 624 2196
<http://www.pikeplacemarket.org/>

location:
93 Pike Street
Seattle WA 98101

hours:
Mo to Su from 10:00 AM to
06:00 PM

1 Crepe De France

DESCRIPTION: If you are hungry for something light and sweet, crepes (or French pancakes) are the snack for you. These wonderful thin round cakes are wrapped around luscious fruit fillings and then topped with a dollop of whipped cream. They are the specialty of this little creperie located in the Pike Place Market Arcade. Go there hungry because you might want to try a couple of flavors. Bring cash as credit cards are not accepted. © wcities.com



Photo courtesy of Crepe De France

contact:

tel: +1 206 684 4800
fax: +1 206 684 4854
<http://www.zoo.org>

location:

601 North 59th Street
Seattle WA 98103

2 Woodland Park Zoo

DESCRIPTION: New visitors would never guess the Woodland Park Zoo is over 100 years old, and one of the oldest on the west coast. The grounds, 92 acres in all, are well-kept and clean, allowing you to view almost 300 species of animals. The zoo provides a home for 35 endangered and five threatened animal species. Its botanical collection includes 7,000 trees and more than 50,000 shrubs and herbs representing more than 1,000 species. There's also a food court, as well as seating area for those interested in packing a picnic lunch.
© NileGuide



photo courtesy of Woodland Park Zoo

contact:

tel: +1 206 684 4075 (Seattle Parks)
<http://www.cityofseattle.net/parks/parkspaces/woodlandpark/rosegarden.htm>

location:

North 50th Street and
Phinney Avenue North
Seattle WA 98103

3 Woodland Park Rose Garden

DESCRIPTION: No, this isn't the zoo, although the zoo is indeed smack in the middle of this park, which lives up to its name with 188 acres of towering deciduous forest and rolling lawns. It also offers tennis courts, playfields and picnic areas on its east side (near Green Lake), and shrubbery-shrouded meadows on its west side (on Phinney Avenue North). In the center, by one of the zoo entrances, is the park's beloved rose garden (5500 Phinney Ave North; +1 206 684 4863). The high-walled space is crammed with dozens of different hybrids, tea roses and climbers. © wcities.com



Photo courtesy of Woodland Park Rose Garden

hours:

4a-11:30p M-Su

4 Red Mill Burgers

DESCRIPTION: Just a little north of Woodland Park Zoo, this retro burger joint is tiny and always hoppin' because everyone knows it does one of the best burgers in Seattle. Try the verde burger, made with Anaheim peppers for just the right amount of fire. Don't miss the onion rings. And don't come dressed in your finest attire -- burgers here are definitely multi-napkin affairs. A second Red Mill Burgers is at 1613 W. Dravus St. (tel. 206/284-6363), which is midway between downtown Seattle and Ballard. © Frommer's



Photo courtesy of Red Mill Burgers

contact:

tel: 206/783-6362
www.redmillburgers.com

location:

312 N. 67th St
Seattle WA 98103

hours:

Tues-Sat 11am-9pm; Sun
noon-8pm

5 Golden Gardens Park

OUR LOCAL EXPERT SAYS:

Bring your dog for a fun day in the off-leash dog park in the northern section of Golden Gardens.

DESCRIPTION: This Ballard park on the Sound features a sandy coastline ideal for a summer day at the beach. Those



johnsu01

looking for a little more activity will enjoy the forest hiking trails, and fishing enthusiasts can get the perfect catch on the pier or by taking their boat out on the water. Golden Gardens is a great place for a family day out, with playgrounds for the kids and plenty of picnic areas.
© NileGuide

contact:

tel: 206 782 0094 cafe / 1 789 3770 boathouse
fax: 206 781 1960
<http://www.rays.com/>

location:

6049 Seaview Ave NW
Seattle WA 98107

hours:

Cafe: 11:30a-10 Su-Th,
11:30a-10:30p F-Sa

6 Ray's Cafe

DESCRIPTION: Located upstairs from Ray's Boathouse, this light, airy cafe attracts a young and lively crowd, more casually dressed than below. The panoramic view of Shilshole Bay is the only thing the restaurant and cafe share. On warm summer days, the best place to sit is on the terrace overlooking the bay. The gourmet pub grub includes vegetarian and salmon burgers, pasta with seafood, and Prawn and Scallop Saute. The extensive appetizer list is served until midnight. The full bar has over 20 microbrews on tap. © wcities.com



Ray's Cafe

contact:

tel: 800/426-5100
fax: 206/382-6997
<http://www.mayflowerpark.com/>

location:

405 Olive Way
Seattle WA 98101

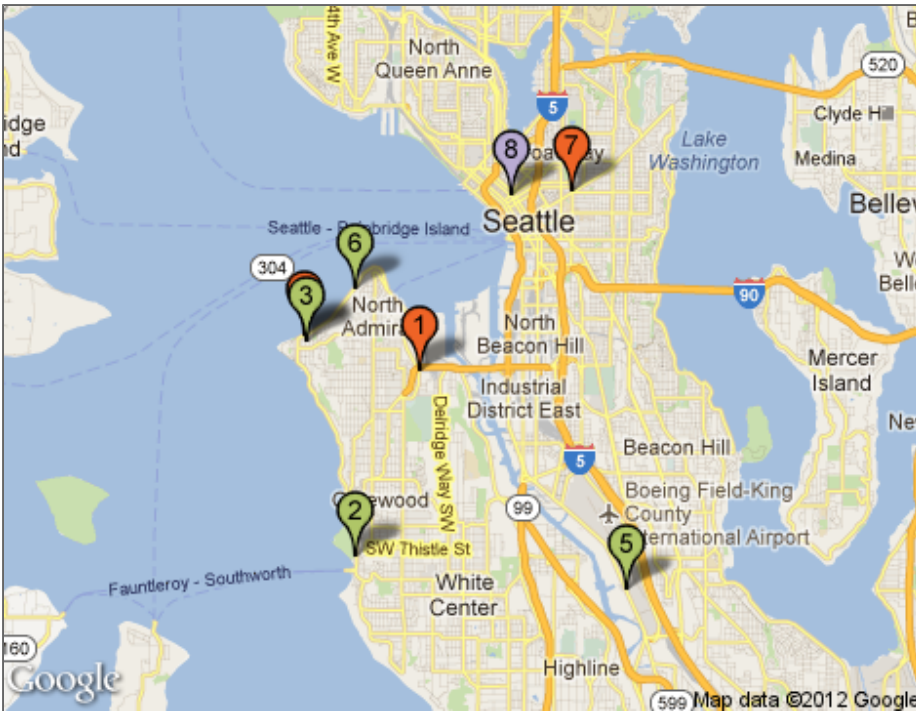
7 Mayflower Park Hotel

DESCRIPTION: Connected to the upscale shopping mall that is Westlake Center in downtown Seattle, this classy hotel is an excellent choice for those with more discriminating tastes. Surrounding by Nordstrom, Macys and countless other shops and boutiques, you'll enjoy retreating to your stylish, comfortable room at the Mayflower after a day of spending, particularly if you stop in Oliver's downstairs for what's known as the best martini in Seattle.
© NileGuide



Hotels.com

Day 3 - Seattle



QUICK NOTE

DAY NOTE: Start your day with a hearty traditional American breakfast at Luna Park where the collection of mid-century kitsch will delight you almost as much as the jukeboxes on each table. Drive over to Lincoln Park for a dip in Coleman Pool and a walk through the forest and then you can head back towards Alki where you can take a short tour of the Log House Museum which gives a unique perspective on the early settlers of the area. Catch lunch at Pegasus Pizza or Spuds Fish and Chips then enjoy a walk along Alki Beach and enjoy the best view of the Seattle skyline. When your kids are tired of flying kites, throwing rocks into the waves and building sandcastles pile them back into the car and head to the Museum of Flight to check out models of the moon landing craft and several airplanes with interactive controls and plenty of hands-on learning opportunities. For dinner you try Osteria la Spiga for traditional family-style Tuscan.

contact:
tel: 1 206 935 7250
<http://www.lunaparkcafe.com>

location:
2918 Southwest Avalon Way
Seattle WA 98126

hours:
Mo to Su from 07:00 AM to
10:00 PM

1 Luna Park Cafe

DESCRIPTION: This West Seattle eatery plainly enjoys its mission of keeping retro atmosphere alive. Everything here is a reminder of a bygone era, not least the theatrically abrasive staff. The portions of meatloaf, the full turkey dinners and the burgers are cheap and enormous, so the only things you will need in abundance are nostalgia for yesteryear and space in your belly. © wcities.com



Luna Park Cafe

contact:

tel: +1 206 684 4075
(Information Center)
http://www.seattle.gov/parks/park_detail.asp

location:

8603 Fauntleroy Way
Southwest
Seattle WA 98136

hours:

4a-11:30p

2 Lincoln Park

DESCRIPTION: Hidden away in the southern reaches of West Seattle, this park is, in many respects, the ultimate archetype of a Seattle park. Big but not too big, woodsy but not too densely forested, everything is just right. The beach is perfect for exploring, the meadows just right for Frisbee and the picnic areas nicely sheltered. And, Colman Pool (open only in the summer) lets you experience the salty waters of Puget Sound without the icy temperatures or the filth. If that doesn't provide waves enough, walk out of the park to the south and hop the ferryboat for a scenic 15-minute ride over to Vashon Island. © wcities.com



Photo courtesy of Lincoln Park

contact:

tel: +1 206 938 5293
<http://www.loghousemuseum.org>

location:

3003 61st Avenue Southwest
Seattle WA 98116

hours:

Tu Noon-6p, Sa-Su noon-3p

3 Log House Museum

DESCRIPTION: Located one block from Alki Beach, this little museum houses a rotating series of exhibits that focuses on West Seattle, which has been called 'the birthplace of Seattle'. Incorporating fascinating artifacts and charming audio and video presentations, the exhibits strive to combine information on settlers and the native Duwamish and Suquamish tribes. The museum's ongoing oral history project provides a continuing flow of new stories. Events are held monthly for kids and special-interest groups. A donation of \$2 for adults and \$1 for children is the suggested admission price. A small gift shop keeps the same hours as the museum. © wcities.com



Photo courtesy of Log House Museum

contact:

tel: 1 206 932 4849
<http://pegasusonalki.com>

location:

2758 Alki Avenue Southwest
Seattle WA 98116

hours:

Noon-11p M-Su

4 Pegasus Pizza

DESCRIPTION: Sitting along Alki Beach this is one of the best Greek pizza joints in town. Bright and airy inside with great views of Puget Sound, brighter and airier outside, with even better views of Puget Sound, the decor cannot be beat. It is the perfect place to just stretch out your feet and soak in the salty sea air. Thick crust pizza coated in feta, fresh spinach and olives, and enormous Greek salads that usually take a week to polish off are among the highlights. © wcities.com



citysearch

contact:

tel: 206/764-5720
fax: +1 206 764 5707
<http://museumofflight.org>

location:

9404 E. Marginal Way S
Seattle WA 98168

hours:

5 Museum of Flight

DESCRIPTION: The brief drive outside the city is worth it to get a look at Wright planes, war planes, spy planes and more. The Great Hall features over twenty actual planes, including the man-powered Gossamer Albatross, an F-5 supersonic fighter and a Blackbird spy plane. The exhibits walk you through the history of flight, including everything from the Wright brothers



Image courtesy of The Museum of Flight

Daily 10am-5pm (until 9pm
1st Thurs of each month)

to the mystery of Amelia Earhart, with artifacts, newspaper clippings and old video footage. The kid's center is filled with interactive flight fun, but the real highlight is the simulated air-traffic control tower. As the museum is next to the Boeing airport, you'll watch real planes land and hear real-time transmissions as the pilots are guided in.

© NileGuide

contact:

tel: +1 206 684 4075
http://www.seattle.gov/parks/park_detail.asp

location:

1702 Alki Ave SW
Seattle WA 98116

6 Alki Beach

OUR LOCAL EXPERT SAYS:

Alki Beach is a popular spot in the summer and can get crowded, so if you want to make a day of it, get there early.

DESCRIPTION: Looking for a Cali beach town vibe in the Pacific Northwest? The Alki Beach isn't just a hotspot for getting some sun and surf, it gives visitor's a chance to explore the historic Alki Point, where the first settlers began what would become the city of Seattle. Alki beach is a great place for all of your favorite beach activities – swimming, sunning, biking, volleyball, grilling – and there are dozens of shops, cafes and restaurants to explore after you've soaked in enough sun. Be sure to check out the Alki Lighthouse and the miniature Statue of Liberty while you're there.

© NileGuide



jeffwilcox

contact:

tel: 1 206 323 8881
www.laspiga.com

location:

1429 12th Ave.
Seattle WA 98122

hours:

Su to Th from 05:00 PM to
11:00 PM, Fr to Sa from 05:00
PM to 12:00 AM

7 Osteria la Spiga

DESCRIPTION: Osteria la Spiga's new space is 4 times the size of its old one and more beautiful than ever. They offer an expanded menu, and an additional bar menu served until 1:30am. Enjoy your authentic italian meal while listening to live jazz music 4 nights a week. Dine on the patio, or let them host an event for you in the separate private room.



citysearch

contact:

tel: 800/426-5100
fax: 206/382-6997
<http://www.mayflowerpark.com/>

location:

405 Olive Way

8 Mayflower Park Hotel

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Hotels.com

Seattle WA 98101

particularly if you stop in Oliver's downstairs for what's known as the best martini in Seattle.
© NileGuide

contact:

tel: +1 206 386 4236
<http://www.seattle.gov/Parks/Environment/discovparkindex.htm>

location:

3801 West Government Way
Seattle WA 98199

1 Discovery Park

DESCRIPTION: Covering over 500 acres, Discovery Park provides visitors with views of the Sound, as well as both the Olympic and Cascade Mountain ranges. While not ideal for sunbathing, the protected tidal beaches are a wonderful rocky area for exploration, and perhaps sighting a sea lion or other interesting wildlife, making this both a fun and educational trip for children and adults. Discovery Park is open every day from 6 a.m. to 11 p.m., and the visitor center is open Tuesdays through Sundays from 8:30 a.m. to 5 p.m. The park is closed on major holidays.

© NileGuide



borkur.net

contact:

tel: +1 206 684 4555
<http://www.pan.ci.seattle.wa.us/parks>

location:

1247 15th Ave E
Seattle WA 98102

2 Volunteer Park

DESCRIPTION: Built between 1904 and 1912, this park displays the Olmsted brothers' late-Victorian urban style of park design. Vistas of rolling lawns, carefully clumped shrubbery, tree-lined drives and carp ponds almost make you feel like you're strolling with top hat and cane in hand. The Kew Gardens-style glass conservatory, filled with humid tropical and arid desert environments, is free to all. Also visit the Seattle Asian Art Museum. Outside the museum sits Isamu Noguchi's stone sculpture "Black Sun," beloved of clambering children and tourists appreciative of its view of the Space Needle across the park's reservoir. At the southern end of the park stands a 75-foot brick water tower with a spiraling staircase and a 360-degree view of the Seattle area, from the Olympics to the Cascades. The view is a bit obstructed by the bars on the windows, but it's lovely in late afternoon sunlight. The park's name commemorates Seattleites who volunteered for the Spanish-American War. © wcities.com



wcities

location:

Seattle WA

3 Discovery Park

DESCRIPTION: Situated in north Seattle on the water, Discovery Park offers a variety of terrain, from beach front to forests to open prairies. Trails dissect the park and the Nature Center is a fabulous hands on educational experience for kids of all ages.

contact:

tel: 206/441-1768

fax: +1 206 448 0910

<http://thechildrensmuseum.org/>

location:

305 Harrison St
Seattle WA 98121

hours:

Mon-Fri 10am-5pm; Sat-Sun
10am-6pm

4 Children's Museum

DESCRIPTION: With eleven exhibits and 22,000 sq feet of space, this museum is the ideal place to let the little ones crawl around and explore. Features include a toddler "Discovery Bay," a global village, a kid-sized art studio, and Go Figure! – a Microsoft-sponsored exhibit that allows kids to jump inside their favorite storybooks.

© NileGuide



Cliff1066

contact:

tel: +1 206 684 4075

http://www.seattle.gov/parks/park_detail.asp

location:

2101 North Northlake Way
Seattle WA 98102

5 Gas Works Park

DESCRIPTION: This is an example of urban renewal at its best. Take an old gas-processing plant that has outlived its usefulness, and transform it into something everyone can enjoy. Located on the north shore of Lake Union (opposite downtown), the park has excellent water views and a spectacular, unobstructed view of the city skyline. It is a popular spot for concerts, bikers, kite flyers, families on picnics and just about everyone else. This is also a prime spot from which to view the Fireworks on the Fourth of July. © wcities.com



contact:

tel: +1 206 633 0451

<http://www.seattletilth.org/>

location:

4649 Sunnyside Avenue
North, Room 120
Seattle WA 98103

6 Seattle Tilth Children's Garden

DESCRIPTION: One of the aspects of Seattle's community personality in which its residents take the most pride is its concern for environmental matters. That certainly plays out at this garden, which is a workshop for kids who want to learn how to grow and care for their own gardens. Run by the Seattle Tilth Demonstration Gardens, the garden offers workshops with fun names like "Zoom, Zoom Zucchini" and "Bugs & Blooms." Classes vary in length and price. © wcities.com



Photo Courtesy of Seattle Tilth

contact:

tel: (206) 684-4075

http://www.seattle.gov/parks/park_detail.asp

location:

1635 11th Ave
Seattle WA

7 Cal Anderson Park

DESCRIPTION: Recently redesigned, Cal Anderson Park includes a fountain, texture pool, and reflecting pool; promenade paths, landscaping, a shelterhouse, plaza, children's play area, wading pool and lighted sports field. This open park invites walking, sitting, reading, contemplation, informal sports in the meadow and organized sports on the athletic field. Walkers: the circumference of the park on the sidewalks, including Bobby Morris Playfield, is 3,325 lineal feet, or about 2/3 of a mile. An interior loop on gravel paths, using the old concrete gatehouse as the most southern edge and



http://www.seattle.gov/parks/_images/parks/bobbymorpf.jpg

passing the cone water feature to the north, is 1,700 lineal feet, or about 1/3 of a mile.

contact:

tel: 206/545-8570
www.aguaverde.com

location:

1303 NE Boat St
Seattle WA 98105

hours:

Mon-Wed 11am-9pm;
Thurs-Sat 11am-10pm; Sun
noon-6pm

8 Agua Verde Cafe

DESCRIPTION: Set on the shore of Portage Bay, which lies between Lake Union and Lake Washington, this casual Mexican restaurant is a hit with college students from the adjacent University of Washington. Consequently, there's often a line out the door as customers wait to give their orders at the counter. The menu is limited to tacos, Mexican-style sandwiches, empanadas, quesadillas, and, at dinner, a handful of more substantial entrees. It's hard to go wrong, but I especially recommend the tacos, which come three to an order. Try the grilled halibut or yam versions, both of which are topped with a delicious avocado sauce. Add a couple of sides -- cranberry slaw, pineapple-jicama salsa, or creamy chile potatoes -- for a filling and inexpensive meal. Agua Verde also serves pretty good margaritas and rents kayaks for \$15 to \$18 per hour. © Frommer's



Photo courtesy of Agua Verde Cafe

contact:

tel: 1 206 633 0801
fax: 1 206 633 0801
http://www.tilthrestaurant.com
/

location:

1411 N. 45th Street
Seattle WA 98103

hours:

Mon-Thurs 5-10pm; Fri
5-10:30pm; Sat 10am-2pm
and 5-10:30pm; Sun
10am-2pm and 5-10pm

9 Tilth

DESCRIPTION: Chef Maria Hines proves that you can be a good steward of the earth and still delight your palate. Entering the old craftsman bungalow with a rocking chair porch feels like going to a friend's house for dinner. The décor is sparse, but original leaded glass windows, a brick fireplace and painted green chairs add to its inherent charm. Using only locally sourced and organic ingredients, menu items change seasonally. Try the mini duck burgers with homemade ketchup and mission fig at dinner or weekend brunch. A chalkboard highlights artisanal cheese selections, and the extensive wine list features several eco-friendly choices. © wcities.com



citysearch

contact:

tel: 206/728-2233
www.campagnerestaurant.com

location:

1600 Post Alley
Seattle WA 98101

hours:

Mon-Thurs 11am-10pm; Fri
11am-5pm and 5:30-11pm;
Sat 8am-4pm and 5:30-11pm;
Sun 8am-4pm and 5-10pm

10 Café Campagne

DESCRIPTION: Although this little cafe is in the heart of the Pike Place Market neighborhood, it's a world away from the market madness. I like to duck in here for lunch and escape the shuffling crowds. What a relief -- so civilized, so very French. Most people leave this dark, cozy place feeling that they've discovered some secret hideaway. The menu changes with the seasons, and the daily prix-fixe meal is a good deal. The cafe also doubles as a wine bar. © Frommer's



Photo courtesy of Café Campagne

contact:

tel: 206/448-6688

fax: +1 206 728 2500

www.anthonys.com

location:

2201 Alaskan Way
Seattle WA 98121

hours:

Pier 66 Mon-Thurs 5-9:30pm,

Fri-Sat 5-10pm, Sun 5-9pm;

Bell Street Diner Mon-Thurs

11:30am-10pm, Fri-Sat

11:30am-10:30pm, Sun

11:30am-9pm

11 Anthony's Pier 66 & Bell Street Diner

DESCRIPTION: The Anthony's chain has several outposts around the Seattle area, but this complex is the most convenient and versatile. It has not only an upper-end, stylish seafood restaurant with good waterfront views, but also a moderately priced casual restaurant and a walk-up counter. The bold contemporary styling and abundance of art glass set Anthony's apart from most waterfront restaurants. The upscale crowd heads upstairs for Asian- and Southwestern-inspired seafood dishes, while the more cost-conscious stay downstairs at the Bell Street Diner, where meals are much easier on the wallet (though far less creative). For the higher prices, you get better views. In summer the decks are the place to be. You can save money with the \$19 four-course sunset dinners that are served Monday through Friday between 4 and 6pm. © Frommer's



Photo courtesy of Anthony's Pier 66 & Bell Street Diner

Seattle Snapshot

Local Info

If all you know about Seattle is rainy days and the Space Needle, come take a closer look. Seattle (which, incidentally, gets less rainfall per year than New York City) is divided into several neighborhoods, each with their own main strips, nightlife, parks and exciting points of interest. Pick a zone, any zone, and spend the day getting to know the real Seattle.

Ballard

One of the most popular neighborhoods for those not willing to live "in" the city, Ballard has a personality all its own. Golden Gardens Park is a great place for a walk or bike ride, and there's plenty of drinks and seafood available at restaurants like Bad Albert's Tap & Grill and Ray's Boathouse.

Capitol Hill

A political-sounding name for what is unmistakably a liberal, life-loving neighborhood. If you've only got a few days in Seattle, you could easily spend an entire day just in Capitol Hill, checking out the Seattle Asian Art Museum, grabbing a latte at one of dozens of cafes, or browsing for books at the Elliot Bay Bookstore's new location.

Fremont

"Welcome to the Center of the Universe"; this is the sign that greets you in Fremont, and it only gets quirkiest from there. There's the famous Fremont Troll hiding under the Aurora Bridge, as well as a statue of none other than Lenin in the center of the neighborhood. This is the place for the Fremont Oktoberfest (for beer lovers) and Fremont Fair and Solstice Parade (for those who can't get enough of the naked body-paint bike parade). Of course, there's shops, cafes and restaurants galore, each with its own flavor and personality.

Madison Park

Looking for a relaxing day to take a stroll, see a few sights and find a nice cafe to chat over a cup of coffee? Madison Park has all this and more, with the Madison Park & Beach offering gorgeous views, and the bistro-style menu at Madison Park Café offering classic French food and wine, the perfect end to the day.

International District

If dim sum, sushi, or bibimbap is what you're craving, head to the International District, east of downtown Seattle. In addition to a selection of various Asian restaurants, take some great family photos under the pagoda at Hing Hay Park, or visit the Wing Luke, a small museum that offers a big peek into the art and culture of Japan and China.

Kirkland

Kirkland, in a word, is classy. A quick drive across the lake brings you to a selection of trendy cafes, fabulous art galleries, and world class restaurants like Trellis, which features a menu of seasonal, "farm-to-table" meals. Wine enthusiasts will appreciate not only the many wineries, but also Kirkland Uncorked, the neighborhood's annual "Wine, Dine and Design" festival.

Pike Place Market

The market on any given weekend is buzzing with tourists and locals alike, sampling fresh local produce, checking out the catch of the day, or shopping for the perfect souvenir. Pike Place is the United States' oldest farmer's market, and in addition to groceries boasts a huge variety of restaurants, including the original Starbucks. Piroshky Piroshky is an iconic stop, where visitors line up to purchase delicious sweet and savory Russian piroshkys, and a hot bread bowl of seafood bisque or one of several chowders at Pike Place Chowder is the perfect meal on a chilly, gray day.

Pioneer Square

As the historic area of Seattle, Pioneer Square is one of the biggest tourist attractions in the city. History lovers will adore the Underground Tour, which leads you beneath the city to the original Seattle. This is also a popular area for nightlife, with options like a drink at Central Saloon or an evening belting out your favorite tunes at 88 Keys Dueling Piano Bar.

Queen Anne Hill

This is what suburbs are meant to be; at least, for those who don't want to give up the convenience and quirk of the city. Queen Anne manages to be both trendy and understated, from indie bookshops like Queen Anne Books to the hip martini stop Tini Bigs.

Redmond

Its country location doesn't hide the fact that Redmond is home to huge corporations, including Microsoft and Nintendo, which make this one of the more affluent neighborhoods. Both Marymoor Park and the Lake Sammamish State Park are on the list for cyclists and walkers, and for those more interested in shopping, check out Redmond Town Center.

Seattle Center

So much more than just the Space Needle; if you're looking for a place to take the kids on a nice day, Seattle Center is the place to be. In addition to famous Seattle events like Bumbershoot and The Bite of Seattle, the center has plenty of restaurants, rides and arcade games for the kids, as well as the Pacific Science Center, Seattle Opera, and Intiman Theater. Museum lovers can't miss Seattle's famous Experience Music Project/Science Fiction Museum & Hall of Fame, which is also the end of the Monorail (which goes straight to Westlake Center).

University District

That's a mouthful; locals call it "U-Dub," the neighborhood known for fantastic restaurants, bars, shops, and the beautiful campus of the University of Washington. This is a hip, energetic neighborhood with everything from clubs to farmer's markets, as well as the fabulous University Bookstore. For Apple geeks, University Village houses the only full Apple Store in Seattle.

Waterfront

Get your quintessential West Coast fix with a stroll along Seattle's Waterfront, with an endless supply of picturesque scenes perfect for capturing a great family photo. In addition to the ferry terminal, where you can head off to Bainbridge or Bremerton Islands, you can also catch a fun water taxi over to West Seattle (much more fun than the long bus ride). Some of Seattle's most well-known restaurants are on the waterfront, including Elliott's Oyster House and Ivar's, and kids and adults alike will have a blast at the Seattle Aquarium.

West Seattle

Five minutes strolling down the street, sand and ocean on one side and bungalow-

Seattle Snapshot continued

style houses, burger joints and cafes on the other, you'll swear you were in California instead of Washington. The West Seattle

vibe is laid back and a popular place for water sports as well as bikers and joggers. Don't miss Alki Beach, Seattle's most famous beach, where you can lay in the

sun with a view of downtown on the other side of the bay.

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