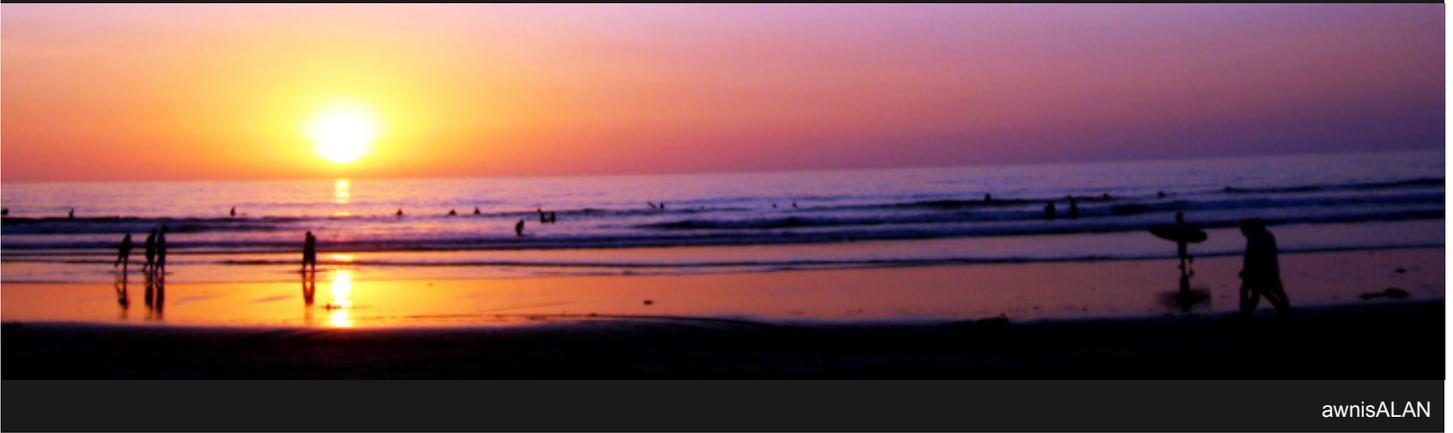




nileGUIDE

ALL YOU NEED TO PLAN YOUR PERFECT TRIP



awnisALAN

Offbeat, La Jolla

La Jolla, 2 Days

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Guide Description



AUTHOR NOTE: La Jolla is a beautiful gem located in Southern California right next to the beautiful Pacific Ocean. There is so much beauty to La Jolla, whether it be its many breath taking beaches, posh dining spots or world renowned hotels, however there is so much more. No matter where you stay while in La Jolla you will be treated like royalty however still keep your modesty and stay at the La Jolla Cove Suites. Located near the hustle and bustle of the downtown area you will always have something fun and exciting to do. Art abounds in this culturally minded area, you can find many traditional art galleries, however there are also some that will exhibit mediums you have never even thought of like the La Jolla Fiber Arts with their array of handmade dolls and tapestries. While here on the beach you will also be able to dine at restaurants ranging from Thailand to Tokyo, to the unknown coffee house you always have wanted to find.

Itinerary Overview

things to do
restaurants
hotels
nightlife

Day 1 - La Jolla

DAY NOTE: The La Jolla Cove Suites will be sure to please with their prime location and contemporarily furnished rooms. You are here to discover La Jolla so head out to the Mission Coffee Cup Cafe, this ultra-casual coffee house is great for a cup of coffee of to eat breakfast and enjoy the paper. From here head to the Quint Contemporary Art, this gallery specializes in contemporary modern art, and they boast a large collection of abstract and representational art as well. The OBernier Gallery is another great spot for contemporary or traditional art, this gallery has an extensive collection of different artists which creates a very nice flow. For lunch Brockton Villa Restaurant with its shore-side dining veranda and fireplace creates an amazing atmosphere that will make you want to spend all afternoon sipping on their hand crafted "Brocktails". When you finally manage to leave Brockton's the La Jolla Fiber Arts will surely satisfy with their eclectic collection of textile pieces such as tapestries, baskets and dolls. The Living Room Coffeehouse is your destination for tonight, this jazz cafe, coffee house restaurant hybrid will be captivating.

	Coffee Cup Cafe Most Crowded Spot in Town
	Quint Contemporary Art Cutting-Edge Gallery
	OBernier Gallery Original Works of Art
	Brockton Villa Bungalow Dining
	La Jolla Fiber Arts Specialist Gallery
	Living Room Coffeehouse Joe with Jazz
	La Jolla Cove Suites Village Close & A World Away

Day 2 - La Jolla

DAY NOTE: Waking up overlooking the Pacific Ocean at La Jolla Cove Suites will surely be one of the highlights of you stay. Take your time enjoying the view The Cottage serves breakfast all day, so they are ready when you are. Their Mediterranean

inspired omelets will be sure to hit the spot, and be sure to try their fresh made pastries. From here head to the Birch Aquarium, part of the world renowned Scripps's properties this aquarium boasts some of the rarest ocean dwelling creatures, such a sea horses, sharks and other cool animals. When you have traveled the ocean voyage to Joseph Bellows Gallery for a different kind of art, a mixture of vintage and contemporary pieces ranging from books to other cool collectibles which are all for sale. All of this art viewing will surely make you hungry so head to Thailand and enjoy some authentic foods, of just go to Spice and Rice Thai Kitchen, the choice is yours. This dining experience will surely make you feel you have traveled around the world, even though it is not the most intimate experience the food is well worth it. Head to Girard Avenue for some shopping at their independent boutiques where you can find whatever style of clothing you like. You will also find many cool shops that you should at least check out. August is the month that the Sherwood Auditorium hold Summerfest which is a collection of many bands who play here. If you are interested check the line-up and plan accordingly. After the show head to Roppongi named after a nightclub in Tokyo. This restaurant has a very diverse menu featuring duck quesadilla and many other seafood dishes, fresh from the Pacific. For some dessert after dinner or anytime during the day go to Michele Coulon Dessertier and enjoy her hand crafted pieces that look so good you don't want to eat them, however they look so good you must.

	The Cottage Inexpensive La Jolla breakfast
	Birch Aquarium at Scripps 20,000 leagues of fun
	Joseph Bellows Gallery Flash Works
	Spice and Rice Thai Kitchen Flavors of Thai
	Girard Avenue Local Shops
	Sherwood Auditorium Theatrics, La Jolla Style
	Roppongi Feng shui environment
	Michele Coulon Dessertier Eat Your Cake Too

Itinerary Overview

things to do
restaurants
hotels
nightlife



La Jolla Cove Suites

Village Close & A World Away

Day 1 - La Jolla

QUICK NOTE

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contact:
tel: +1 858 551 8514

location:
1109 Wall St
La Jolla CA 92037

hours:
Daily 8a-3p

1 Coffee Cup Cafe

DESCRIPTION: The decor is virtually non-existent and the atmosphere is ultra-casual, yet this place is arguably the most crowded cafe in all of La Jolla. It is not on the beaten path of La Jolla's main streets, making it a well-kept secret among locals who flock here daily. Expect a busy and noisy atmosphere, compliments of the full-view kitchen. Breakfast options include Blackberry Pancakes and Mission French Toast. With sandwiches and other lunch options available, this makes for an excellent meeting spot or just a spot to meet new people. © wcities.com



wcities

contact:
tel: +1 858 454 3409
fax: +1 858 454 3421
<http://www.quintgallery.com>

location:
7739 Fay Avenue
La Jolla CA 92037

2 Quint Contemporary Art

DESCRIPTION: La Jolla has become world famous for its distinguished art galleries. This particular establishment is a top gallery for contemporary modern art in oil, watercolor, mixed media and photography. Sculpture in various media is also shown. The gallery has a strong list of abstract and representational artists, who cover still life, landscape and inspirational themes. A different artist is featured in exhibition each month. Viewing can also be arranged by appointment. © wcities.com



wcities

contact:
tel: +1 858 459 5004
fax: +1 858 459 5290

location:
7979 Ivanhoe Avenue
La Jolla CA 92037

hours:
Su-F 11a-5p, Sa 11a-6p

3 OBernier Gallery

DESCRIPTION: View both contemporary and traditional fine art at this distinguished gallery in downtown La Jolla. Paintings, framed and unframed, range from very bright to mildly subtle colors. In addition, the establishment displays a vast range of sculptures. The gallery represents a long list of featured artists including Braslow, Guilloume, Nakamura, Slabbinck and Velazquez. Art collectors may view the original works during regular business hours or call for a customized appointment. © wcities.com



wcities

contact:
tel: 858/454-7393
fax: +1 858 454 2895
www.brocktonvilla.com

location:
1235 Coast Blvd
La Jolla CA 92037

hours:
Mon 8am-3pm; Tues-Sun
8am-9pm

4 Brockton Villa

DESCRIPTION: A restored 1894 beach bungalow, this charming cafe is named for an early resident's hometown (Brockton, MA) and occupies a breathtaking perch overlooking La Jolla Cove. The biggest buzz is at breakfast, when you can enjoy such inventive dishes as soufflé-like "Coast Toast" and Greek "steamers" (eggs scrambled with an espresso steamer, and then mixed with feta cheese, tomato, and basil). Breakfasts are served until noon weekdays, until 3pm weekends. Lunch highlights include homemade soups and salads, as well as such sandwiches as the grilled organic salmon BLT. The somewhat less successful supper menu includes seafood and steak dishes, plus paella, pastas, and grilled meats. But any time you can actually enjoy this spectacular sea view, Brockton's food tastes good. **Note:** Steep stairs from the street limit wheelchair access. © Frommer's



Photo courtesy of Brockton Villa Restaurant

contact:
tel: +1 858 454 6732
fax: +1 858 454 6641
http://www.lajollafiberarts.com /

location:
7644 Girard Ave
La Jolla CA 92037

5 La Jolla Fiber Arts

DESCRIPTION: La Jolla hosts numerous prestigious art galleries, but this particular establishment is truly original. This is a charming gallery devoted entirely to textile arts by both local and nationally known artists. In the colorful medium, the current collection includes exquisite art couture, woven and fiber adornments and jewelry, hand-woven tapestries and art quilts. Basketry and handmade dolls are also featured. In addition, the gallery provides featured exhibition displays of named artists. © wcities.com



La Jolla Fiber Arts

contact:

tel: +1 858 459 1187
fax: +1 858 551 0973
<http://www.livingroomcafe.com/lajolla.html>

location:

1010 Prospect Street
La Jolla CA 92037

hours:

Daily 6a-Mid

6 Living Room Coffeehouse

DESCRIPTION: Only steps away from the famous La Jolla Shore, this establishment is always crowded with locals, ranging from college students to business professionals. An eclectic assortment of tables and chairs is accompanied by lively jazz music playing overhead. In addition, a surprisingly extensive menu features breakfast, lunch and dinner. Popular entrees include the Tuna Melt, Shrimp Pasta Salad and Turkey Lasagna. Meanwhile, dozens of pastries line a glass display case at the order counter. Choose from tarts, cakes, croissants and danish. © wcities.com



wcities

contact:

tel: 888/525-6552
fax: 858/551-3405
www.lajollacove.com

location:

1155 Coast Blvd
La Jolla CA 92037

7 La Jolla Cove Suites

DESCRIPTION: Tucked in beside prime ocean-view condos across from Ellen Browning Scripps Park, this family-run 1950s-era catbird seat actually sits closer to the ocean than its pricey uphill neighbor La Valencia. The to-die-for ocean view is completely unobstructed, and La Jolla Cove -- one of California's prettiest swimming spots -- is steps away. The six-story property is peaceful at night, but village dining and shopping are only a short walk away. You'll pay according to the quality of your view; about 80% of guest quarters gaze upon the ocean. Most rooms are wonderfully spacious, each featuring a fully equipped kitchen, plus a private balcony or patio; they have functional but almost institutional furnishings. An ocean-view rooftop deck offers lounge chairs and cafe tables; breakfast is served up there each morning, indoors or outdoors depending on the weather. © Frommer's



Hotels.com

Day 2 - La Jolla

QUICK NOTE

DAY NOTE: Waking up overlooking the Pacific Ocean at La Jolla Cove Suites will surely be one of the highlights of your stay. Take your time enjoying the view. The Cottage serves breakfast all day, so they are ready when you are. Their Mediterranean inspired omelets will be sure to hit the spot, and be sure to try their fresh made pastries. From here head to the Birch Aquarium, part of the world renowned Scripps properties this aquarium boasts some of the rarest ocean dwelling creatures, such as sea horses, sharks and other cool animals. When you have traveled the ocean voyage to Joseph Bellows Gallery for a different kind of art, a mixture of vintage and contemporary pieces ranging from books to other cool collectibles which are all for sale. All of this art viewing will surely make you hungry so head to Thailand and enjoy some authentic foods, or just go to Spice and Rice Thai Kitchen, the choice is yours. This dining experience will surely make you feel you have traveled around the world, even though it is not the most intimate experience the food is well worth it. Head to Girard Avenue for some shopping at their independent boutiques where you can find whatever style of clothing you like. You will also find many cool shops that you should at least check out. August is the month that the Sherwood Auditorium hold Summerfest which is a collection of many bands who play here. If you are interested check the line-up and plan accordingly. After the show head to Roppongi named after a nightclub in Tokyo. This restaurant has a very diverse menu featuring duck quesadilla and many other seafood dishes, fresh from the Pacific. For some dessert after dinner or anytime during the day go to Michele Coulon Dessertier and enjoy her hand crafted pieces that look so good you don't want to eat them, however they look so good you must.

contact:

tel: +1 858 454 8409
fax: +1 858 454 0284
<http://www.cottagelajolla.com/>

location:

7702 Fay Ave
La Jolla CA 92037

1 The Cottage

OUR LOCAL EXPERT SAYS:

While you might be frightened away by the huge crowd that constantly surrounds the Cottage's white picket fence, don't fret - a fast turnaround, coffee and coffee cake make your wait a breeze!

DESCRIPTION: Start your day out right with breakfast at this beautiful little bungalow. It will not matter if you are a late riser, since breakfast entrees are served all day. Favorite menu items include the many different types of omelets that reflect American, Mediterranean and Asian touches. Fresh baked goods are made on the premises including muffins, breakfast breads and brownies. Later in the day, the kitchen offers tasty soups and sandwiches. © wcities.com



contact:

tel: +1 858 534 3474
fax: +1 858 534 7114
<http://www.aquarium.ucsd.edu>

location:

2300 Expedition Way
La Jolla CA 92161

hours:

Daily 9am-5pm

2 Birch Aquarium at Scripps

DESCRIPTION: Lovers of all types of marine life will delight in a tour of this world-renowned aquarium and oceanographic museum. Splendid examples of marine life of all sizes, shapes and colors are here on display from the cool Pacific Northwest to the warm waters off Mexico. An extension of the famous Scripps Institute of Oceanography, the mission here is to promote ocean sciences through hands-on experience. A snack shop and gift shop are on premises. Admission required. © wcities.com



Photo courtesy of SD Dirk

contact:

tel: +1 858 456 5620
fax: +1 858 456 5621
<http://www.josephbellows.com/>

location:

7661 Girard Avenue
La Jolla CA 92037

3 Joseph Bellows Gallery

DESCRIPTION: Combining vintage and the contemporary is what Joseph Bellows Gallery aims to achieve. With a variety of photographic art on display, the collection spans over three different rooms. The gallery not only provides artists to showcase their works but also aids prospective buyers to land what they are looking for, with consultation services along the way. Also up for grabs are a variety of books on art related subjects. Keep tabs on the website for exhibitions on works by individual artists. Open Saturday by appointment. © wcities.com



Photo courtesy of Joseph Bellows Gallery

contact:

tel: +1 858 456 0466

location:

7734 Girard Avenue
La Jolla CA 92037

hours:

M-Th 11a-3p, F-Sa 5p-11p,
Sa 11a-3p, Su 5p-10p

4 Spice and Rice Thai Kitchen

DESCRIPTION: The most die-hard Thai food lover will be pleased by the taste and presentation of the food at Spice and Rice. The house specialty known as "Gold Bags", rice paper wraps filled with your choice of pork or glazed duck, is a unique take on food that is already bursting with savory flavors. Like their prices, this restaurant is small, but don't be discouraged by rubbing your elbows with the regulars; this place is too good to pass up. © wcities.com

location:

Girard Avenue
La Jolla CA 92037

5 Girard Avenue

DESCRIPTION: The quaint Girard Avenue offers visitors a chance to experience shopping within small, local businesses. There are a number of art galleries, books stores and craft shops that are not affiliated with any corporation. If you are looking for the most modern and fashionable clothing for women, try Melange. Anyone looking for art should be sure to make a stop at Cosmopolitan Fine Arts. Once you are through shopping and in need of some tasty "on-the-go" food, try Girard Gourmet. © wcities.com

contact:

tel: +1 858 459 3728
fax: +1 858 459 3727
<http://www.ljms.org/>

location:

700 Prospect Street
La Jolla CA 92037

6 Sherwood Auditorium

DESCRIPTION: Sherwood Auditorium in The La Jolla Museum of Contemporary Art, is well on its way to fame. It hosts events like The La Jolla SummerFest organized by the La Jolla Music Society and classical music recitals by local and international talent. This is paradise for any music lover who wants a taste of all that's great on the music scene. © wcities.com

contact:
tel: 1 858 551 5252
www.roppongiusa.com

7 Roppongi

DESCRIPTION: Eclectic array of Asian Fusion fare in a Feng Shui environment. Alive with unique flavors and an exciting ambiance.



citysearch

location:
875 Prospect
La Jolla CA 92037

hours:
Happy Hour from
3:00pm-6:00pm daily:Half Off
Tapas and Sushi Rolls in the
Bar & Lounge Area onlyLunch
Daily 11:30am-3:00pmLimited
Menu 3:00pm-5:00pm
DailyWeekday Dinner
5:30pm-9:30pmWeekend
Dinner 5:30pm-10:30pm

contact:
tel: +1 858 456 5098
http://www.dessertier.com

8 Michele Coulon Dessertier

DESCRIPTION: Michele Coulon, the chef of this dessertier, loved baking desserts from a young age as she grew up in a family with generations of chefs. She aims to create desserts that are beautiful and elegant, but that above all you can't wait to bite into. The Dessertier uses local, organic products and Belgian chocolate to create their wedding cakes, desserts by the dozen, and a petit menu of savory luncheon plates. Lunch is served from 11:30 a.m. - 3:30 p.m. every day except Sunday. © wcities.com

location:
7556 Fay Avenue
La Jolla CA 92037

hours:
M-Sa 9a-4p

contact:
tel: 888/525-6552
fax: 858/551-3405
www.lajollacove.com

9 La Jolla Cove Suites

DESCRIPTION: Tucked in beside prime ocean-view condos across from Ellen Browning Scripps Park, this family-run 1950s-era catbird seat actually sits closer to the ocean than its pricey uphill neighbor La Valencia. The to-die-for ocean view is completely unobstructed, and La Jolla Cove -- one of California's prettiest swimming spots -- is steps away. The six-story property is peaceful at night, but village dining and shopping are only a short walk away. You'll pay according to the quality of your view; about 80% of guest quarters gaze upon the ocean. Most rooms are wonderfully spacious, each featuring a fully equipped kitchen, plus a private balcony or patio; they have functional but almost institutional furnishings. An ocean-view rooftop deck offers lounge chairs and cafe tables; breakfast is served up there each morning, indoors or outdoors depending on the weather. © Frommer's



Hotels.com

La Jolla Snapshot

Local Info

From art galleries and trendy boutiques to world-class golf courses and stunning beaches, La Jolla's attractions please travelers from far and wide. Each district is uniquely different, yet all are similar with respect to one important facet: top-notch quality.

Business District

While La Jolla is most well known for its incredible shoreline, the city's upscale business district is hardly modest. Located on the eastern side of La Jolla, law firms, financial institutions and tech industry outposts dominate this district, along with modern shopping centers and a wealthy residential area. The world-famous Scripps Memorial Hospital & Medical Research Center resides here, as well as the San Diego Mormon Temple, a remarkable place of worship that, oddly enough resembles an ice castle.

Perhaps the most notable establishment in this region of La Jolla is the University of California at San Diego, which hosts a world-renowned medical school and a number of other rigorous academic programs. If you're in town in the spring, embark on a Grunion Run with some of the University's marine biologists. Prefer indoor entertainment? The University is home to one of the region's most popular attractions, the La Jolla Playhouse, founded by Hollywood stars and now famous for showcasing new, cutting-edge plays.

Another popular site in the vicinity is Mount Soledad, where you'll find the colossal and controversial Easter Cross, as well as a breathtaking panoramic view of the whole county, from the northernmost beaches to the Mexican border.

La Jolla Village

Known to locals as "the Village," La Jolla's downtown area, though geographically tiny, is jam packed with enough shops, restaurants, hotels, salons and galleries to draw hordes of wealthy patrons from around the region and around the globe. Girard Avenue is widely acknowledged to

be La Jolla's main drag (home to everything from surf shops like World Core to fine-art galleries like Images of Nature and elegant boutiques like Neroli), although Prospect Street has often been dubbed "the Rodeo Drive of San Diego" (thanks to specialty shops like such as Aja and perhaps despite neighborhood haunts like John Cole's Book Shop). Art lovers will be glad to know that the San Diego Museum of Contemporary Art is located here in the village, along with smaller operations like the Cosmopolitan Fine Arts gallery.

If neither art nor shopping are your cups of tea, La Jolla Village also features the La Jolla Recreation Center and La Jolla Woman's Club, great places to spend an afternoon, both in buildings designed by renowned architect Irving Gill.

After a day of patronizing the arts and spending some cash at upscale boutiques, travelers need not venture out of the Village for a delectable meal. The Spot and Roppongi are popular establishments. Nightlife also flourishes in the area, as top comedians perform at the La Jolla branch of the Comedy Store.

Shoreline

Perhaps the most memorable of La Jolla's districts is the Shoreline. La Jolla is home to one of the most spectacular waterfronts in Southern California, complete with remarkable caves, cliffs, beaches and sunsets. Children young and old gather in droves for unbelievable seal watching at Children's Pool Beach. Nearby Ellen Browning Scripps Park is a green and inviting cliff-top open space perfect for a picnic, a mid-afternoon snooze or a game of volleyball. If you get tired of the sun, venture into La Jolla Caves, an underground cavern just as much a part of the local ecosystem as the shore itself.

La Jolla's beaches are eminently welcoming to surfers, sunbathers, snorkelers, scuba divers and swimmers, and all of these activities make for superb means by which to enjoy this geographically dramatic stretch of coast. Feel at home in the chop? Treat yourself to a surfing lesson courtesy of

Surf Diva. If Earth-bound thrills such as these prove too tame, take to the skies! Paragliding and hang gliding are offered at Torrey Pines Gliderport.

Travel a short distance north from La Jolla Cove and see marine life up close at Birch Aquarium. This world-famous oceanographic museum, operated by the Scripps Institute of Oceanography, showcases marine life native to the entire continental shelf, from the sounds of the Pacific Northwest to the warm waters of Baja.

Even though La Jolla's beaches and caves are heralded throughout Southern California, one of the coastline's most popular attractions has nothing to do with sand or surf. Torrey Pines Golf Course, the only public course on the PGA circuit, offers two challenging 18-hole courses, and spectacular views of the surrounding natural beauty.

After so much activity, complete the day by dining just above the waters of the Pacific. George's At The Cove and the Crab Catcher, both perched on the cliffs above the cove, draw diners from all around the region eager to feast on tasty food and breath-taking ocean views. Cody's, on the other hand, is a neighborhood favorite with a splendid view of Ellen Browning Scripps Park across the street.

©

History

While today San Diego is recognized for its picturesque beaches, family friendly activities and historical landmarks, during 20,000 BC the area was home to some of the richest herds of Caribou, bison and more. Eventually the natives most commonly referred to as the San Dieguito people began culturing the area just east of Rancho Santa Fe; descendants from the area moved to La Jolla (commonly referred to as La Jollan peoples) and established themselves around San Diego's modern day La Jolla Beach and Tennis Club.

Named after the Catholic Saint Didacus, more often referred by his nickname San Diego, by Sebastian Vizcaino in 1602, the

La Jolla Snapshot continued

area was actually originally "San Miguel" by Spain's explorer Juan Rodriguez Cabrillo. With Cabrillo's death just a few months later, San Miguel (today's Point Loma) was no longer under Spain's flagship and Vizcaino took over. The area, Point Loma and Mission Bay, had been inhabited by Kumeyaay Indians for 10,000 years. Plans to Christianize the area started immediately, as threats from "alta California" begin to loom. Father Junipero Serra – the infamous leader and founder of "El Camino Real" – began establishing the Mission San Diego de Alcalá, which marked the end of his famous California mission trail. The missionary crew got help by several European ships and two land groups, all of whom established camp in today's Old Town.

The colonization was completed by 1797 when San Diego's Mission welcomed California's largest number of occupants. When Mexico won its independence from Spain, San Diego ("baja California") fell under the rule of the reigning country; the Presidio Hills welcomed some of the first residents to the area while California followed command under Mexico. By 1825 San Diego is named the unofficial capital of both lower and upper California and just ten years later the first mayor was elected. That same year seaman Richard Henry Dana stepped onto San Diego's land following detailed accounts of his time at sea. The Mexican-American War ensues, finishing up in a bloody battle in today's Escondido. By 1850, just three years after California's brutal win against Mexico, San Diego is named one of 27 original California counties – spanning as far east as the Colorado River into modern-day's Imperial County and the cities San Bernardino and Riverside.

The city's first mayor was elected that year, while Cabrillo Monument's iconic image was captured for the first time on paper. San Diego, now with a little more than 700 in its city, establishes the Weekly Union, which in just a few short years will become the San Diego Union-Tribune following mergers of the Union and Evening Tribune. John D. Spreckels is the paper's sole owner, who manages the business until 1928. Prominent businessman Alonzo Horton begins building the first wharf in the area in 1869 and later goes on to become one of the wealthiest men in the area –

owning several blocks in today's downtown San Diego, among other establishments.

Gold rush hits San Diego in 1870, where mines produce \$2 million in gold (though the industry only lasts for another six years). The city continues to grow in population, nearly doubling in size as the city directory is published and the San Diego Society of Natural History is established. Typical city institutions finally begin to fashion a growing commerce with the establishment of several organizations like the Russ School, which will eventually be taught by Kate Sessions. When the transcontinental railroad reaches San Diego in 1885 the area begins promoting one of its most feasible resources – itself (today tourism makes up one of San Diego's biggest money-makers). The first tourists come just as construction for the Hotel del Coronado begins, welcoming guests in 1886 following the peninsula's acquisition by Elisha S. Babcock and H.L. Story.

Sessions, who began establishing a nursery upon her arrival to San Diego, purchases 36 acres of "City Park" which before long becomes known as Balboa Park. Eventually buildings are constructed in Balboa Park as San Diego hosts the 1915 Panama-California Exposition, while a large Organ Pavilion donated by resident Spreckels is also added to the venue. San Diego's now world famous San Diego Zoo is created only after Dr. Harry Wegeforth, who hoped to quarantine animals for the 1915 Expo, petitioned for a permanent park. Today's San Diego State University opened up as the State Normal School in 1899 in Normal Heights as a two year training college.

Just four years later the Scripps Institution of Oceanography is established by University of California Zoology Professor William E. Ritter and Ellen Browning Scripps. Not before too long the University of San Diego is founded in Linda Vista (1954), followed merely a decade later by the University of California, San Diego in La Jolla. San Diego becomes a Mecca for entertainment, with the 1929 establishment of the Fox Theatre, a prominent movie house and current home to the San Diego Symphony (Copley Symphony Hall) along with Balboa Park's Fine Arts Gallery.

These mark just one of many that improve San Diego's artistic endeavors, with Del Mar Fairgrounds construction through

a Work Progress Authority project and the San Diego's Civic Center debut. The San Diego Padres moved from minor-league to Major League in 1968, opening up their season at the new San Diego Stadium (which would eventually become Petco Park). Sports become more prominent in the area beyond baseball with Escondido's Olympic training venue opening and the Super Bowl held in Qualcomm Stadium.

© NileGuide

Hotel Insights

There are three distinctive sections of La Jolla that all make staying in one of its hotels completely unique. From La Jolla Shores the majestic, beach laden hotels line the shores; La Jolla Village's spaces overlook the gleaming Pacific from high above ground while the business district keeps them professional in a metropolitan setting.

La Jolla Shores

Hotel Paris: Hidden between retail shops and the bustling street of Prospect Avenue, Hotel Paris is a paradise with just 28 specialty suites perfect for any romantic getaway or retreat. With neighbors in some of La Jolla's most iconic restaurants, shops and bars, the venue remains the only local eco-friendly hotel of its kind.

The Grand Colonial: Majestic and regal are just some of the words to describe the affluently designed Grand Colonial in the heart of La Jolla Village. Serving the neighborhood since 1913, it is the area's oldest original standing hotels and is marked on the Historic Hotels of America registry. Yet it's 93 modern rooms, outstanding cuisine and spectacular service have helped maintain the Grand Colonial's prestigious reputation.

La Valencia: If you've ever passed through La Jolla Shores, chances are you spotted the brilliantly painted La Valencia. Pretty in pink, the decades old boutique hotel overlooks the infamous shores of La Jolla, while simultaneously defining its seaside. Though amicably large for La Jolla, La Valencia feels non-threatening to locals and tourists alike thanks to its large dining spaces (hosting three restaurants) a sky room and business space.

La Jolla Snapshot continued

La Jolla Shores Hotel: Truly situated on the shores of La Jolla, this large scale haven is marked by its extreme exterior masquerading as a boutique hotel. Though it's hardly something to define La Jolla, the La Jolla Shores Hotel is just as iconic as any of the other boutique hotels in the area simply because of its location. The perfect place for families with kayak rentals just steps from the lobby, fine dining and the ever popular La Jolla Shores constantly populated by locals and tourists, it's no secret but it's a favorite.

La Jolla Village

The Bed& Breakfast Inn at La Jolla: Just a few streets down from the Grand Colonial is the simple yet unrefined Bed& Breakfast Inn. Just 15 rooms avoid the street pitter of Girard street with private baths, serene garden and patio and gourmet breakfasts.

Best Western Inn by the Sea: Towering high above any of the other buildings in La Jolla Village, you'll spot the Inn by the Sea's tower long before you reach it's front door. Though seemingly commercial, Best Western's Inn by the Sea transform's the typical drab of the chain name to complete La Jolla's unique seaside escape, pleasing guests that sell out this larger venue nearly year round.

La Jolla Beach& Tennis Club: Iconic and truly a definition of La Jolla, the Beach& Tennis Club isn't just famous for its long list of Hollywood guests but also for its features. Offering the most pristine suites, services and specialties that only a historical venue like this could offer, residents vacation here on the weekend, moguls from international areas and America's superstars all call this La Jolla hotel their favorite.

Business District

Hyatt Regency: Scraping the sky in La Jolla's business district, the Hyatt Regency is an ideal location for those working in the area during the week who seek easy access in and out of the city. Outside of La Jolla's central quarters, the Hyatt Regency is legendary for its year round special events, proximity to some of the area's most distinctive cuisine& shopping and superior service. Built on a larger scale than those hotels within La Jolla's Village, the

Hyatt is great for business conferences or special events.

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Restaurants Insights

With numerous establishments perched on cliff tops overlooking the famous La Jolla Cove, this city's restaurants are well known both for their unforgettable views and delicious cuisine. Many La Jolla restaurants have had great success combining spectacular ambiance with creative culinary innovations.

Business District

Several top-notch eateries shine in the business district of La Jolla. Donovan's Steak& Chop House pleases customers with an elegant dining room, vast wine list and premiere red-meat entrees. Bully's is another sure bet for great steaks, fine wines and a true taste of old La Jolla. For a dining experience both more modern and more laid back, hit Rock Bottom, a restaurant and brewery popular for its eclectic pub-grub menu, house-made beers and a lengthy Happy Hour.

To cash in on the epic ocean views throughout the city, hotels in La Jolla tend to house top-notch restaurants, bars and clubs on their upper floors. Humphrey's La Jolla Grill, located on top of the Radisson features dramatic panoramas, sumptuous cuisine and live entertainment. Clay's, perched on the 11th floor of Hotel La Jolla, has full-length windows overlooking the city and the Pacific, as well as upscale American entrees and live jazz.

La Jolla Village

Known to locals as "the village," La Jolla's downtown hosts some of the finest eateries in Southern California. This section of town is most trendy, ranging from quirky cafes to happening nightlife. Only in La Jolla would one find artwork for sale in a coffee shop. Harry's offers exactly that, welcoming the morning crowd with homemade breakfast specialties and innovative works of art. Mission Coffee Cup is another informal diner, also praised for its fresh-cooked American breakfasts. While the ambience is

not particularly notable, it's always crowded with locals for one simple reason: the food is just plain delicious.

The following trio of café-style lunch spots is all about gourmet versatility. Whether you crave a hearty panini or a sweet little tart, they've all got you covered. Go to Girard Gourmet and grab a luscious salad, an inspired sandwich or a decadent dessert. Or go on in to Come On In, a delightful bakery styled to evoke the French countryside, which is popular among the daytime village crowd thanks to its coffeecakes, scones and muffins (and meal-sized lunch plates). The Living Room Coffeehouse serves a nice mix of pastries and lunch items as well, complete with a lively atmosphere of eclectic décor and jazz music.

In the evening hours, Roppongi sets the standard as one of La Jolla's most notable trend-setting storefronts, offering a cutting edge menu of Asian fusion meals. Other favorite Asian restaurants include Yen's Wok On Pearl and Royal Thai Cuisine. For something less exotic but perhaps more relaxed, stop at The Spot. Serving steak and ribs, this establishment draws a huge thirty-something crowd on weekends. If you like your meaty dinners preceded by a serving of chips and salsa, look no further than Su Casa, home to everyone's traditional south-of-the-border favorites.

Shoreline

Although La Jolla Village boasts the city's most trendy eateries, dining along La Jolla Cove is a memorable experience for travelers of every stripe. Several restaurants line the cove, each offering spectacular views of the Pacific. Trattoria Acqua offers gazebo dining, with modern pizza and pasta entrees. George's At The Cove and the Crab Catcher, both perched on the cliff above the water, feature splendid views from their respective terrace-dining facilities (as well as fresh seafood entrees).

When you tire of old seafood standbys, Azul La Jolla's brand of Mediterranean cuisine might fit the bill—and with yet another breath-taking view of the ocean.

La Jolla Snapshot continued

Perhaps the most sophisticated venue along the shoreline is Top of the Cove, where contemporary French cuisine, live piano music and elegant décor attract the most discriminating of La Jolla locals.

For something a tad cozier, grab a table by the fireplace or out on the front patio at Cody's, a neighborhood favorite whose simple charm does not detract from the elegance of its cuisine. Finally, if you've had a long and active day and crave nothing more than a big gut-busting burrito, pop into Alfonso's, a classic Mexican restaurant well-known for its icy-cold margaritas and grill-fresh carne asada.

©

Nightlife Insights

La Jolla's entertainment scene consistently caters to a remarkable range of tastes. Art patrons are astounded by the extensive list of prestigious galleries, while night owls relax at casual comedy clubs. Meanwhile, La Jolla's cooperative weather allows for numerous outdoor adventures. Whether you prefer upscale culture or outdoor action, this seaside community will prove itself worthy of your entertainment buck.

Art

La Jolla's streets are absolutely full of distinguished art galleries. The community celebrates an extensive array of artistry, yet most galleries seem to favor contemporary pieces. Quint certainly does, featuring paintings in oil and watercolor, as well as photography and sculpture. Nearby Carlton Gallery is strictly devoted to nothing but sculpture, though it has been known to spotlight Asian artists in particular. Alcala Gallery is home to quite a collection of 20th century paintings as well, many of which were produced here in California. If American art is not your thing, give Cosmopolitan Fine Art a try. They specialize solely in French impressionist and post-impressionist paintings.

Music

While art is well represented in La Jolla's cultural atmosphere, music is certainly not neglected. A variety of venues bring

music to La Jolla's residents and tourists. Athenaeum Music and Arts Library has a vast collection of books and other pieces devoted to the musical arts. This establishment also hosts concerts such as the Mini-Concerts-At-Noon, a weekly presentation featuring classical musicians and touring ensemble groups.

During the summer months, the waterfront is home to Concerts by the Sea. Located at La Jolla Cove, this annual series presents live music in an incomparable locale. If you are a strict adherent to the tenets of the world of classical music, you will adore concerts presented by the La Jolla Chamber Music Society.

Theater & Film

The La Jolla Playhouse is the most popular theater in this community. Originally founded by Hollywood stars and located on the UCSD campus, the theater is now known for championing new playwrights. Meanwhile, in the film world, film critics and other cinephiles flock to La Jolla by the busload each year for the annual San Diego International Film Festival.

Research Institutes & Exhibits

Who would have thought that this community, so revered for its arts scene, would also be famous for its world-renowned scientific institutions. Salk Institute, named for the famed curer of Polio, draws spectators from near and far. In addition, the highly-respected Scripps Institute of Oceanography offers incredible displays of marine life at Birch Aquarium, located along the La Jolla shoreline.

Outdoor Activities

Sunny La Jolla abounds with outdoor activities as well. See a panoramic view of San Diego County from Mount Soledad, or climb through mysterious caverns in the La Jolla Caves. Golf fanatics can't miss the luxurious Torrey Pines Golf Course, the only public course on the PGA circuit. Lastly, adventurous souls may view La Jolla

from the sky with an airborne experience at Torrey Pines Gliderport.

©

Things to Do Insights

La Jolla offers dozens of galleries, unique restaurants and historic buildings that draw visitors from all over the country each year.

Athenaeum Music and Arts Library In La Jolla Village, visit the large and diverse Athenaeum Music and Arts Library and the Museum of Contemporary Art. Grab lunch at the popular Harry's Coffee Shop. Tour Rimalta Arena and browse the shops on Girard Avenue.

Sherwood Auditorium Catch a performance of the Athenaeum Mini-Concerts series, admire the textiles at La Jolla Fiber Arts or visit the Sherwood Auditorium. Dine at Humphrey's La Jolla Grill or Roppongi.

The Grande Colonial Explore the stretch of galleries along Prospect Street. The Images of Nature, the French Impressionist-focused Cosmopolitan and Aja Arts & Antiques, which showcases a vast selection of Oriental rugs, are all good choices. The The Grande Colonial Hotel, a historic landmark, is just across the street. Sigi's and Melange, two dining options, are also nearby.

Birch Aquarium Visit the Birch Aquarium where visitors can view incredible displays of marine life. Further down the road, you will find the UCSD campus. The campus is home to the beloved La Jolla Playhouse. A short drive away is the Salk Institute. Enjoy seaside dining at The Shores.

Simic Gallery The Simic Gallery features New Renaissance works, while Carlton Gallery hosts sculptures with an Asian flair. Other notable art venues include Fingerhut and the O'Bernier Gallery. All are located within walking distance of one another. Dine at Top of the Cove or George's At The Cove.

Experience the best of La Jolla with a professional tour company. Choices range

La Jolla Snapshot continued

from traditional bus tours to plane trips and kayak adventures.

Bus Tours Baja California Tours(+1 858 454 7166/http://www.bajaspecials.com) Five Star Tours(+1 619 232 5040/http://www.sdsuntours.com/)

Hiking Tours Hike Bike Kayak Inc(+1 858 551 9510/http://www.hikebikekayak.com) Baja Motion Tours(+1 619 474 1991/http://www.2gobaja.com/)

Kayak Tours La Jolla Bike and Kayaking Tours(+1 858 454 1010/http://www.sandiegobikeandkayaktours.com/) La Jolla Kayak(+1 858 459 1114/http://www.lajollakayak.com/) Hike Bike Kayak Inc(+1 858 551 9510/http://www.hikebikekayak.com)

Air Tours Torrey Pines International Gliderport(+1 858 452 9858) Barnstorming Adventures Limited(+1 760 930 0903/http://www.barnstorming.com/)

Bike Tours La Jolla Bike and Kayaking Tours(+1 858 454 1010/http://www.sandiegobikeandkayaktours.com/) La Jolla Bike(+1 858 459 1114/http://www.lajollakayak.com/) Hike Bike Kayak Inc(+1 858 551 9510/http://www.hikebikekayak.com)

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Travel Tips

Getting There

Air

San Diego International Airport(+1 619 400 2400http://www.san.org)

SAN is located about 13 miles from downtown La Jolla and services the following airlines:

Aero Mexico(+1 800 237 6639/http://www.aeromexico.com) Alaska Airlines(+1 800 426 0333/http://www.alaskaair.com) Aloha Airlines(+1800 367 5250/http://www.alohaairlines.com) American Airlines(+1 800 433 7300/http://www.aa.com) Continental(+1 800 525 0280/http://

www.continental.com) Delta(+1 800 221 1212/http://www.delta.com) Hawaiian Airlines(+1 800 367 5320/ http://www.hawaiianair.com) Jet Blue(+1 800 538 2583/http://www.jetblue.com) Northwest(+1 800 225 2525/http://www.nwa.com) Southwest(+1 800 434 9792/http://www.southwest.com) United(+1 800 241 6522/http://www.ual.com) US Airways(+1 800 428 4322/http://www.usairways.com)

From the Airport

Shuttle: Airport Shuttle(+1 619 234 4403)

Taxi: Airport Yellow Cab of San Diego(+1 619 234 6161/http://www.driveu.com/AirportYellow.asp) American Cab(+1 619 234 1111) Medallion Taxi Media Incorporated(+1 858 456 3500) Orange Cab(+1 619 291 3333/http://home.pacbell.net/orangesd) San Diego Cab(+1 800 368 2947)

Rental Car: Alamo(+1 800 327 9633/http://www.alamo.com) Avis(+1 800 831 2847/http://www.avis.com) Enterprise(1+ 800 736 8227/http://www.enterprise.com) Budget(+1 800 527 0700/http://www.budget.com) Hertz(+1 800 654 3131/http://www.hertz.com) Thrifty(+1 800 367 2277/http://www.thrifty.com)

Train

Amtrak(+1 800 872 7245/http://www.amtrak.com) offers frequent services to San Diego.

Bus

San Diego is serviced by Greyhound(+1 800 231 2222/http://www.greyhound.com) bus lines which provide transportation to destinations throughout America.

Car

La Jolla is accessible by I-5, US 52, and the La Jolla Parkway.

Getting Around

Public Transit

Public transportation is limited in La Jolla and visitors should plan accordingly.

Travel Information

If traveling overseas, take the safety precaution of registering your trip at <https://travelregistration.state.gov> and for helpful, practical advice about traveling technicalities and safety standards check out <http://travel.state.gov/>

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Fun Facts

La Jolla

State: California

Country: United States

La Jolla by the Numbers:

Population: 38,000

Elevation: 110 feet

Average Winter Temperature: 58 degrees F

Average Summer Temperature: 70 degrees F

Quick Facts:

Electricity: 110 volts, 60Hz, standard two pin plugs

Time Zone: GMT-8

Country Dialing Code: 1

Area Code: 858

Did You Know?

"La jolla" means "the jewel" in Spanish and is an appropriate name given this city's status as one of the most affluent regions in the United States. Home to major academic and artistic centers including the University of California, San Diego and the La Jolla Playhouse, La Jolla is a lively city and a popular tourist destination.

Orientation:

La Jolla is located 12 miles north of downtown San Diego and stretches along seven miles of the Pacific coastline.

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