



nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



papalars

One Day Wander

Seattle, 1 Day

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Guide Description



AUTHOR NOTE: If you are in the unfortunate position of having only one day in Seattle there are a few things you must see while you're here and a few restaurants you should definitely not miss.

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - Seattle

DAY NOTE: Too bad that you only have one day but since you're here there are several things you should definitely check out. Please come hungry because the food in Seattle is some of the best in the country so start your morning at Cafe Campagne in Pike Place Market then peruse the Market for edibles to bring home. Pick up some white truffle oil or truffle butter from La Buona Tavola, just next door you'll find gourmet herbed vinegars at Sotto Voce. De Laurenti carries hundreds of specialty artisan cheeses and many of them will fare just fine in your hotel fridge until you can get them home. The Pecorinos and Parmesans will last for a month or more so stock up and throw a tasting party when you get home. They also carry an extensive selection of imported meats so you may want to pick up some salami or prosciutto. You can find homemade huckleberry jam and fireweed honey on the main floor of the market which make perfect gifts for friends and family and are absolute musts for any well-stocked pantry. Definitely check out Market Spice Tea where you can find an extensive tea selection, perfect herbs de province and Tellicherry black pepper corns which are vastly superior to regular pepper. You can even arrange to have salmon or halibut shipped home after watching the fishmongers toss fish around at Pike Place Fish Co. Get lunch at Matt's in the Market, you should get a reservation early or if you can't get in, try Place Pigale, Maximelion or Steelhead Diner, or head up the hill to the Wild Ginger for fantastic Pan Asian. After lunch you are obligated to see the Space Needle so jump on the monorail from Westlake Center to the Seattle Center, make a reservation so you won't be charged for the elevator fee and then enjoy an appetizer and a drink in the rotating dining room and take in some of the best views in the city. Now that you've done the requisite visit to the Space Needle you can get on to the rest of your day. If you have time see the Seattle Art Museum and the Olympic Sculpture Park, but as important as they are, the real gem is the Frye Art Museum on First Hill. After the Frye stop in at Lark, put your name in and then go next door to Licorous for a perfectly matched cocktail small plate pairing. After dinner head over to the Hideout for a martini and then snuggle into the perfect linens at the Sorrento Hotel.



The Space Needle

Seattle's Iconic Landmark



Frye Art Museum

American and European Paintings



Licorous

Great late-night food and drinks



Lark

Rustic, Artisan-Friendly Cuisine



Hideout (The)

No hiding at the Hideout



Sorrento Hotel

Upscale, Uphill Hotel



Pike Place Market

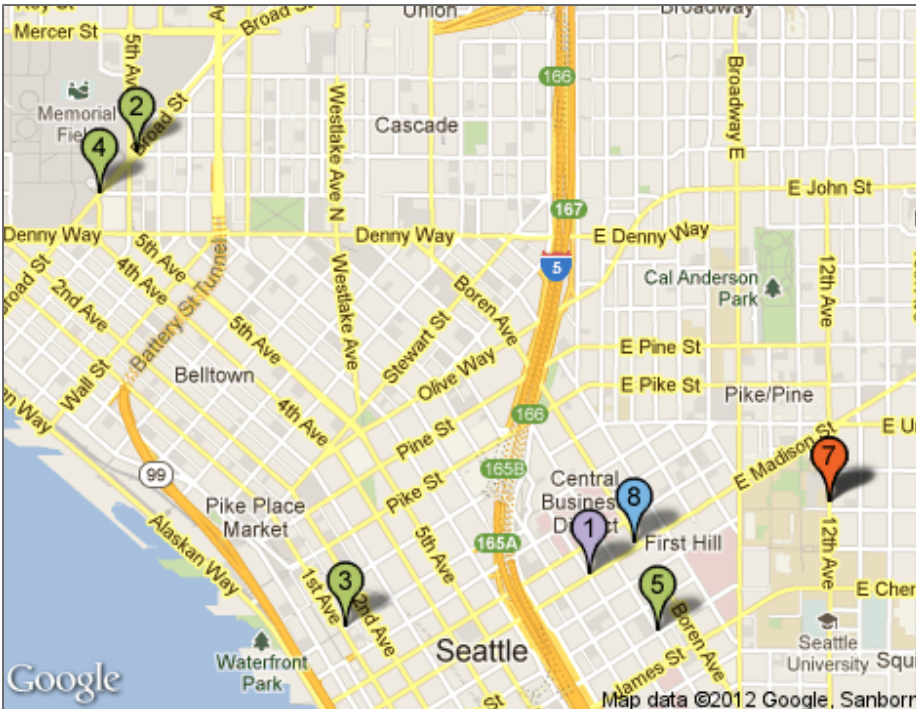
Famous Produce and Seafood Market



Seattle Art Museum

Internationally recognized museum specializing in African and contemporary art.

Day 1 - Seattle



QUICK NOTE

DAY NOTE: Too bad that you only have one day but since you're here there are several things you should definitely check out. Please come hungry because the food in Seattle is some of the best in the country so start your morning at Cafe Campagne in Pike Place Market then peruse the Market for edibles to bring home. Pick up some white truffle oil or truffle butter from La Buona Tavola, just next door you'll find gourmet herbed vinegars at Sotto Voce. De Laurenti carries hundreds of specialty artisan cheeses and many of them will fare just fine in your hotel fridge until you can get them home. The Pecorinos and Parmesans will last for a month or more so stock up and throw a tasting party when you get home. They also carry an extensive selection of imported meats so you may want to pick up some salami or prosciutto. You can find homemade huckleberry jam and fireweed honey on the main floor of the market which make perfect gifts for friends and family and are absolute musts for any well-stocked pantry. Definitely check out Market Spice Tea where you can find an extensive tea selection, perfect herbs de province and Tellicherry black pepper corns which are vastly superior to regular pepper. You can even arrange to have salmon or halibut shipped home after watching the fishmongers toss fish around at Pike Place Fish Co. Get lunch at Matt's in the Market, you should get a reservation early or if you can't get in, try Place Pigale, Maximielion or Steelhead Diner, or head up the hill to the Wild Ginger for fantastic Pan Asian. After lunch you are obligated to see the Space Needle so jump on the monorail from Westlake Center to the Seattle Center, make a reservation so you won't be charged for the elevator fee and then enjoy an appetizer and a drink in the rotating dining room and take in some of the best views in the city. Now that you've done the requisite visit to the Space Needle you can get on to the rest of your day. If you have time see the Seattle Art Museum and the Olympic Sculpture Park, but as important as they are, the real gem is the Frye Art Museum on First Hill. After the Frye stop in at Lark, put your name in and then go next door to Licorous for a perfectly matched cocktail small plate pairing. After dinner head over to the Hideout for a martini and then snuggle into the perfect linens at the Sorrento Hotel.

contact:

tel: 800/426-1265
fax: 206/343-6155
<http://www.hotelsorrento.com/>

location:

900 Madison St
Seattle WA 98104

1 Sorrento Hotel

DESCRIPTION: Old-world style and modern service – that's the Sorrento, the longest-operating boutique hotel in Seattle. Each of the 76 guest rooms are unique in decor, but all feature beds with Egyptian cotton linens, Italian marble bathrooms, high-speed Internet, DirectTV with movie channels, and CD sound systems. Amenities? Glad you asked. If the shiatsu massage isn't enough to get those airplane kinks out of your neck, perhaps the pilates classes Sorrento's offers will do the trick. Afterward, treat your skin to a full treatment at Bellezza on the lower lobby level.

The Sorrento is more than pet-friendly; not only are pets allowed, but doggie day care and grooming services are available.

© NileGuide



Hotels.com

contact:

tel: 206/682-7453
fax: +1 206 625 0646
<http://www.pikeplacemarket.org/>

location:

85 Pike Street
Seattle WA 98121

2 Pike Place Market

DESCRIPTION: Nine acres of fresh produce, seafood, coffee, donuts, crafts, unique restaurants and friendly vendors, all set against a backdrop of the Puget Sound – that's Pike Place Market, widely recognized as one of the oldest and best farmer's markets in the country. If you only have one day in Seattle, head downtown to get a real taste of the city in every sense. From fresh cheese curds at Beecher's to chowder at Pike Place Chowder, from necklaces and bags to hand-stitched leather journals and hats, from accordions to pianos to hula-hooping guitarists – there's something for your eyes, ears, and nose everywhere you look at the market.

© NileGuide



contact:

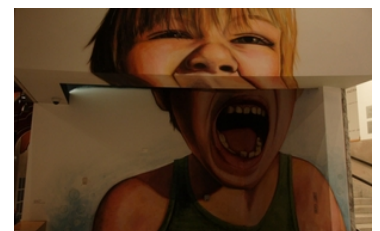
tel: +1 206 654 3100
fax: +1 206 654 3135
<http://www.seattleartmuseum.org>

location:

100 University Street
Seattle WA 98101

3 Seattle Art Museum

DESCRIPTION: Seattle Art Museum has recently expanded and the new building houses a much more extensive and impressive collection of modern art in addition to world class collections of Native American, European, African and Asian art. The permanent collection is housed in a bright airy corridor, and spans several floors. Modern pieces playfully juxtapose traditional European works; an Andy Warhol shares space with a John Singleton Copeland and touring exhibits occupy the original structure. Brancusi and Botticelli anchor the second floor. If you've been disappointed by the original Seattle Art Museum, don't let your first exposure prevent you from experiencing the new Seattle Art Museum, the collection is outstanding and the arrangement of the art is in itself a creative endeavor.



wcities

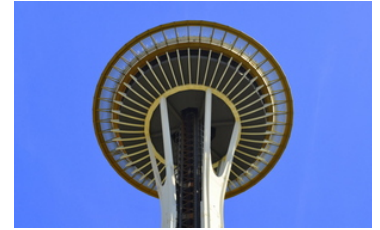
contact:
tel: 206/905-2100
fax: +1 206 905 2107
<http://www.spaceneedle.com>

location:
400 Broad St
Seattle WA 98121

hours:
Sun-Thurs 9am-11pm; Fri-Sat
9am-midnight

4 The Space Needle

DESCRIPTION: Built for the 1962 World's Fair, this 605-foot towering structure may also rate as one of the nation's most recognized structures...and one of its most overrated tourist traps. The \$22 adult day-and-night ticket is about as steep as the Needle itself, and one's wait in line will often exceed the time spent at the top. The views are free and just as impressive atop the Columbia Tower nearby on Fifth Avenue.
© NileGuide



editor

contact:
tel: 206/622-9250
fax: +1 206 223 1707
www.fryeart.org

location:
704 Terry Ave
Seattle WA 98164

hours:
Tues-Wed and Fri-Sat
10am-4:30pm; Thurs
10am-7:30pm; Sun
noon-4:30pm

5 Frye Art Museum

DESCRIPTION: On First Hill not far from downtown Seattle, this museum is primarily an exhibit space for the extensive personal art collection of Charles and Emma Frye, Seattle pioneers who began collecting art in the 1890s. The collection focuses on late-19th-century and early-20th-century representational art by European and American painters, with works by Andrew Wyeth, Thomas Hart Benton, Edward Hopper, Albert Bierstadt, and Pablo Picasso, as well as a large collection of engravings by Winslow Homer. In addition to galleries filled with works from the permanent collection, temporary exhibitions are held throughout the year.
© Frommer's



The Puppet Show... is one of those shows you can disappear down into, and at every level you go, you will get something more.

contact:
tel: 206 325 6947
<http://www.licorous.com/index.html>

location:
928 12th Avenue
Seattle WA 98122

hours:
Tu-Sa 5p-1a

6 Licorous

DESCRIPTION: Licorous, whose original name means, "tempting the appetite" and "relishing good food," is an ultimate spot that serves great, affordable food and cocktails. The chefs prepare a variety of dishes that are available for order late into the night. Their cocktail menu is diverse and you might even get to enjoy an original mix as the bartender often experiments with new concoctions. Licorous is uniquely decorated in orange and salmon colors that creates an atmosphere of escape from the outer world. © wcities.com



Photo courtesy of Licorous

contact:
tel: 206/323-5275
<http://larkseattle.com/>

location:
926 12th Ave
Seattle WA 98122

hours:
Tues-Sun 5-10:30pm

7 Lark

DESCRIPTION: This little hole-in-the-wall is a prime example of finding elegance and exquisite food in unexpected places. Owned by Chef Jonathan Sundstrom, Lark is not where you come to eat – it's where you come to experience food. Rather than ordering an entree, the menu consists of small plates, so you can sample several succulent dishes, all of which are seasonal and prepared using local ingredients. Ingredients that are transformed into dishes like seared foie gras with rhubarb and spring onions, rabbit salad with asparagus, incredible



Photo courtesy of Lark

cheese plates and desserts like pineapple tarte tartin with rum caramel.
© NileGuide

contact:
tel: 206 903 8480
<http://www.hideoutseattle.com>
/

location:
1005 Boren Avenue
Seattle WA 98104

hours:
4p-2a M-F, 6p-2a Sa-Su

8 Hideout (The)

DESCRIPTION: Described by the owners as a 'five-year performance art installation with a full bar', you just know that the place is going to be nothing short of unique. This eclectic loungey hangout is a Mecca for the creative arty crowd in Seattle. You are free to write, draw, act or interact with other patrons, whatever your creative heart desires! The velvet curtains, dark corners and large chandeliers - all add to your sense of impending drama. After you get used to the slightly weird atmosphere, indulge in the great variety of alcohol and nightly specials of drinks and appetizers that this place offers. © wcities.com



citysearch

Seattle Snapshot

Local Info

If all you know about Seattle is rainy days and the Space Needle, come take a closer look. Seattle (which, incidentally, gets less rainfall per year than New York City) is divided into several neighborhoods, each with their own main strips, nightlife, parks and exciting points of interest. Pick a zone, any zone, and spend the day getting to know the real Seattle.

Ballard

One of the most popular neighborhoods for those not willing to live "in" the city, Ballard has a personality all its own. Golden Gardens Park is a great place for a walk or bike ride, and there's plenty of drinks and seafood available at restaurants like Bad Albert's Tap & Grill and Ray's Boathouse.

Capitol Hill

A political-sounding name for what is unmistakably a liberal, life-loving neighborhood. If you've only got a few days in Seattle, you could easily spend an entire day just in Capitol Hill, checking out the Seattle Asian Art Museum, grabbing a latte at one of dozens of cafes, or browsing for books at the Elliot Bay Bookstore's new location.

Fremont

"Welcome to the Center of the Universe"; this is the sign that greets you in Fremont, and it only gets quirkiest from there. There's the famous Fremont Troll hiding under the Aurora Bridge, as well as a statue of none other than Lenin in the center of the neighborhood. This is the place for the Fremont Oktoberfest (for beer lovers) and Fremont Fair and Solstice Parade (for those who can't get enough of the naked body-paint bike parade). Of course, there's shops, cafes and restaurants galore, each with its own flavor and personality.

Madison Park

Looking for a relaxing day to take a stroll, see a few sights and find a nice cafe to chat over a cup of coffee? Madison Park has all this and more, with the Madison Park & Beach offering gorgeous views, and the bistro-style menu at Madison Park Café offering classic French food and wine, the perfect end to the day.

International District

If dim sum, sushi, or bibimbap is what you're craving, head to the International District, east of downtown Seattle. In addition to a selection of various Asian restaurants, take some great family photos under the pagoda at Hing Hay Park, or visit the Wing Luke, a small museum that offers a big peek into the art and culture of Japan and China.

Kirkland

Kirkland, in a word, is classy. A quick drive across the lake brings you to a selection of trendy cafes, fabulous art galleries, and world class restaurants like Trellis, which features a menu of seasonal, "farm-to-table" meals. Wine enthusiasts will appreciate not only the many wineries, but also Kirkland Uncorked, the neighborhood's annual "Wine, Dine and Design" festival.

Pike Place Market

The market on any given weekend is buzzing with tourists and locals alike, sampling fresh local produce, checking out the catch of the day, or shopping for the perfect souvenir. Pike Place is the United States' oldest farmer's market, and in addition to groceries boasts a huge variety of restaurants, including the original Starbucks. Piroshky Piroshky is an iconic stop, where visitors line up to purchase delicious sweet and savory Russian piroshkys, and a hot bread bowl of seafood bisque or one of several chowders at Pike Place Chowder is the perfect meal on a chilly, gray day.

Pioneer Square

As the historic area of Seattle, Pioneer Square is one of the biggest tourist attractions in the city. History lovers will adore the Underground Tour, which leads you beneath the city to the original Seattle. This is also a popular area for nightlife, with options like a drink at Central Saloon or an evening belting out your favorite tunes at 88 Keys Dueling Piano Bar.

Queen Anne Hill

This is what suburbs are meant to be; at least, for those who don't want to give up the convenience and quirk of the city. Queen Anne manages to be both trendy and understated, from indie bookshops like Queen Anne Books to the hip martini stop Tini Bigs.

Redmond

Its country location doesn't hide the fact that Redmond is home to huge corporations, including Microsoft and Nintendo, which make this one of the more affluent neighborhoods. Both Marymoor Park and the Lake Sammamish State Park are on the list for cyclists and walkers, and for those more interested in shopping, check out Redmond Town Center.

Seattle Center

So much more than just the Space Needle; if you're looking for a place to take the kids on a nice day, Seattle Center is the place to be. In addition to famous Seattle events like Bumbershoot and The Bite of Seattle, the center has plenty of restaurants, rides and arcade games for the kids, as well as the Pacific Science Center, Seattle Opera, and Intiman Theater. Museum lovers can't miss Seattle's famous Experience Music Project/Science Fiction Museum & Hall of Fame, which is also the end of the Monorail (which goes straight to Westlake Center).

University District

That's a mouthful; locals call it "U-Dub," the neighborhood known for fantastic restaurants, bars, shops, and the beautiful campus of the University of Washington. This is a hip, energetic neighborhood with everything from clubs to farmer's markets, as well as the fabulous University Bookstore. For Apple geeks, University Village houses the only full Apple Store in Seattle.

Waterfront

Get your quintessential West Coast fix with a stroll along Seattle's Waterfront, with an endless supply of picturesque scenes perfect for capturing a great family photo. In addition to the ferry terminal, where you can head off to Bainbridge or Bremerton Islands, you can also catch a fun water taxi over to West Seattle (much more fun than the long bus ride). Some of Seattle's most well-known restaurants are on the waterfront, including Elliott's Oyster House and Ivar's, and kids and adults alike will have a blast at the Seattle Aquarium.

West Seattle

Five minutes strolling down the street, sand and ocean on one side and bungalow-

Seattle Snapshot continued

style houses, burger joints and cafes on the other, you'll swear you were in California instead of Washington. The West Seattle

vibe is laid back and a popular place for water sports as well as bikers and joggers. Don't miss Alki Beach, Seattle's most famous beach, where you can lay in the

sun with a view of downtown on the other side of the bay.

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