



nileGUIDE

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St. Louis Guide

St. Louis, 2 Days

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Guide Description

AUTHOR NOTE: In these two days, you'll see notable St. Louis sights (the Gateway Arch, the Old Courthouse, the Anheiser-Busch Brewery, Blueberry Hill) as well as lesser-known ones (the City Museum, Lemp Mansion).

This guide takes you to Forest Park and St. Louis's free art museum and introduces you to your new-to-Nile Guide hotel: the Moonrise Hotel (<http://www.moonrisehotel.com/>) in the University Loop (ok, so it doesn't really introduce you to the hotel, because it's not on Nile Guide yet, but you should stay there anyway).

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - St. Louis



Gateway Arch

World's Tallest Arch



Old Courthouse

St. Louis History on Display



Tap Room

Brew & Stew



Anheuser-Busch Brewery

World's Largest Brewery



Lemp Mansion Mystery Dinner Theatre

Mystery Dinner Theater



City Museum

Caves, Tunnels and the Largest Pair of Underwear in the World!

Day 2 - St. Louis



Forest Park

Natural Beauty, Urban Setting



Saint Louis Art Museum (SLAM)

Art For Everyone



Dominic's on the Hill

Traditional Italian on The Hill



University City Loop

Eclectic Shops, Eateries and More



St. Louis Walk of Fame

Stars of St Louis Shine



Blueberry Hill

Pop Culture, Great Food and Fun

Day 1 - St. Louis



QUICK NOTE

contact:

tel: +1 314 655 1700
<http://www.gatewayarch.com/>
<http://www.nps.gov/archive/jeff/arch.html>

location:

North 1st Street
St. Louis MO 63102

1 Gateway Arch

DESCRIPTION: The Arch has been a popular tourist attraction since its completion in October 1965. Designed to last 1,000 years, it reaches 630 feet in height; on a clear day, you can see for about 30 miles from atop the structure. Groups of 20 or more can take a guided tour of the landmark. The tour includes a documentary film on the building of the Arch, a visit to the Museum of Westward Expansion and a trip to the Old Courthouse, which is famous for hosting the legendary Dred Scott Trial. © wcities.com

contact:

tel: +1 314 655 1700
fax: +1 314 655 1641
<http://www.nps.gov/jeff/planyourvisit/och.htm>

location:

11 North Fourth Street
St. Louis MO 63102

2 Old Courthouse

DESCRIPTION: The exhibits at the Old Courthouse, most of which are actual models or historic items rather than mere text or photographs, date back to 1764, at which time the St. Louis region was a French fur trading port. Other exhibits come from eras ranging from colonial times on up to the 20th century. The Old Courthouse served as an actual courthouse from the mid-19th century up until 1930. © wcities.com



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contact:

tel: +1 314 241 2337
fax: +1 314 241 8101
<http://www.schlafly.com/>

location:

3 Tap Room

DESCRIPTION: A few blocks north of Union Station, in a 1904 brick building that used to house a printing company, this microbrewery brews more than 30 kinds of Schlafly brand beer on the premises (eight or so are usually on offer) and serves a variety of sandwiches and entrees, many

2100 Locust Street
St. Louis MO 63103

hours:

Mo to Tu from 11:00 AM to 10:00 PM, We to Sa from 11:00 AM to 01:00 AM, Su from 12:00 PM to 10:00 PM

contact:

tel: +1 314 577 2626
<http://www.budweisertours.com/>, <http://www.anheuser-busch.com/breweryMO.html>

location:

610 Pestalozzi Street
St Louis MO 63118

hours:

June-Aug Mon-Sat 9am-5pm, Sun 11:30am-5pm; Sept-May Mon-Sat 9am-4pm (Nov-Feb from 10am), Sun 11:30am-4pm. Tours run several times an hour on first-come, first-served basis. Frequency depends on demand (as often as every 10 min. in summer and about every 30 min. in winter)

of which include beer in their recipes, including Oatmeal Stout steak-and-mushroom pie, and beer-and-cheddar soup. An upstairs bar offers live music every Friday, Saturday, and Sunday evening. © Frommer's

4 Anheuser-Busch Brewery

DESCRIPTION: Anheuser-Busch, one of the world's largest beer brewers, was established at this site in the 1860s, and many architectural gems from that time period remain. Tours of the brewing process take in the 1885 Clydesdale stable, the historic 1892 Brew House, and the packaging plant, ending with free drinks. Allow 1 1/2 hours. Tours begin at 12th and Lynch streets (I-55 at Arsenal). © Frommer's



wcities

contact:

tel: +1 314 664 8024
<http://www.lempmansion.com>

location:

3322 DeMenil Place
St. Louis MO 63118

5 Lemp Mansion Mystery Dinner Theatre

DESCRIPTION: Murder, mystery and mayhem are all part of what you'll find here. No one knows whether he or she will be the next "victim" or the one to solve the case. The haunting history of the 1860s mansion adds to the exciting atmosphere. Although this is a bed-and-breakfast establishment, the dinner theater is open to the public on Fridays and Saturdays at 7p. Reservations are recommended. © wcities.com



wcities

contact:

tel: +1 314 231 2489
<http://www.citymuseum.org/>

location:

701 North 15th Street
St. Louis MO 63103

6 City Museum

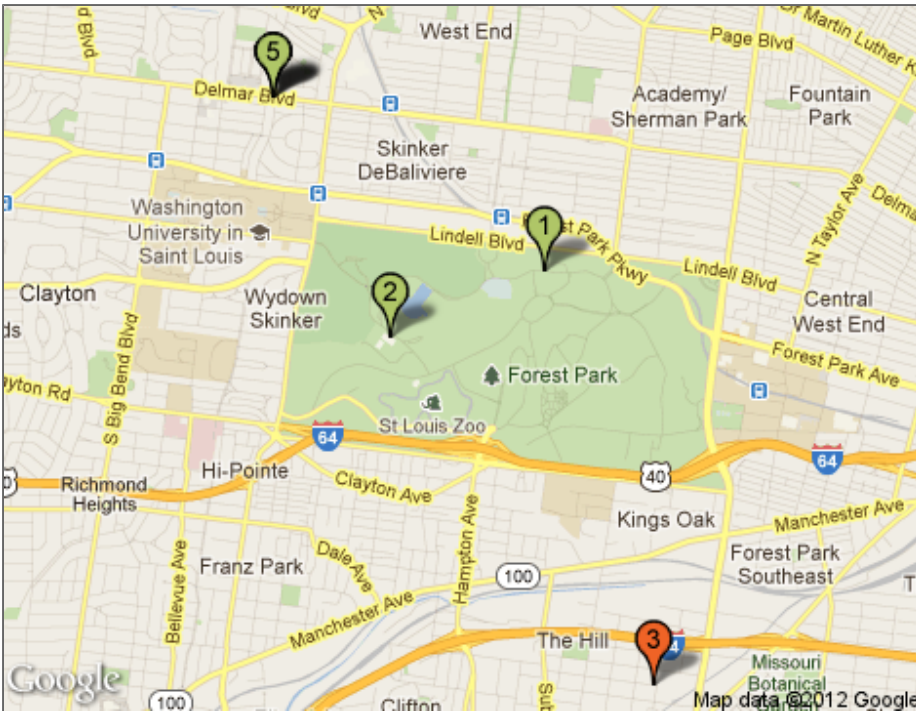
DESCRIPTION: Located in a former shoe manufacturing building, this museum will satisfy both the young and the young-at-heart. With three floors of interesting, educational and fun-filled rooms, it is one of the best downtown attractions. The museum is run by a group of artists and professionals with impressive credits, who together produce an awesome array of exhibits. Feel the authenticity of the multilevel enchanted forest,



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the architectural museum and the giant aquarium. Join in on the circus fun, do some arts and crafts or just enjoy browsing. © wcities.com

Day 2 - St. Louis



QUICK NOTE

contact:

tel: +1 314 367 7275

fax: +1 314 367 7622

<http://www.forestparkforever.org/HTML/>

location:

5595 Grand Drive
St. Louis MO 63112

1 Forest Park

DESCRIPTION: Born in the Civil War era (1879) and site of the 1904 World's Fair, this park attracts history lovers from around the world. Memories abound in this urban park, which hosts reunions and many other events year-round. Not much is sweeter than walking barefoot in the grass on the beautiful grounds, picnicking by the stream or seeing the 40-foot turtle. Browse displays, historical artifacts and art collections. © wcities.com



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contact:

tel: +1 314 721 0072

fax: +1 314 721 6172

<http://www.slam.org/>

location:

1 Fine Arts Dr
St Louis MO 63110

hours:

Tues-Sun 10am-5pm (Fri to 9pm)

2 Saint Louis Art Museum (SLAM)

DESCRIPTION: Housed in a Beaux Arts-style building constructed for the 1904 World's Fair, this great museum is a buffet of the arts, where visitors can sample as much as they like of the displays from around the globe and from virtually all time periods. It contains works ranging from ancient and medieval art to European old masters, French Impressionists, American art from 1800 to 1945, and contemporary art. Its pre-Columbian, Asian, and German expressionist collections are ranked among the best in the world (it owns more paintings by Max Beckmann than any museum on the planet). Other galleries feature Islamic and ancient art; an Egyptian collection (including three mummies); arms and armor; media art; and art from Africa, Oceania, and the Americas. There are also displays of Chinese, European, and American decorative arts. You should spend at least 2 hours here. © Frommer's

contact:
tel: 3147711632
fax: +1 314 771 1695
www.dominicsrestaurant.com

location:
5101 Wilson Ave.
St. Louis MO 63110

hours:
Dinner: Monday - Saturday:
5:00pm - 10:00pm Large
groups of 40 or more can
be accommodated in the
afternoons and on Sunday
with enough advanced notice.

3 Dominic's on the Hill

DESCRIPTION: Considered by many to be the best Italian restaurant on the Hill, this restaurant inspires elegance and good taste. Gentlemen will want to wear a suit and tie and ladies should make it a point to dress up for the occasion, too. Italian landscape oil paintings and romantic chandelier lighting perfectly complement the tasteful ambiance. Veal and artichoke dishes are hearty favorites at Dominic's on the Hill, but do not overlook the seafood selections. The wine list is among the top in St. Louis and features many Italian vintages. Cappuccinos and espressos perfectly complete every meal. © wcities.com



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contact:
tel: +1 314 727 8000
http://www.visittheloop.com

location:
6504 Delmar Boulevard
St. Louis MO 63130

4 University City Loop

DESCRIPTION: Locals and visitors gather in crowds to shop, dine and have fun in the Loop, a six-block area in the center of St. Louis filled with dozens of businesses. This historic landmark in the university area is convenient to Lambert International Airport, Forest Park, MetroLink, the Washington University and more. Parking space is plentiful for those planning on shopping or staying in the area awhile. Shop at places like Tantrum and Faru Gallery, dine at Blueberry Hill or the Melting Pot. Or take in a movie at the Tivoli Theater. © wcities.com



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contact:
tel: +1 314 727 7827
http://stlouiswalkoffame.org/

location:
6504 Delmar Boulevard
St. Louis MO 63130

5 St. Louis Walk of Fame

DESCRIPTION: Dedicated in 1988, this University City contains more than 80 brass and bronze stars celebrating people who were born in or lived in St. Louis, making an impact on the city's cultural heritage. Stars such as Maya Angelou, John Goodman, Tina Turner, Betty Grable and Yogi Berra are included in this tribute to St. Louis history. Inductions of new stars are held yearly. The goal of this organization is to educate as well as to share the accomplishments of the honorees. The walk is open year round and is free to the public. © wcities.com

contact:
tel: +1 314 727 4444
http://www.blueberryhill.com/

location:
6504 Delmar Boulevard
St. Louis MO 63130

hours:
Mo to Sa from 11:00 AM to
01:30 PM, Su from 11:00 AM
to 12:00 PM

6 Blueberry Hill

DESCRIPTION: Voted best nightclub, bar, hangout, restaurant...you name it: Blueberry Hill is the place to go for great food and live bands. Whether it is a local band or a national touring act, this five-star establishment has the best in blues, reggae and rock 'n' roll. The menu contains an array of heart clogging selections like chili fries and hamburgers. But you will find numerous veggie offerings and specials like Trout Almondine and jerk chicken. Sandwiches and breakfast grub is also available. © wcities.com



Blueberry Hill

St. Louis Snapshot

Local Info

St. Louis is best-known to most Americans for its landmark arch. But residents appreciate their hometown for its many parks, greenspaces and easily enjoyed entertainments: the city ranks second only to Washington, D.C., for highest number of free things to do among U.S. cities.

Sights

You might guess it's the Washington Monument but, in fact, the Gateway Arch is the tallest manmade national monument in America. Nearby is an open mall (as in plaza, not shopping mall) with a lovely reflecting pool. 15th Street is where to find the City Museum with its multitude of attractions, including Tiny Train Town, World Aquarium, Enchanted Caves, Toddler Town and an interesting collection of architectural relics. The place is one of visitors' most popular stops, because it's like a playground for young and old.

You can also spend some quality family time at Forest Park, a large, central public

space where the outdoor activities include boating, fishing, picnics, golf and ice-skating. While there, make sure to try the park's hotdogs and ice creams, which are a point of St. Louis pride.

One of the best times to visit the city is from May to June, when the St. Louis Renaissance Faire takes place on weekends. A lot of these fairs absorb a good deal of flack, ridiculed as the exclusive domain of nerds, but this one is different. It features excellent food, drinks and entertainment, and locals dress up and decorate their houses as if it were the 16th century.

If you enjoy performing arts, St. Louis has one of the two Fabulous Fox Theatres in existence. It has a variety of entertainment year-round. In summer, you can enjoy outdoor musical concerts at the Muny. In late spring, take in a free show during the Shakespeare Festival.

Shopping and Dining

Downtown St. Louis has been undergoing improvements and the site is now seeing the arrival of many new hotels and arenas, domes and stadiums, along with plenty of shops, restaurants and entertainment venues. But outside the city center there are neighborhoods with their own appealing attractions. Historic Soulard, located southwest of downtown, has a great farmers market (it's the oldest west of the Mississippi). The surrounding blocks are filled with trendy dining places, including Lafayette Square with its charming tree-lined streets.

If you're looking to shop and dine in a more cosmopolitan environment, the Central West End is where art galleries and antique shops are. After shopping, you can relax in one of the many coffee houses in the area. Visitors who enjoy Italian food will love the Hill, also known as Little Italy. Apart from Italian restaurants, you'll discover a wealth of Italian bakeries and shops.

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